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2 **The Victorian Evolution of Inherited Retinal Diseases Natural History**

3 **Registry (VENTURE study): Rationale, Methodology, and Initial Participant**

4 **Characteristics**

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28 **Running title:** Victorian inherited retinal diseases register

29

30 **Conflict of interest:** TLE has received a research grant from Novartis Pharmaceuticals, which has
31 contributed to the costs of genetic testing for this cohort.

32

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38 research grant from Novartis Pharmaceuticals, which has contributed to the costs of genetic
39 testing for this cohort. The study funders had no role in the study design, data collection, data
40 analysis, data interpretation or report writing.

41 **ABSTRACT**

42 **Background:** Emerging treatments are being developed for inherited retinal diseases, requiring a
43 clear understanding of natural progression and a database of potential participants for clinical
44 trials. This article describes the rationale, study design, and methodology of the Victorian
45 Evolution of inherited retinal diseases NaTural History REgistry (VENTURE), including data from
46 the first 150 participants enrolled.

47

48 **Methods:** VENTURE collects retrospective and prospective data from people with inherited retinal
49 diseases. Following registration, participants are asked to attend a baseline examination using a
50 standardised protocol to confirm their inherited retinal disease diagnosis. Examination procedures
51 include i) retinal function, using visual acuity and perimetry; ii) retinal structure, using multimodal
52 imaging; and iii) patient-reported outcomes. Participants' molecular diagnoses are obtained from
53 their clinical records or through targeted-panel genetic testing by an independent laboratory.
54 Phenotype and genotype data are used to enrol participants into disease-specific longitudinal
55 cohort sub-studies.

56

57 **Results:** From 7 July 2020 and 30 December 2021, VENTURE enrolled 150 registrants (138 families)
58 and most (63%) have a rod-cone dystrophy phenotype. From 93 participants who have received a
59 probable molecular diagnosis, the most common affected genes are *RPGR* (13% of all registrants),
60 *USH2A* (10%), *CYP4V2* (7%), *ABCA4* (5%), and *CHM* (5%). Most participants have early to moderate
61 vision impairment, with over half (55%) having visual acuities of better than 6/60 (20/200) at
62 registration.

63

64 **Conclusions:** The VENTURE study will complement existing patient registries and help drive
65 inherited disease research in Australia, facilitating access to research opportunities for individuals
66 with inherited retinal diseases.

67 INTRODUCTION

68 Inherited retinal diseases (IRDs) are a group of genetically and clinically heterogenous eye
69 conditions that cause irreversible vision loss. IRDs affect approximately 1 in 2000–4000
70 individuals,^{1,2} and they are the most common cause of legal blindness in working-age adults in
71 most developed countries, including Australia.³ IRDs have a significant socioeconomic impact; the
72 national cost of IRDs, based on estimates from the United Kingdom, is over \$500 million Australian
73 dollars per year.^{4,5}

74

75 Vision loss occurs due to pathogenic variants in critical genes responsible for developing or
76 maintaining the viability of retinal photoreceptor cells, retinal pigment epithelium,⁶ and/or choroid.
77 Historically IRDs have been diagnosed and categorised by their clinical or phenotypic presentation.⁷
78 With improved access to genetic testing, there is a greater focus on using gene-specific disease
79 nomenclature. To date, approximately 300 causative IRD genes have been identified.⁸

80

81 Until recently, there have been no treatments for slowing or stopping vision loss in IRDs. However,
82 in December 2017, the world's first ocular gene therapy treatment, voretigene neparvovec-rzyl
83 (Luxturna®), was approved by the US Food and Drug Administration (FDA) for IRDs associated with
84 biallelic pathogenic variants in the *RPE65* gene. The FDA approval was a milestone in the era of
85 advanced genomic medicine in all fields, but particularly in ophthalmology. Other emerging
86 treatment options for IRDs include clustered regularly interspaced short palindromic repeats
87 (CRISPR) gene editing, oligonucleotide therapies, stem cell transplantation, and other
88 neuroprotective agents and devices.⁹ These therapies can be used adjunctively with gene therapy
89 or in situations where gene therapy may not be suitable.

90

91 Developing new IRD treatments requires a clear understanding of the genotype profiles, clinical
92 characteristics, and natural progression of different IRD phenotypes.¹⁰ Characterising IRD
93 pathophysiology and phenotypes across different IRD genotypes also assists in identifying and
94 evaluating novel outcome measures and endpoints in clinical trials. IRD patient registries also play
95 a key role in facilitating participants' access to emerging therapies. To support future IRD research
96 in Australia, it is crucial to have access to both genetic and clinical data in different IRDs to learn
97 about their genotype-phenotype correlations and to identify patient cohorts that are suitable for
98 emerging therapies.¹¹

99

100 Herein, we describe the study design and methodology of the Victorian Evolution of inherited
101 retinal diseases NaTural history REgistry (VENTURE) and the characteristics of the first 150
102 participants enrolled in the study database (2020–2021). VENTURE collects genotype and
103 phenotype data across a range of IRDs to better understand each condition. Following baseline
104 examination and confirmation of diagnosis, VENTURE participants are then enrolled into disease-
105 specific, prospective longitudinal cohort sub-studies to better characterise IRDs that are being
106 targeted in the development of new pharmaceutical and biotech interventions.¹²

107

108 VENTURE and the associated sub-studies complement other Australian registries, such as the
109 Western Australian Retinal Disease (WARD) study,¹³ the Fight Retinal Blindness! registry and the
110 Australian Inherited Retinal Disease Registry and DNA bank (AIRDR).¹⁴ A distinct contribution of
111 VENTURE is the phenotyping of study participants following a defined protocol at baseline. This
112 evaluation enables accurate IRD diagnosis, and participants can then be enrolled into disease-

113 specific longitudinal VENTURE sub-studies to investigate the natural history of specific IRDs.
114 VENTURE also expands the network of natural history studies across Australia and New Zealand,¹³⁻
115 ¹⁶ emphasising the importance of nationwide coverage to facilitate ease of access to emerging
116 treatments for patients with IRDs.

117 **METHODS**

118

119 **Study Design**

120 The VENTURE study is an IRD registry that collects both retrospective and prospective data from
121 people with IRDs. Study sites where examinations currently take place include the Centre for Eye
122 Research Australia and the Department of Optometry and Vision Sciences, University of
123 Melbourne. Any future study expansion to additional sites will be authorized by the principal
124 investigators, where the sites has appropriate equipment certified to perform clinical testing
125 according to the study protocol. There is no cost to participants to enter the registry.

126

127 The study is conducted in accordance with the revised Declaration of Helsinki and following the
128 International Conference on Harmonisation of Technical Requirements for Registration of
129 Pharmaceuticals for Human Use Good Clinical Practice guidelines. Ethics approval was obtained
130 from the Royal Victorian Eye and Ear Hospital Human Research and Ethics Committee (ID: RVEEH
131 19/1443H) and registered with the University of Melbourne Human Ethics Committee (#21037).
132 All potential participants gave informed consent prior to any study-related procedures. Ethics
133 approval for VENTURE includes the collection and storage of participants' retrospective clinical
134 data; undertaking clinical examination procedures; and molecular investigations.

135

136 Eligible participants include adults and children with a genetically confirmed or clinically suspected
137 IRD diagnosis, including those who are awaiting further genetic testing. VENTURE participants are
138 recruited through referrals from health practitioners (e.g., ophthalmologists, optometrists, genetic
139 counsellors), as well as those who contact the study investigators directly wishing to be involved in

140 research. When VENTURE commenced participant recruitment, many referrals were for IRDs that
141 were being targeted in pre-clinical and clinical trials assessing retinal gene therapy and other
142 pharmaceutical and biotech interventions (e.g., gene therapy products targeting *RPGR* and *CHM*
143 genes),¹² to ensure that those participants have access to emerging treatments. Thus, the current
144 phenotype distribution of the study cohort has a higher representation of IRDs with active research
145 interests, rather than being representative of the population frequency of IRDs in Australia.

146

147 Study data are collected and managed using REDCap electronic data capture tools hosted at the
148 Centre for Eye Research Australia. Access to study data is password-protected with two-factor
149 authentication.¹⁷ Clinical data are backed-up to a secure, password-protected server that is only
150 accessible to study investigators. Access to the VENTURE registry is restricted to investigators who
151 are named on the VENTURE ethics approved study team list.

152

153 Quality assurance is implemented to minimise bias include a manual of procedures outlining the
154 standardisation of data collection and procedures and regular data monitoring. All personnel
155 performing study procedures are trained by the Principal Investigators (or specified delegates) to
156 undertake the required clinical examination.

157

158 **Study organisation**

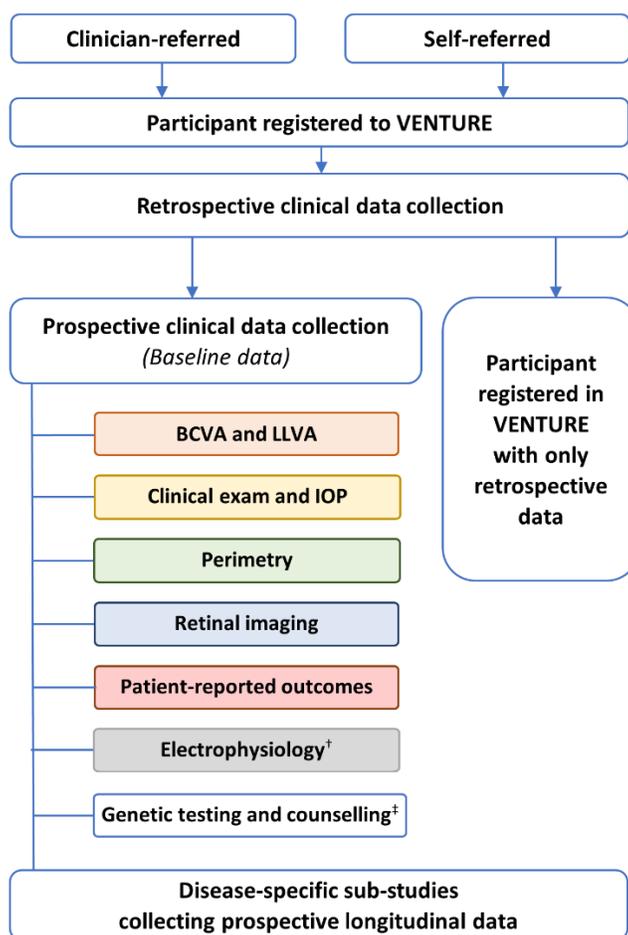
159 Information collected at registration include demographics, clinical and genetic diagnosis (if
160 known), ocular and systemic medical history, and family history of IRDs. Following registration,
161 participants' retrospective clinical data that are collected include their genetic testing history and
162 clinical records pertaining to measures of retinal and visual function (visual acuity [VA], perimetry

163 records, electroretinogram records) and retinal imaging (obtained from fundus images and Ocular
164 Coherence Tomography [OCT] scans).

165

166 All participants on the registry are invited to attend a baseline clinical examination, involving a
167 standard suite of retinal structural and functional assessments, to capture baseline clinical data and
168 provide a benchmark from which to compare results across study visits over time (Figure 1). As
169 VENTURE enrolls IRD participants from across Australia and New Zealand, participants can remain in
170 the registry without attending a clinical examination. Following baseline assessment, participant
171 diagnosis is confirmed by a retinal clinician with IRD expertise and, if required, consulting a panel of
172 IRD specialists. Following baseline assessment, participants may then be assigned into disease-
173 specific VENTURE sub-studies, or remain on the registry until further studies or clinical trials for their
174 condition become available. VENTURE disease-specific sub-studies are longitudinal prospective
175 cohort studies that investigate disease progression in specific genotypes, followed-up at regular
176 intervals. VENTURE sub-studies may implement modified protocols that take into account specific
177 IRD phenotype and genotype.

178



179

180 **Figure 1. Victorian Evolution of inherited retinal diseases NaTural history REgistry (VENTURE) study**

181 **process.** Abbreviations: BCVA, best-corrected visual acuity; IOP, intraocular pressure; LLVA, low luminance
 182 visual acuity. [†]Electrophysiology is performed where clinically indicated. [‡]Genetic testing for individuals with
 183 IRD who have not been molecularly characterised. Testing is performed using a target gene panel to screen
 184 for known variants.

185

186 **Prospective clinical evaluations at baseline**

187 Participants' baseline clinical data will be collected according a standardised protocol. This
 188 information will be used to confirm IRD diagnosis and will allow the comparison of clinical features
 189 across different clinical phenotypes, enabling us to enrol participants into specific prospective sub-
 190 studies.

191

192 ***Visual acuity***

193 Best-corrected visual acuity (BCVA) will be measured for each eye following subjective refraction.
194 VA assessment will be performed using clinical trial conditions, with room lights switched off and
195 using a retro-illuminated high contrast Early Treatment Diabetic Retinopathy Study letter chart.¹⁸
196 Low luminance VA will be measured first by placing a 2.0 log unit neutral density filter in front of
197 each eye. The same procedure will be repeated for standard BCVA assessment, without a neutral
198 density filter. If a participant is unable to read any letters at 1 meter, VA will be testing using the
199 Berkeley Rudimentary Vision Test under room-illumination (between 250-1000 lux),¹⁹ for assessing
200 VA levels 6/240 (20/800) or worse.

201

202 ***Anterior segment examination***

203 Clinical ophthalmic examination of the anterior segment will be performed. Clinically notable
204 findings for the lids and adnexa, tear film, cornea, conjunctiva, and the anterior chamber will be
205 recorded, including specific anterior segment features associated with IRDs, such as limbal
206 crystals, keratoconus, and long anterior lens zonules. Intraocular pressure will be measured using
207 an iCare tonometer (IC200, Centervue Spa., iCare Finland). Assessment of the lens will be
208 performed and graded using the Lens Opacities Classification System II (LOCS II), for nuclear,
209 cortical, and posterior subcapsular cataracts and lens opacities.²⁰

210

211 ***Perimetry***

212 Monocular peripheral field boundaries will be measured using the Goldmann manual perimeter,
213 using the III4e or V4e isopters. If the V4e target is not seen by the participant, “unable to perform

214 the test” will be recorded. The area within the visual field boundary will be checked for scotomas
215 and these will be mapped from a non-seeing region to a seeing region to outline their extent.

216

217 Central visual sensitivity will be assessed using MAcular Integrity Assessment (MAIA) fundus-
218 controlled perimeter (Centervue SpA, Padova, Italy) in mesopic conditions.²¹ Testing will be
219 performed with mydriatic pupils and in the absence of dark adaptation time.²² Testing will be
220 performed using a 68-stimuli grid pattern that samples the radial 10-degree degree visual field
221 surrounding the preferred fixation point, using a 4-2 threshold strategy. Fixation stability will be
222 system quantified and the follow-up function will be used for repeat examination. Participants
223 with visual acuity of <6/60 or severe nystagmus are exempted from performing fundus-controlled
224 perimetry.

225

226 ***Image acquisition***

227 After functional testing, retinal images will be captured using the Optos® ultra-widefield fundus
228 (UWF) camera (Optos plc, Dunfermline, Scotland, United Kingdom). The UWF camera uses a
229 scanning laser ophthalmoscope to capture images spanning 200-degrees of the internal eye angle.
230 Composite colour retinal images will be obtained using laser light sources of wavelengths 532 nm
231 (green) and 635 nm (red), with 20 µm resolution. Fundus autofluorescence (FAF) images are then
232 captured with a green excitation laser at 532 nm, with 14 µm resolution. Additional retinal images
233 may be taken using a coloured fundus camera (e.g., Topcon fundus retinal camera) to better
234 capture changes at the macular and posterior pole using true colour.

235

236 High-resolution cross-sectional scans of the macula region will be obtained across a 30° by 20°
237 image field using Heidelberg Spectral-Domain OCT (Heidelberg Engineering, Heidelberg, Germany).
238 For volume scans, 49 B-scans (spaced approximately 120 µm apart) will be captured with an
239 automatic real-time (ART) averaging of a minimum of 9 images. Infrared confocal scanning laser
240 ophthalmoscope images will be obtained for 30° field of view centred on the fovea. Additional
241 images using other features such as Enhanced Depth Imaging (EDI) will be taken when clinically
242 indicated.

243

244 ***Patient-reported outcomes***

245 Patient-reported measures of the impact of vision impairment and quality of life impairment will be
246 assessed using a suite of validated questionnaires.²³ Questionnaires include the Impact of Vision
247 Impairment questionnaire,^{24,25} and the IVI-Very Low Vision (IVI-VLV) in individuals with severe
248 visual impairment (VA of worse than 6/60 or visual field less than 10 degrees),²⁶ to assess restriction
249 of participation in activities of daily living; the Vision and Quality of Life tool, to assess vision-related
250 quality of life for the health economic evaluation of vision-related programs²⁷; and the Hospital
251 Anxiety and Depression Scale, to assess mood, emotional distress, anxiety, depression and
252 emotional disorder.²⁸

253

254 ***Additional clinical testing***

255 Additional clinical procedures and retinal imaging may be undertaken for subsets of participants.
256 Full field electroretinography (ffERG; Espion E2; Diagnosis LLC) using ISCEV standards may be
257 performed for staging of disease or if the participant has not had electrophysiology testing to
258 confirm their diagnosis.^{11,29} Full-field stimulus threshold test (FST) may be conducted to quantify

259 visual perception when perimetry-based approaches are not possible.³⁰ Colour vision will be
260 assessed if clinically indicated.

261

262 **Genetic testing**

263 If a genetic report is not available from the participant's clinical records, genetic testing may be
264 performed via an independent National Association of Testing Authorities Australia (NATA)
265 accredited or Clinical Laboratory Improvement Amendments (CLIA)-certified clinical diagnostic
266 laboratory, or through collaboration with the AIRDR.

267

268 The purpose of diagnostic genetic testing in VENTURE is to screen affected individuals for known
269 causal variants and to combine genotyping information with family history and baseline clinical
270 examination to support IRD diagnosis. Although we hope to provide everyone on the registry with
271 access to genetic testing in time, molecular investigations will be prioritised for participants due to
272 research and clinical needs.

273

274 Genetic testing is offered to registered participants without a molecular diagnosis, as an optional
275 component of their research participation. Prior to taking the genetic test, information about the
276 test and discussion surrounding the potential implications of the results are provided to the
277 participant by a study ophthalmologist or investigator who has received training in ocular genetics.
278 If the participant requests, or if the study investigator feels that the participant could benefit from
279 further counselling prior to having a genetic test, participants are referred to their ophthalmologist
280 or a genetic counsellor for further discussions and education, to ensure that they are well-
281 prepared for the implications of the results. Following the test, results disclosure and genetic

282 counselling are provided by a physician with expertise in IRDs or by a qualified geneticist or genetic
283 counsellor.³¹

284

285 Molecular investigations reported herein were performed using either the Blueprint Genetics or
286 Invitae targeted next generation sequencing (NGS) retinal dystrophy panels, comprising 285 and
287 293 genes that are associated with IRDs, respectively (at the time of testing between July 2020 and
288 December 2021). A biospecimen was collected and sequencing, bioinformatic analyses, and clinical
289 interpretation were performed according to the laboratory's specifications. In brief, the target
290 region for each gene includes coding exons, up to 20 base pairs of adjacent introns on either side
291 of the coding exons (i.e., the exon-intron boundary), and relevant deep-intronic regions. Any
292 variants that fall outside these regions are not analysed. Variants were classified according to an
293 adaptation of the American College of Medical Genetics and Genomics/Association for Molecular
294 Pathology (ACMG/AMP) guidelines, as outlined in the Blueprint Genetics
295 (<https://blueprintgenetics.com/variant-classification/>) and Invitae
296 (<https://invitae.com/en/provider-faqs/tech-and-quality>)³² websites.

297

298 Only genes known to cause inherited retinal conditions are examined as part of this study.
299 Following initial target-panel testing, participants are referred for further clinical testing (e.g.,
300 phasing, cascade testing, or further genetic tests) if this is required to confirm their molecular
301 diagnosis, or if they have further queries or issues (for example, family planning). Any variants of
302 unknown significance identified from the initial test are documented in the database and will be
303 re-evaluated if new research or clinical trials relating to the identified variant arise.

304

305 For the purpose of this study, participants who have had genetic testing are reported as having a
306 probable molecular diagnosis if they were found to have a pathogenic or likely pathogenic
307 variant(s) in an apparently disease-causing state (e.g., one or more variants in a gene linked with
308 dominant or X-linked disease or two or more variants in a gene linked with recessive disease) from
309 the target panel. Otherwise, participants are considered to have an inconclusive molecular
310 diagnosis.

311

312 **Data analysis**

313 Purposive sampling will be used given the rare nature of IRDs. Given the estimated prevalence of 1
314 in 2000, the IRD population in Victoria is estimated as 3300 people. The registry is anticipated to
315 enrol up to 100 participants per year.

316

317 For baseline variables presented here, the distribution of the data was explored prior to analysis,
318 and data are summarised as mean and standard deviation (normally distributed variables), median
319 and interquartile range (non-normally distributed variables) or counts and percentages
320 (categorical variables). Participants' ethnicities are classified using the Australian Standard
321 Classification of Cultural and Ethnic Groups. IRDs were classified according to previous published
322 reports (Supplemental Table S1),³³ as i) panretinal pigmentary retinopathies, affecting primarily
323 rods or cones; ii) macular dystrophies with only central involvement; iii) stationary diseases; and
324 iv) other IRDs, such as vitreoretinopathies. For vision at registration, the distance BCVA in the
325 better seeing eye at participants' last clinical visit is used to classify participants into levels of
326 visual impairment according to the standards defined by the World Health Organization³⁴ and the

327 Harmonisation of Outcomes and Vision Endpoints in Vision Restoration Trials³⁵ Taskforce
328 consensus document (Supplemental Table S2).³⁵
329
330 Participant characteristics were compared according to the method of recruitment. Intergroup
331 comparisons were performed using t-tests (normally distributed variables), Wilcoxon's rank-sum
332 tests (non-normally distributed variables), or the Fisher's exact test (categorical variables).
333 Comparison between IRD classifications was performed using the Kruskal-Wallis test, and
334 Benjamini & Hochberg adjusted p-values are reported for pairwise comparisons.
335
336 Statistical analyses were performed using R for statistical computing version 4.0.0 (R Core Team
337 2020, Vienna, Austria).
338

339 **RESULTS**

340 **Registrant information**

341 Between 7 July 2020 and 30 December 2021, VENTURE has enrolled 150 registrants with IRDs
 342 from 138 families (participant characteristics are shown in Table 2). Study recruitment is ongoing.
 343 There were no differences in age, gender, or ethnicity between participants who were referred by
 344 clinicians and those who self-referred into the registry. Over half (52%, n=78) of study registrants
 345 reported a positive family history of IRDs; approximately 63% of those (n=49) has a parent or a
 346 sibling with an IRD.

347

348 **Table 2. Participant baseline characteristics**

	Referral pathway		Total (n=150)	p- value*
	Self-referred (n=75)	Referred by clinician (n=75)		
Age, years				
Range	10-79	5-87	5-87	
Median (IQR)	47 (34-56)	44 (24-58)	46 (29-57)	0.143
Gender, n (%)				
Male	39 (52%)	51 (68%)	90 (60%)	0.066
Female	36 (48%)	24 (32%)	60 (40%)	
Ethnicity, n (%)				
North African And Middle Eastern	2 (2.7%)	5 (6.7%)	7 (4.7%)	0.202
Sub-Saharan African	4 (5.3%)	1 (1.3%)	5 (3.3%)	
Peoples of The Americas	3 (4%)	0 (0%)	3 (2%)	
North-East Asian	1 (1.3%)	4 (5.3%)	5 (3.3%)	
Southern and Central Asian	4 (5.3%)	4 (5.3%)	8 (5.3%)	
South-East Asian	2 (2.7%)	4 (5.3%)	6 (4%)	
North-West European	7 (9.3%)	2 (2.7%)	9 (6%)	
Southern and Eastern European	3 (4%)	3 (4%)	6 (4%)	
Oceanian	49 (65.3%)	52 (69.3%)	101 (67.3%)	
Clinical diagnosis, n (%)				
Panretinal pigmentary retinopathies	61 (81.3%)	63 (84%)	124 (82.7%)	0.83
Macular dystrophies	11 (14.7%)	9 (12%)	20 (13.3%)	0.811
Stationary diseases	1 (1.3%)	2 (2.7%)	3 (2%)	1
Hereditary vitreoretinopathies	2 (2.7%)	1 (1.3%)	3 (2%)	1

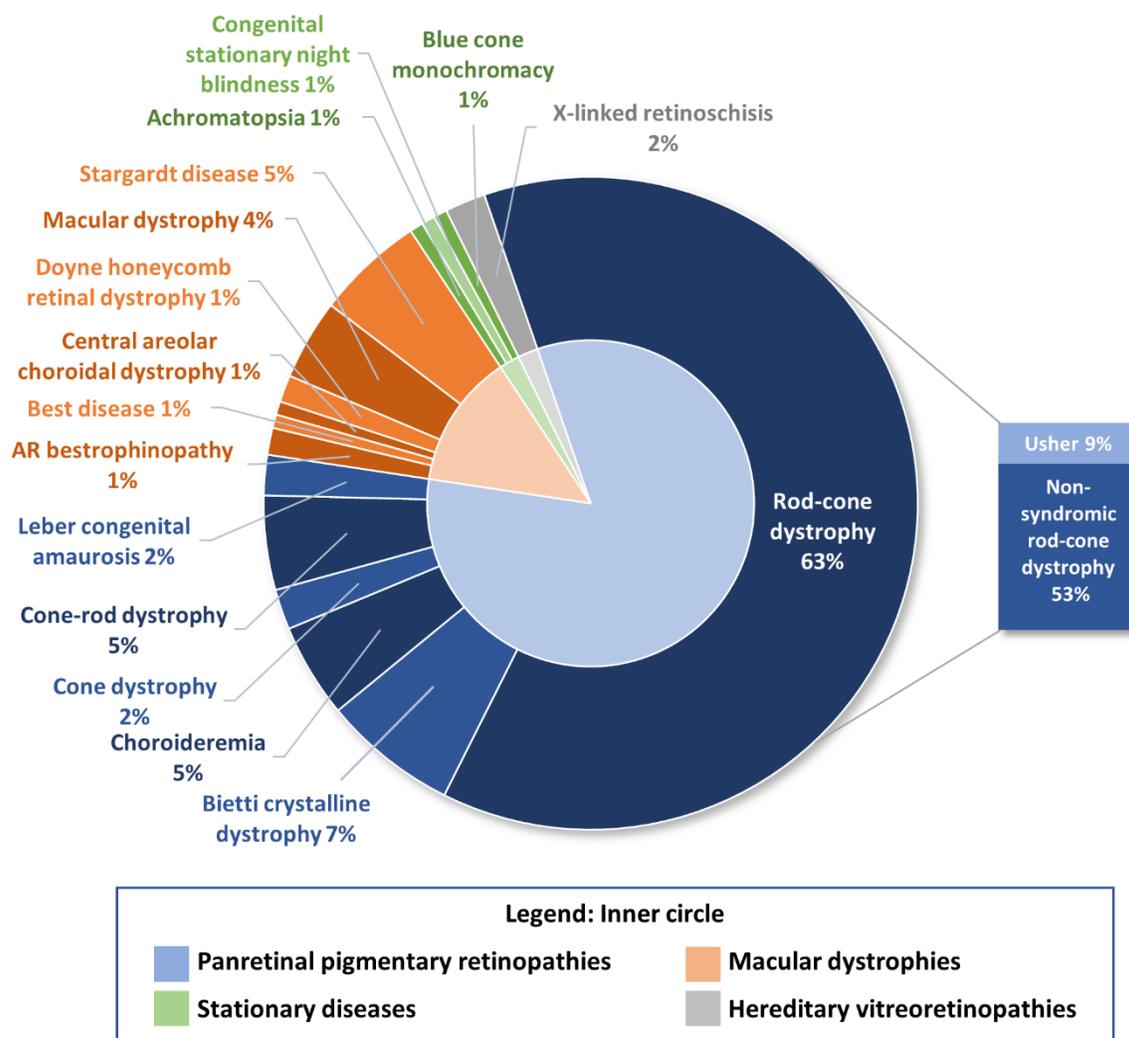
Age at first symptoms, years				
Range	0-64	1-70	0-70	
Median (IQR)	18 (8-31)	16 (8-28)	16 (8-30)	0.923
Age at diagnosis, years				
Range	0-65	1-70	0-70	
Median (IQR)	23 (10-36)	18 (11-38)	22 (10-36)	0.93
Smoking, n (%)				0.206
Yes	2 (2.7%)	7 (9.3%)	9 (6%)	
Previous	3 (4%)	4 (5.3%)	7 (4.7%)	
Taking vitamins/supplements, n (%)				1.0
Confirmed molecular diagnosis at study registration, n (%)				1.0
				29 (38.7%)
				29 (38.7%)
				58 (38.7%)

349 Abbreviations: IQR, interquartile range.

350

351 Figure 2 shows the clinical diagnoses of VENTURE registrants; diagnoses are either self-reported or
352 as reported by their referring clinician. Most registrants have panretinal pigmentary retinopathies
353 (83%). The most common IRD is rod-cone dystrophy (including Usher syndrome), representing
354 63% of all registered participants. Other common panretinal pigmentary retinopathies in VENTURE
355 are Bietti crystalline dystrophy (7%, n=10) and choroideremia (5%, n=7), representing active
356 research priorities in these conditions.^{12,36} Thirteen percent of registered participants have
357 macular dystrophies, predominantly Stargardt disease or generalised macular dystrophy (9% of all
358 registrants, n=14). Three participants (2%) have a stationary IRD, and three participants (2%) have
359 hereditary vitreoretinopathies (all have x-linked retinoschisis).

360



361

362 **Figure 2. Clinical inherited retinal disease diagnoses of the first 150 participants in Victorian Evolution of**
 363 **inherited retinal diseases NaTural history REgistry (VENTURE).** Inner ring shows clinical categories and outer
 364 ring primary inherited retinal disease diagnoses. The phenotype distribution represents active research
 365 interests for conditions with emerging clinical trials. Abbreviations: AR, autosomal recessive; Usher, Usher
 366 syndrome.

367

368 Across all registrants, the median age of first symptoms was 16 (IQR: 8-30) years, and self-reported
 369 age of diagnosis was 22 (10-36) years. A lower age of first symptoms was reported by those with
 370 panretinal pigmentary retinopathies (15 [7-25] years) compared to macular dystrophies (28 [16-

371 38] years; adjusted $p=0.028$), but neither were significantly different from those with other classes
372 retinal dystrophies (16 [1-16] years; adjusted $p>0.05$).

373

374 Eleven percent of registrants either currently smoke or have previously smoked cigarettes. There
375 were no differences in age between registrants who have smoked compared to registrants who
376 have never smoked cigarettes (median [IQR]: 51 [31-62] years versus 45 [29-56] years; $p=0.51$).

377 Over a third (37%) of registrants currently take oral vitamins and supplements, most commonly a
378 daily multivitamin (34 of the 55 registrants). Participants who reported taking vitamins and
379 supplements were generally older than those who reported that they don't (median [IQR]: 51 [31-
380 60] years versus 42 [26-53] years; $p=0.047$).

381

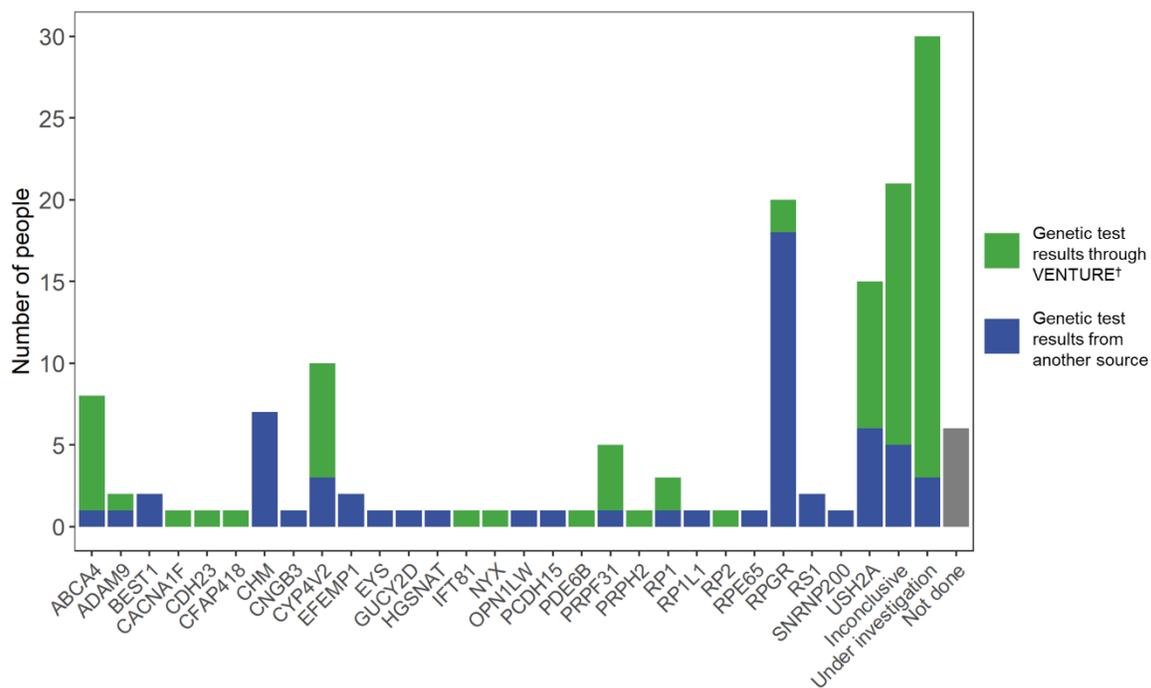
382 **Genetic information**

383 Over a third (39%; $n=58$) of VENTURE registrants had already obtained a molecular diagnosis for
384 their IRD at the time of their study enrolment. A further 55% ($n=83$) of participants have initiated
385 diagnostic testing using a NGS panel-based testing through VENTURE, of which, results are
386 available for 37% ($n=56$) of registrants. The remaining 6% of participants ($n=9$) are either waiting
387 for genetic results through other genetic services ($n=3$), awaiting their initial VENTURE clinical
388 appointment ($n=3$), or are interstate participants who have not chosen to do their genetic testing
389 through VENTURE ($n=3$; specific reasons not investigated).

390

391 Figure 3 shows the distribution of molecular diagnoses of VENTURE registrants. Of the 114
392 registrants who have completed genetic testing, a probable causative variant was found in 82%
393 ($n=93$) of individuals, either from their clinical records (46%; $n=53$) or through newly-initiated

394 targeted-NGS panel testing (35%; n=40). Probable causative variants were most commonly found
 395 in the genes *RPGR* (n=20, 13% of all registrants), *USH2A* (n=15, 10%), *CYP4V2* (n=10, 7%), *ABCA4*
 396 (n=8, 5%), *CHM* (n=7, 5%), and *PRPF31* (n=5, 3%). These genotypes account for 70% of all
 397 molecularly characterised individuals. Clinical diagnoses corresponding to each genetic variant are
 398 shown in Supplemental Figure S1.
 399



400
 401 **Figure 3. Genetic diagnoses of participants in the Victorian Evolution of inherited retinal diseases NaUral**
 402 **history REgistry (VENTURE). Data include 150 individuals from 138 families.** The genotype distribution
 403 represents active research interests for conditions with emerging clinical trials. †Probable molecular diagnosis
 404 obtained from targeted gene panels is reported until further co-segregation analysis can be completed
 405 (participants with variants in genes *ABCA4*, *USH2A*, *CDH23*, *CFAP418*) or for further evaluation of structural
 406 variants (participants with variants in genes *ADAM9*, *PRPF31*) to confirm molecular diagnosis.
 407
 408 Among the 93 molecularly characterised individuals, 65% have causative variants in autosomal
 409 genes and 35% in X-linked genes. Of the autosomal genes, 45% of individuals have causative

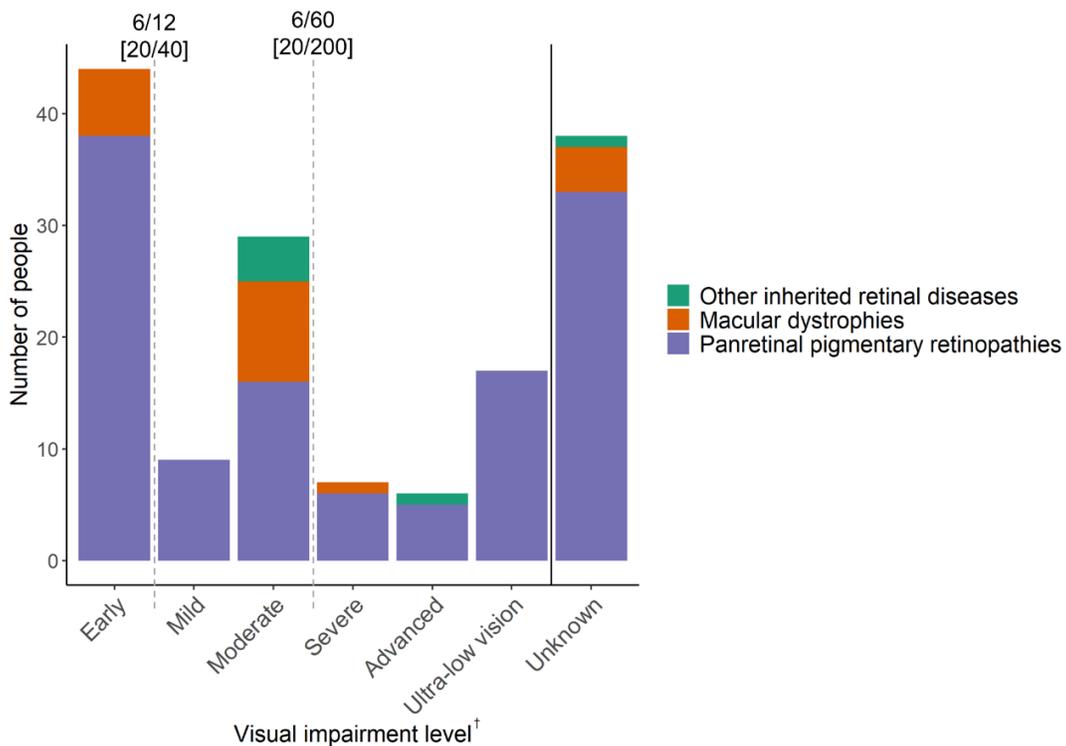
410 variants in recessive genes, 9% have causative variants in dominant genes, and the remaining 11%
411 have variants in genes acting in with either a dominant or recessive manner.

412

413 **Visual impairment levels**

414 Figure 4 shows the visual impairment levels of VENTURE registrants at the time of their study
415 enrolment, obtained from retrospective clinical data. Visual acuity data within the last two years
416 of enrolment was available for 75% of registrants. Over half (55%; n=82) of registered participants
417 had their last recorded VA equal to or better than 6/60 (20/200), and approximately a third of all
418 registered participants (29%; n=44) had VA equal to or better than 6/12 (20/40).

419



420

421 **Figure 4. Visual impairment levels of participants in the Victorian Evolution of inherited retinal diseases**
422 **NaTURal history REGISTRY (VENTURE; n=150), based on clinical data at the time of their registration.** Other
423 IRDs include stationary and vitreoretinal diseases (Supplemental Table S2). †Visual impairment levels are: Early

424 = 6/12 (20/40) or better. Mild=worse than 6/12 (20/40) to 6/18 (20/60). Moderate=worse than 6/18 (20/60)
425 to 6/60 (20/200). Severe = worse than 6/60 (20/200) to 3/60 (20/400). Advanced = worse than 3/60 (20/400)
426 to 1/60 (20/1200). Ultra-low vision = worse than 1/60 (20/1200). Unknown = clinical data from within 2 years
427 of study registration not available.

428 **DISCUSSION**

429 This article describes the design of the Victorian Evolution of inherited retinal diseases NaTural
430 History REgistry (VENTURE) and the characteristics of the 150 participants enrolled into the registry
431 to date. VENTURE aims to collect genotype and phenotype data across different IRDs over time. This
432 registry will also set a foundation for disease-specific longitudinal sub-studies and support the
433 development of IRD treatments in Australia, by identifying well-characterised and genotyped
434 cohorts of patients with an IRD.

435

436 The VENTURE study protocol was developed with guidance from recognised experts in IRDs and
437 gene therapy. A key benefit of VENTURE is that the registry provides a well characterised cohort of
438 IRD participants that can be readily identified and enrolled into future clinical trials and treatments.
439 All registrants are able to opt-in to being notified of any potential treatments that arise for their
440 condition, making this registry a useful resource for future IRD clinical trials. In addition to other
441 interstate registries, VENTURE adds greater coverage of Victoria, as well as comprehensive
442 genotyping and phenotyping data, to facilitate access to emerging treatments and clinical trials. In
443 publishing the VENTURE protocol, we hope to expand collaborations and enhance open
444 communications and the sharing of expertise and knowledge amongst IRD research groups in
445 Australia.

446

447 The majority of the initial 150 VENTURE registrants have rod-cone dystrophy (63%; including non-
448 syndromic rod-cone dystrophy and Usher syndrome), which aligns with the estimate that retinitis
449 pigmentosa constitutes 60% of IRDs.³⁷ The next most-common clinical diagnoses of VENTURE
450 registrants are Bietti crystalline dystrophy (7%), choroideremia (5%), Stargardt disease (5%), and

451 cone-rod dystrophy (5%). Compared to the distribution of IRDs in the general Australian
452 population previously reported by the AIRDR,³⁸ the phenotypic distribution of VENTURE varies.
453 This is because it represents active research interests in IRDs for which treatments are being
454 developed.^{12,36} Probable causative variants in the current VENTURE cohort were most commonly
455 found in *RPGR*, *CYP4V2*, *USH2A*, *CHM* and *ABCA4* genes, all of which are being evaluated in gene
456 therapy clinical trials.¹²

457

458 We faced several challenges in setting up VENTURE, one of which was establishing capacity for
459 genetic testing. Ascertaining the genetic cause of IRDs is fundamental for evaluating genotype-
460 phenotype correlations and developing new treatments.¹⁰ While open-access genetic testing
461 programs, such as the My Retina Tracker³⁹ and ID YOUR IRD⁴⁰ programs in the United States, have
462 made genetic testing more accessible in some countries, these programs have not been available
463 in Australia until recently. A recent review of an Australian private tertiary ophthalmology practice
464 found that genetic testing results were only available for 9.5% of 464 patient records audited.⁴¹
465 Since July 2021, VENTURE participants have had access to molecular testing through sponsored
466 testing programs, which provide a comprehensive and efficient analysis of multiple genes
467 associated with IRDs.⁴² Through these programs, all VENTURE registrants have been offered the
468 opportunity to have targeted panel testing to screen for known variants if they have not previously
469 received a molecular diagnosis. However, data from panel-based tests cannot definitively
470 determine if certain variants are on the same or opposite chromosomes (i.e., in cis or in trans).
471 Where required, participants are referred to clinical genetic services for further evaluation (e.g.,
472 co-segregation analysis, cascade testing, or variant confirmation) to confirm their molecular
473 diagnosis. As VENTURE does not currently include genetic testing for family members, caution is

474 used when interpreting the genetic results until the phase of these variants is resolved from
475 further examination. This study does not aim to find new disease-causing genes or develop new
476 techniques to detect novel genotype-phenotype correlations, in contrast to work by others in the
477 field.⁴³⁻⁴⁵

478

479 Another challenge in setting up the study was selecting a standardised suite of clinical tests for the
480 protocol. We acknowledge that not all outcome measures will be appropriate for all IRDs, as
481 selection depends on disease pathology, disease severity, and level of cooperation.⁴⁶ The
482 intention of collecting standardised retinal structure and function data across all IRDs at baseline is
483 to enable independent confirmation of IRD diagnosis and comparison of outcomes across different
484 IRD phenotypes. In addition to collecting retrospective clinical data, where missing data is a
485 common issue, VENTURE aims to collect high-quality patient-level data to provide a benchmark
486 from which to compare change over time. Following baseline assessment, outcomes in VENTURE
487 sub-studies will then be selected based upon specific genotypes or functional phenotypes to
488 enable the assessment of disease-specific endpoint at appropriate time intervals (e.g., ellipsoid
489 zone parameters or area of fundus autofluorescence). In some phenotypes, the addition of other
490 clinical tests will be required depending on the condition and research question being evaluated.

491

492 In addition to being an IRD registry, the genotype and prospective phenotype data collected in
493 VENTURE and subsequent disease-specific longitudinal cohort studies will provide a better
494 understanding of the variability in disease progression across different genetic variants. Key
495 learnings from natural history studies are also important for establishing structure-function
496 correlations and the development of novel outcome measures in clinical trials. Potential points of

497 tension in the VENTURE study include: 1) balancing increasing participant growth against the
498 collection of longitudinal data on existing participants; 2) the non-standardised format of the
499 collected retrospective data; and 3) referral bias due to the study team's interests in conditions
500 being evaluated in emerging clinical trials, and to potentially younger, more enthusiastic, health-
501 literate individuals self-referring. Furthermore, participants' IRD diagnoses at registration are
502 either self-reported or reported by their referring clinician, and misclassification bias is possible
503 until their diagnosis is confirmed following baseline clinical examination. Following baseline
504 examination, confirmation of diagnosis can then be made using genetic and clinical examination
505 data, including electrophysiology results, when indicated.

506

507 VENTURE is a rapidly expanding database that will be actively utilised to support future IRD
508 research and the development of IRD treatments in Australia. The VENTURE study team aims to
509 collaborate closely with clinicians, support organisations, and other research groups across
510 Australia and New Zealand,^{16,38,44,47} to maximise the outreach and potential benefit to the IRD
511 community. This protocol intends to promote collaboration, open communications, and the
512 sharing of expertise and knowledge amongst IRD research groups in this region. As the VENTURE
513 database grows, it is hoped that the close collaboration between the VENTURE study team with
514 clinicians and other research groups will become an integrated source of information for people
515 with IRDs and their families.

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567

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607 [and-management-of-patients-with-inherited-retinal-degenerations-ird/](https://ranzco.edu/policies_and_guideli/guidelines-for-the-assessment-and-management-of-patients-with-inherited-retinal-degenerations-ird/)
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