

REVIEW ARTICLE OPEN

Colorectal liver metastasis: molecular mechanism and interventional therapy

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Colorectal cancer (CRC) is one of the most frequently occurring malignancy tumors with a high morbidity additionally, CRC patients may develop liver metastasis, which is the major cause of death. Despite significant advances in diagnostic and therapeutic techniques, the survival rate of colorectal liver metastasis (CRLM) patients remains very low. CRLM, as a complex cascade reaction process involving multiple factors and procedures, has complex and diverse molecular mechanisms. In this review, we summarize the mechanisms/pathophysiology, diagnosis, treatment of CRLM. We also focus on an overview of the recent advances in understanding the molecular basis of CRLM with a special emphasis on tumor microenvironment and promise of newer targeted therapies for CRLM, further improving the prognosis of CRLM patients.

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INTRODUCTION

Colorectal cancer (CRC) is one of the three most common cancers and the fourth most common cause of cancer deaths worldwide. In 2020, 1.9 million cases were newly diagnosed with CRC and 935,000 cases with CRC past away. The global incidence of CRC has been rising with annual increases of 3.2%, beginning with 783,000 cases in 1999 and increasing to 1.8 million in 2020²⁻⁷; this trend is likely to continue. Accordingly, the global CRC burden is increasing mainly owing to the growth of human development index—The incidence rates in developing countries is a quarter of that in developed countries. ²

Metastasis of CRC remains a major problem after curative treatment and is the critical cause of CRC-related death.8 The liver is the most common organ of distant metastasis in CRC. Liver metastasis of CRC may be associated with the following factors: the portal vein system directly connecting the colorectal and liver, which is associated with abundant blood supply; location and histological type of primary tumor.^{10–12} Curative resection and chemotherapy are the standard methods treatment in patients with colorectal liver metastasis (CRLM), 13 However, due to factors such as the location and size of the tumor, unresectable disease, presence of extrahepatic disease, or patients' comorbidities, surgery is only applicable in 10–20% of cases, with a 5-year survival rate as low as 30%. 14,15 Furthermore, those who are not eligible for surgery have an even worse prognosis. Although, significant progress in the development of new chemotherapeutic drugs has been made, CRLM patients that receive fluorouracil and platinum chemotherapy initially, will eventually develop chemotherapy resistance due to inherent or acquired resistance. For CRLM, it is necessary to find more effective targeted therapies. Understanding of the molecular mechanisms underlined in this process could accelerate the achievement of this goal.

A small subset of CRC cells acquires a capacity to evade from the primary CRC, in part by morphological changes such as epithelial-to-mesenchymal transition (EMT), migration through the extracellular matrix (ECM), and invasion into the neighboring tissues, intravasation, survival in the circulation, extravasation and finally colonization to distant liver forming more aggressive secondary CRLM.

EPIDEMIOLOGY

Nearly 50% of patients with CRC will develop liver metastases during the disease. 16 The incidence of stage IV left colon cancer liver metastases is high. 17,18 However, once liver metastasis occurred in right colon cancer, the range of liver metastasis was wider than that in left colon cancer.¹⁹ The probability of liver metastasis in CRC is also associated with gender. Males are more likely to be a risk factor of CRC, with higher illness burden and earlier onset age^{2,4,20} and 25-50% of these patients develop liver metastasis^{21,22}, of which ~30% are diagnosed with CRC at the same time. Notably, ethnicity was likely to be correlated with the incidence of development of CRLM. Research in the United States alone reported that non-Hispanic black patients have the highest incidence of liver metastasis, followed by American Indian/Alaska Native, non-Hispanic white, Hispanic and Asian/Pacific Islanders.² That is, the variations in genes might contribute to the CRLM. Prior works have suggested that BRAF, KRAS, NRAS, PI3KCA, TP53, NRAS, CDK12, EBF1 might be risk genes of CRLM.^{24–27} Furthermore, the types of gene mutations were also likely to be

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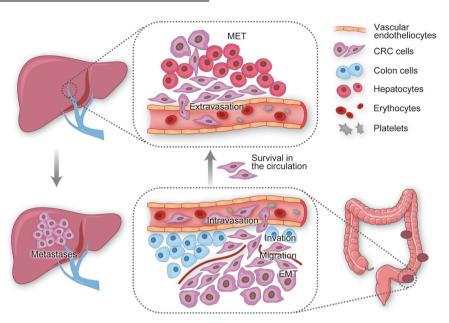


Fig. 1 Schematic showing the liver metastasis cascade of CRC

Chemokine signaling	Ligand	Receptor	Function	Refs
CCL9-CCL15	CRC	CD34(+) Gr-1(-) iMCs	Liver metastasis	66
CCL15-CCR1	CRC	CD11b(+), $CD33(+)$, $HLA-DR(-)MDSCs$	Liver metastasis	49,66
CCL2-CCR2	CRC	CD11b(+)Gr-1(+) iMCs	Liver metastasis	67,68
CXCL1-CXCR2	CRC	${\sf CXCR2} + {\sf microvascular} \ {\sf endothelial} \ {\sf cells}$	Tumor angiogenesis	69,70
CXCL1-CXCR2	CRC	CXCR2 + macrophages	Liver metastasis	71
CXCL1-CXCR2	CRC	CXCR2 + neutrophil	Liver metastasis	71
CXCL1-CXCR2	TAMs	CXCR2 + MDSCs	Liver metastasis	72
CCL2-CCR2	CRC	TAMs	Liver metastasis	37
CXCL8-CXCR2	TAMs	CXCR2 + neutrophil	Liver metastasis	75

correlated with the prognosis²⁷—the highest cure rates appeared in patients with NOTCH1 and PIK3C2B mutations, and the lowest in those with SMAD3 mutations.

MECHANISMS/PATHOPHYSIOLOGY

In 1889, Paget proposed the concepts of "seed" (tumor cells) and "soil" (specific organs) for tumor metastasis.²⁸ The liver metastatic cascade of CRC is a complex multi-factor and multi-step biological process (Fig. 1), wherein a small subset of CRC cells acquire a capacity to evade from the primary CRC, in part by morphological changes such as EMT, migration through the ECM, invasion into the neighboring tissues, intravasation, survival in the circulation, extravasation and finally, colonization to distant liver forming more aggressive secondary CRLM.^{8,29} On one hand, this process is related to genome abnormalities in the tumor cells themselves, including activation of proto-oncogenes and inactivation of tumor suppressor genes. The occurrence and development of CRLM is especially complex and involves many molecular mechanisms, including non-coding RNAs (ncRNAs), Notch pathway, TGFβ signaling, Tyrosine kinase c-MET signaling, phosphatase of regenerating liver (PRL3), tumor-associated calcium signal transducer 2(Trop-2), L1 cell adhesion molecule (L1CAM), S100 family proteins S100A4 and S100A8 and other pathways (Table 1). It is also closely related to the tumor microenvironment (TME), which mainly involves various immune cells (macrophages, T cells, B cell etc.), cytokines, chemokines and exsomes.^{30–32} The interaction of internal and external environment jointly initiates and drives the occurrence of CRLM.

Immune cells

Immune microenvironment plays a pivotal role in CRLM.33 The liver is an important immune organ of the human body. If its immune killing ability is weakened, it can promote the survival and growth of CRC metastases. Therefore, a suppressive immunologic microenvironment plays tumor-promoting role of CRLM, which is related to tumor-associated-macrophages (TAMs) and regulatory T cells (Treg). However, TAMs maintains the immunosuppressive environment by expressing checkpoint ligand programmed death ligand 1 (PDL1), PDL2 and other inhibitory receptors³⁴, and activates Treg cells by secreting IL-10 and TGFβ.³⁵ TAMs also release a plethora of ECM remodeling factors (plasminogen activation system, matrix metalloproteinases (MMPs), and kallikrein-related peptidases) and a diverse array of proteolytic enzymes such as MMPs that degrades the ECM proteins. These factors, in turn, enhance migration of tumor cells.³⁶ In addition, when targeting the CCL2/CCR2 chemokine axis, TAMs infiltration at the metastatic site is reduced and metastatic CRC (mCRC) is sensitized to tumor T cells.

Meanwhile, Treg cells inhibit aberrant immune response against self-antigens and antitumor immune response.³⁸ The ability to inhibit adaptive antitumor immune responses via Treg is associated with clinical outcomes of CRLM.³⁹ The intratumoral Treg could inhibit MMPs expression and activity with IL-17 producing T cells involved which reduces the probability of postoperative metastasis of CRC.⁴⁰ Inhibition of Treg activity may be a therapeutic approach to improve antitumor immunity in the future.³⁹

The tumor-associated neutrophils (TANs) may also promote tumor growth and metastasis through a variety of mechanisms.⁴ Hyperlipidemia can promote neutrophil infiltration, thereby increasing the metastasis of CRC.⁴² In the early phase of CRC cell dissemination, neutrophils expressed CCR1 exclusively and MMP9 preferentially, which contribute to the early expansion of cancer. 43 TANs produce large amounts of lysine oxidase-like 4 protein during CRLM resistance anti-angiogenic therapy.⁴⁴ TANs could be recruited by loss of SMAD4 promoting chemokine CCL15 expression via the CCL15-CCR1 axis.⁴⁵ In addition, neutrophil extracellular traps (NET) trigger the release of HMGB1 and promote the migration and invasion of cancer cells during stress response. 41 NETs could also directly trap CRC cells in liver boosted tumorous proliferation and invasion capacity, which is because of the heightened expression of tumorous interleukin (IL)-8 which is triggered by NETs. 46 Interestingly, overproduced IL-8 in turn activated neutrophils towards NETs formation, thus forming a positive loop enhanced CRC liver metastasis. Therefore, eliminating NET may reduce risks of tumor relapse after surgical stress. Recently, Xia et al.⁴⁷ reported neutrophil infiltration and NETs formation were inhibited in tumor tissues with Adeno-associated virus-mediated DNase I liver gene transfer treatment. NETassociated carcinoembryonic Ag cell adhesion molecule 1 (CEACAM1) as an essential element for inducing CRC metastatic phenotype, which prompted CEACAM1 as a potential therapeutic target for the prevention of CRC metastasis.

Myeloid-derived suppressor cells (MDSC) are another key factor that regulates the immune response under many pathological conditions, and immune suppressive activity is an intrinsic feature of MDSC. Neutrophils or monocytes that has undergone maturation is not able to transform into potent immune suppressive cells in vitro when simply activating MDSC with hazard associated molecular patterns (DAMPs) and pathogen-associated molecular patterns or pro-inflammatory cytokines. CCR1(+) MDSC are recruited to the microenvironment of disseminated CRC cells by loss of SMAD4 promoting chemokine CCL15 expression via the CCL15-CCR1 axis, and produce metalloproteinases MMP9 and MMP2 to enhance metastatic colonization. SIPR1-activator of transcription 3 (STAT3) upregulation in CRC cells promotes IL-6, which could activate SIPR1-STAT3 in MDSC in the liver, leading to premetastatic niche formation before CRC cell arrival.

There has been some progress regarding the immune status of CRLM and the effect of tumor immunological characteristics on clinical outcome in CRLM patients. The density of macrophages in CRC is also closely related to patient prognosis. The CRLM T cell number is an independent correlate of long-term survival following liver resection, in particular, CD8 + T-cell infiltration in liver metastasis is associated with better prognosis. The CRLM process, high frequencies of NK and T cells in response to chemotherapy predict OS in CRLM patients.

Cytokines

Cytokines IL-6 active IL-6 receptor (IL-6R), which induce STAT3 to bind to MIR34A inhibit miR-34A expression, thereby promoting EMT-mediated invasion and metastasis of CRC.⁵⁶ Growth differentiation factor 15 in inflammatory microenvironment induces CRC metastasis by regulating EMT genes by activating c-Fos, which may be a new direction for CRLM treatment in the future.⁵⁷ Similarly, cytokines IL-33 modulates the TME to potently induce

the occurrence of liver metastasis.⁵⁸ In addition, the levels of arachidonic acid (AA) and eicosapentaenoic acid (EPA) promoted the development of an inflammatory microenvironment and AA/EPA ratio was elevated levels in patients with metastatic CRC.⁵⁹

Chemokines

Chemokines, as an important component of TME, play an important role in the entry of tumor cells into the TME.⁶⁰ For instance, chemokines are critical for the tumor-stroma interaction, which promote tumor metastasis via chemokines signaling. Chemokines could also act as a bridge between the microenvironment outside the tumor and the tumor itself, and their cognate receptors are expressed by both tumor and stromal cells.⁶¹ In recent years, it has been reported that chemokine ligands and receptors (such as CXCL5, CCL3, CCL4, CXCL2, CXCL3, CXCL8, CCL3L3, CCL4L2, CCL18) have been significantly dysregulated, which implies a potential intercellular communication in the immune microenvironment of CRC. Chemokine ligand–receptor interactions between different cells further complicate the signal transduction in CRLM (Table 1).

As a member of the CXC chemokine family, CXCL5 is the ligand of CXCR2 and is not only derived from primary tumor cells but is also secreted by immune cells in the TME. 62

The CXCL5/CXCR2 biological axis promoted tumor angiogenesis by activating the AKT/NF- κ B/FOXD1/VEGF-A pathway. ⁶³ Moreover, Zhao et al. ⁶⁴ found the elevated expression of CXCL5 in CRC induced cell migration by the ERK/Elk-1/Snail signaling pathway and promoted cell invasion through the AKT/GSK3 β / β -catenin/MMP7 signaling pathway. They also found that high expression of CXCL5 was a favorable factor to promote the metastasis of CRC cells to the liver in nude mice intrasplenic injection model.

The earlier study confirmed that CCR1+ immature myeloid cells (iMCs) could migrate toward CRC-derived CCL9 and accumulate at tumor invasion front in mice model.⁶⁵ Later studies demonstrated CRC cells secrete CC-chemokine ligands CCL9 and CCL15, respectively, and recruit CD34(+) Gr-1(-) iMCs to the metastatic liver.⁶⁶ Additionally, CRC-derived CCL2 and Myeloid-derived S100A8/A9 enhanced CD11b(+)Gr-1(+) iMCs recruitment and increased tumor burden via CCL2/CCR2.67,68 Also, CRC-derived CXCL1 increased migration of CXCR2+ microvascular endothelial cells in vitro and mediated tumor angiogenesis by binding with CXCR2 receptor on endothelial cells in xenograft CRC models. 69,70 Moreover, CXCL1 is found to recruit CXCR2+ neutrophil and macrophages from the bone marrow to premetastatic liver in CRC nude mice.⁷¹ It was also reported that CCL15 secreted by CRC attracted CCR1(+) MDSCs to the premetastatic niche via the CCL15-CCR1 axis, creating conditions conducive to metastasis.4 TAMs also recruited CXCR2-positive MDSCs to promote liver metastases via producing CXCL1.⁷² High expression of CCL4 in CRC could induce the infiltration of TAMs and specifically a protumor macrophage profile (CD163 + cells).⁷³ CCL2/CCR2 chemokine axis could also facilitate TAMs accumulation in liver metastasis and maintain immunosuppressive TME. In addition, CXCL8 and its receptor (CXCL8-R) promote liver metastasis by promoting angiogenesis and inducing EMT in CRC cells.⁷⁴ Elevated serum CXCL8 levels are associated with poor prognosis in patients with CRC.45

In clinical CRC specimens, CX3CR1, the chemoattractant cytokine CX3CL1 receptor, was expressed on TAMs and in a microenvironment lacking CX3CR1, the liver metastasis of CRC cells was significantly inhibited.⁷⁶ However, the high expression of CX3CR1 promoted the increase of T cell invasion in tumor tissue, and thus inhibited tumor growth.⁷⁷ Low-molecular-weight heparin, a common drug for venous thromboembolism, inhibited the formation of liver metastasis of CRC by disrupting the interaction of CXCR4 and CXCL12.⁷⁸ Stromal cell-derived factor 1alpha activated CXCR4-expressing CRC cells, then resulted in a significant increase of cell migration.⁷⁹ Moreover, hepatic stellate

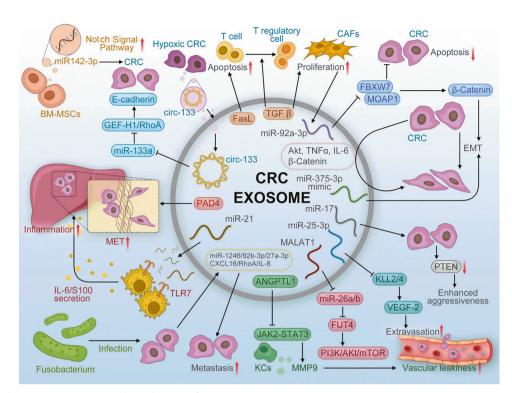


Fig. 2 CRC-derived exosomes content and mechanisms for CRLM

cells (HSCs) play important role in liver metastasis of CRC cells by the action of SDF-1/CXCR4 axis. 79

The emerging roles of exosomes in CRLM

Like chemokine, exosomes also built crosstalk between various cells. Exosomes are lipid bilayer vesicles with a diameter of 30–100 nm. Exosomes are very widespread and are found in almost all body fluids. Cancer patients have more circulating exosomes than non-cancer patients. Exosomes can also mediate colonic epithelial-stromal interactions involved in the regulation of tumor growth and metastatic invasion. Exosomes play a key role in building a supportive microenvironment in the metastatic organs, namely the premetastatic niches (PMNs), which include vascular leakiness, inflammation, and immunosuppression. We review the role of exosomes in CRLM development, and the clinical application of exosomes (Figs. 2 and 3).

CRC-derived exosomes contain various biomolecules such as protein (PAD4, FasL, TGF β , angiopoietin-like protein 1 (ANGPTL1), AKt, tumor necrosis factor- α (TNF- α), β -catenin), RNA (miR-246, miR-21, miR-25-3p, miR-375-3p, miR-92b-3p, miR-27a-3p, miR-17, MALAT1). These biomolecules establish PMNs in liver and induce proliferation, inflammation, EMT, invasion, migration and EMT, thereby promoting CRC metastasis.

The Complicated network of the exosomal interactions among the CRC cells and TAMs promotes metastasis. CRC induces macrophages to M2 macrophages in TME via secreting exosomal miRNA (miR-934, miR-25-3p, miR-130-3p, miR-425-5p and miR-1246). M2 macrophages also promoted CRC EMT and maintained stemness by exosomal miR-21-5p and WNTs. Moreover, CXCR5, IL-10, IL-4 and VEGF were also the medium of communication between CRC cells and TAMs.

The substances in exosomes. The substance in exosomes includes proteins, miRNAs, IncRNAs and mRNAs, which can spread in the circulatory system and play an important role in CRLM. ANGPTL1, a tumor suppressor, was decreased in CRC tissue. Exosomal ANGPTL1 decrease MMP9 production in Kupffer cell by

suppressing the JAK2-STAT3 signaling pathway.⁸⁶ Tumor cells can transfer EMT inducers, such as IL-6, Akt and TNF-α, through exosomes to induce EMT in neighboring tumor cells.⁸⁷

In addition to protein, miRNAs are also a common substance in exosomes. Circulating exosomal miRNA can be used to assist in the diagnosis or prognosis evaluation of CRC patients. Circulating miRNAs are mainly derived from exosomes miRNA.88 Therefore, the analysis of circulating exosomal miRNAs can promote the early metaphase diagnosis rate of CRLM and intervention in the metastatic process. Zeng et al.⁸⁹ found that exosomal miR-25-3p secreted by CRC cells was transferred to vascular endothelial cells and promoted CRC metastasis by targeting Kruppel-like factor 2 and Krüppel-like factor 4 (KLF4) to increase vascular permeability and promote angiogenesis in animal models. The clinical data further showed that miR-25-3p from circulating CRC-derived exosomal miR-25-3p can be used as a biomarker to predict metastasis. Similarly, CRC-derived exosomes packed with miR-21-5p created a liver pro-inflammatory phenotype and liver metastasis of CRC via the miR-21-Toll like receptor 7-IL-6 axis.91 Metastasis-associated miR-106b-3p from serum exosomes targeted deleted in liver cancer-1.⁹¹ Elisabetta et al.⁹² reported that exosomal miR-210 can perhaps be reckoned as an EMT signal promoter which maintain the local cancer-growth milieu and influence the adhesion and migration of CRC cells. Moreover, Matsumura et al.93 showed that six exosomal miRNAs (miR-19a, miR-19b, miR-4437, miR-23a, miR-320a and miR-92a) were related to the liver metastasis. Interestingly, miR-375 mimicThe tumorderived exosome containing miR-375 mimic that could inhibit the EMT process.⁹⁴ According to Fu et al.⁹⁵ the high expression of miR-17-5p and miR-92a-3p were consistent with the tumorigenesis and metastasis of CRC by exploring serum exosomal miRNAs levels of normal controls and CRC patients. Interestingly, exosomal miR-1246/92b-3p/27a-3p derived by fusobacterium nucleatuminfected CRC cells facilitate uninfected cells metastasis. 96 Recently, Zhang et al.⁹⁷ reported the secretion of CRC exosome miR-1255b-5p was decreased under hypoxia, thereby promoting human telomerase reverse transcriptase inhibition to enhance EMT and

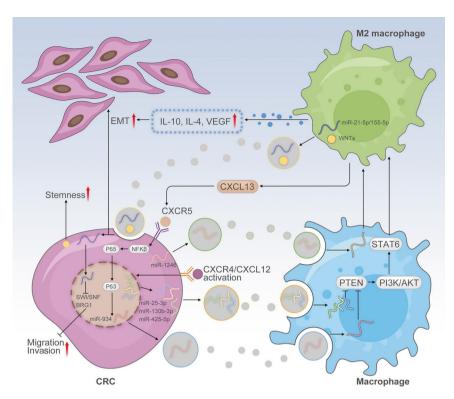


Fig. 3 Schematic illustration the exosomal interaction between CRC cells and TAMs that reveals the molecular mechanism of CRLM

telomerase activity.

Moreover, exosomal miRNAs are secreted by cancer-associated fibroblasts (CAFs), then they are transferred to CRC cells. Mechanistically, miR-92a-3p inhibits mitochondrial apoptosis by activating the Wnt/ β -catenin pathway and inhibiting FBXW7 and MOAP1, thereby enhancing stemness, EMT, metastasis and 5-FU/L-OHP resistance of CRC cells. Reducing exosomal miR-92a-3p may contribute to the prediction and treatment of CRLM. CRC cells can also induce CAF via exosomal tumor growth factor- β (TGF- β). Moreover, exosomes miR-142-3p secreted by bone marrow-derived mesenchymal stem/stromal cells inhibited Numb expression in CRC cells, thereby increasing the population of CSCs. 101

MiRNAs in exosomes isolated from CRLM are different from the profile generated from an orthotopic cecum tumor model and naïve colon tissues because higher levels of tumor suppressor miRNAs are encapsulated in the exosomes in more advanced disease. 102 The level of oncogenic miR-21 was much higher in the primary colon tumor tissue and metastatic colon tumor in the liver than in their exosomes. However, the level of tumor suppressive miR-18a and miR-193a in the exosomes is enhanced. 102 The serum levels of exosomal miR-200c and miR-141 were proved to predict CRC patients with poor prognosis. 103 The monitoring of CRC metastasis was monitored in real time based on miR-139-3p content in the plasma of CRC patients. 104 Similarly, in CRC patients with LM, the serum exosomal miR-122 can serve potentially as both a novel diagnostic and prognostic biomarker. 105 A recent study provides a new concept that miR-25-3p, miR-130b-3p, miR-425-5p, miR-193a, let-7g,miR-106b-3pand miR-934 contained in exosomes could participate in progression and metastasis of CRC. 91,106–108 Thus, all the evidences point out that exosomemediated promotion of tumor progression, and understanding these mechanism-based circulating exosomal miRNAs will reveal new avenues for future diagnosis and treatment.

Furthermore, the exosome-derived IncRNAs could play essential roles in tumorigenesis by regulating the TME. ¹⁰⁹ Exosomal IncRNAs BCAR4 could be potential candidates to detect CRC. ¹¹⁰

Exosomal MALAT1 regulated fucosyltransferase 4 (FUT4) expression by sponging miR-26a/26b to promote CRC progress. ¹¹¹ CRC cells secreted exosome cirC-133 into relatively normoxic CRC cells under hypoxic conditions. Then circ-133 adsorbed miR-133a to target GEF-H1/RhoA, as a result of reducing the distribution of E-cadherin on the membrane. ¹¹² Guo et al. ⁹⁶ reported fusobacterium infection may stimulate CRC cells to generate CXCL16/RhoA/ IL-8 exosomes that are delivered to uninfected cells to promote prometastatic behaviors.

The exosomal interaction between CRC cells and TAMs. There is also a noticeable interaction between CRC cells and TAMs via exosomes. 113 Exosomes secreted by M2 macrophages promoted CRC migration by exosomal transfer of miR-21-5p and miR-155-Mechanistically, these miRNAs mentioned above targeted the core component of the Switch/sucrose non-fermentable complex BRG1. Moreover, M2 macrophages -derived exosomes could induce CRC stem cell activity because of containing WNT. 115 CRC cell-derived exosomal miR-934 induced M2 macrophage polarization via downregulating PTEN expression and activating the PI3K/AKT signaling pathway. 107 Polarized M2 macrophages secreted CXCL13, then activated a CXCL13/CXCR5/NFkB/p65/miR-934 positive feedback loop to induce PMN formation in CRC cells. Exosomal miRNAs miR-25-3p, miR-130b-3p, miR-425-5p secreted by CRC cells via activation of the CXCL12/CXCR4 axis, could be transferred to macrophages which can then target PTEN and shift the macrophage towards M2 phenotype. 106 Additionally, mutant p53 CRC could reprogram macrophages into M2 macrophages by transferring exosomal miR-1246.1

The exosomal interaction between CRC cells and other types of immune cells. CRC-exosomes containing transferring TGF- β can activate TGF- β /Smad signaling and inactivate SAPK signaling which induces phenotypic alteration of T cells to Treg-like cells. ^{117–119} Delivery of Fas-ligand-containing CRC cell exosomes to T cells can induce cell apoptosis. ¹²⁰ Citrullination generated by peptidylarginine deiminase 4 (PAD4) derived from CRC cells as a

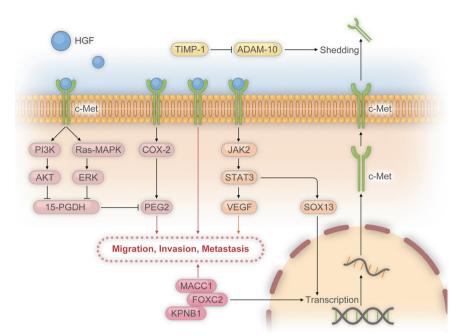


Fig. 4 HGF/c-MET signaling pathways and its role in cellular activity

driver of liver metastases.¹²¹ In another study, it was reported that mutated KRAS is transferred to recipient cells through exosomes and induces increased IL-8 production, recruiting more neutrophils and further aggravating CRC.¹²²

Key molecules and signaling pathway driving liver metastasis Various signaling pathways and factors may be involved in the process of CRLM, including hepatocyte growth factor/c-Met (HGF/c-Met) signaling pathway, phosphatase of regenerating liver (PRL3), Notch pathway, TGFβ signaling, Tyrosine kinase c-MET signaling, tumor-associated calcium signal transducer 2 (Trop-2), L1 cell adhesion molecule (L1CAM), metastasis-related gene 1 (MACC1), S100 family proteins and other pathways. There are multiple intersections between these molecular mechanisms driving CRLM.

HGF/c-Met signaling pathway. HGF/c-Met signaling pathway promotes metastasis of cancer cells by regulating a diverse downstream prometastatic effector molecules, then overactivated phosphatidylinositol-3-kinase (PI3K) and mitogen-activated protein kinase (MAPK) signaling (Fig. 4). 123-125 Met, a receptor of hepatocyte growth factor (HGF), has a positive correlation with tumor stages of CRC liver metastasis. High expression of circulating HGF and aberrant activity of cMet were detected in patients with CRC. 126 Inhibition of HGF/C-MET signaling pathway could decrease the proliferation and invasion of CRLM.¹²⁷ By assessing the patient tissue samples, Yao et al.¹²⁸ reported higher levels of c-Met expression (mRNA and protein) in CRLM than primary CRC by assessing the patient tissue samples. HGF/c-Met could regulate urokinase plasminogen activator (uPA) and uPAR in vitro CRC migration and invasion models. 129 Ectopic TIMP1 expression provoked prometastatic microenvironment in the liver by inducing the HGF/c-Met signaling as well as uPA expression. 130,131 Inhibition of ADAM-10 was in principle able to prevent shedding of c-Met, which may be one explanation for the increase of cell-associated c-Met in livers with elevated TIMP-1. 130 Indeed, in livers of uPA-ablated mice upregulated TIMP-1 expression did not trigger HGF/c-Met signaling. 131 Moreover, elevated levels of TIMP-1 in the TME could induce metastasis by enhancing HIF-1αdependent HGF-signaling. 132

In addition, SOX13 is induced by HGF through JAK2/ STAT3 signaling and then upregulated SOX13 transactivates the

expression of c-MET by directly binding to its promoters, which contributes to c-MET overexpression in CRC. 133 This feedback loop induces SOX13-mediated CRC migration, invasion, and metastasis. Similar to SOX13, Forkhead box protein C2 (FOXC2) was directly associated with c-MET promoter to increase the transcriptional activity of MET.¹³⁴ Blocking KPNB1 (a novel gene) expression showed a significant inhibitory role in metastasis both in vitro and in vivo through interacting with MET proto-oncogene. COX-2/PGE (2) pathway as an important mediator of HGF/Met signaling is closely associated with the survival, proliferation and invasion of CRC cells. 135 HGF/Met signaling is an important regulator of the COX-2/PGE 2 pathway in CRC cells, stimulating PGE 2 synthesis via COX-2 upregulation and inhibiting PGE 2 degradation via Ras-MAPK/ERK while PI3K/AKT signaling mediate HGF-driven 15-PGDH downregulation. 136 In fact, IL-6/IL-6R, HGF/c-Met, STAT3, VEGF cytokinetic pathway is a major mechanism of the pro-oncogenic effect induced by hepatic RFA.¹³

The association between C-Met and CRC was even stronger due to c-MET being identified as a transcriptional target of colon cancer MACC1. MACC1 promotes proliferation, invasion, and HGF-induced scattering of CRC cells in cell culture and tumor growth and metastasis in mouse models. In advanced metastatic CRC patients, MACC1 and c-Met were both upregulated. MACC1, a new detectable biomarker in cancer, is also an independent prognostic factor for the recurrence after liver resection of CRC metastasis. 139

HGF/c-Met signaling promoted metastasis of cancer cells by regulating a diverse downstream prometastatic effector molecules, via Ras-MAPK/ERK, PI3K/AKT signaling, JAK2/STAT3 signaling. MACC1, KPNB1 and FOXC2 could transactivate the expression of c-MET.

CRLM and PRL3. PRL3 has received widespread attention as a potential cause for metastasis (Fig. 5).¹⁴⁰ Since PRL3 transcripts are overexpressed in CRC metastases found in the liver, and PRL3 expression cannot be detected in non-metastatic primary tumors and normal colorectal epithelium. PRL3-induced enhancement of EMT dependent on EGFR activation and PRL3 promoted cell invasion and upregulated MMPS by activating AKT in vitro and in vivo. ^{141–144} The levels of PRL-3 mRNA expression can be used as biomarkers for increased risk of liver metastasis. ¹⁴⁵ The PRL-3

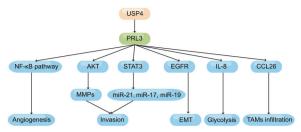


Fig. 5 The roles of PRL3 in cellular activity

expression did not represent a direct causative mechanism of liver metastasis, but modulated multiple signaling pathways, including PI3K/AKT and MAPK/ERK in various cancer cells. It was reported liver metastasis by PRL-3 is mediated through lymph node metastasis and elevated tumor markers (CEA and CA19-9) in the serum. 146 Overexpression of PRL-3 can also promote the proliferation and invasiveness of CRC cells, mainly by activating STAT3 to increase the expression of miR-17, miR-19a and miR-21.147 There is evidence that ubiquitin-specific protease 4 drives CRC invasion and metastasis via binding with and deubiquitinating PRL-3 to stabilize PRL-3. 148 Moreover, PRL-3 improved IL-8 secretion in CRC cells and mediated enhancement of glycolysis, which in turn contributed to the promotion of cancer metastasis. ¹⁴⁹ PRL-3 also promoted CRC invasion and metastasis by upregulating chemokine ligand 26 (CCL26) to induce cancer metastasis. 150 Recently, it was shown that PRL-3 promoted cell metastasis via activating MAPK pathways in TAMs to initiate EMT, and the NF-kB pathway activated by PRL-3 contributed to angiogenesis in CRC cells.15

PRL3 promoted metastasis of cancer cells by regulating a diverse downstream prometastatic effector molecule, via NF-κB pathway, AKT, STAT3, EGFR, IL-8 and CCL26.

CRLM and Notch pathway. Furthermore, there are other signaling pathways that are related to CRLM. The Notch pathway plays a positive role in CRLM and inhibition of Notch signaling interferes with CRLM.¹²² The human Notch system includes four Notch receptors (Notch1-4) and five Notch ligands (Jagged1-2, DLL1, DLL3, DLL4).¹⁵² Activation of the Notch pathway is related to the poor prognosis of CRC. Notch1 gene copy number amplification may indicate a decrease in patient survival.¹⁵³ The positive expression of Notch3 protein is an unfavorable prognostic factor of disease-free survival (DFS) and overall survival (OS).¹⁵⁴ However, the functions of notch2 and notch4 are opposite to them, their overexpression can block the proliferation, invasion or migration of cancer cells.^{155,156} Meanwhile, multiple Notch signaling pathway related mechanisms play a significant role in metastatic CRC (Fig. 6)

The enhanced aggressiveness of colorectal tumors caused by Notch signal activation may be related to EMT. Retroviruses are used to construct colorectal tumor cells that can stably express Notch-1 intracellular domain (NICD-1) in the cytoplasm, and the Notch ligand Jagged-1 and CD44, Slug, Smad-3 and other EMTrelated proteins are found to be upregulated in these CRC cells.¹⁵⁷ Further treatment of the cells with y-secretase inhibitor DAPT can effectively inhibit this process. Interestingly, NICD-1 produced by retroviruses is not affected by DAPT, which suggests that this may be caused by a more complicated mechanism-after the activated Notch1 receptor releases NICD, the expression of the ligand Jagged1 is upregulated. Animal experiments have shown that when Notch/TGF-β2 signaling is inhibited, it is accompanied by a decrease in neutrophils in the target organs of metastasis, as well as the gradual accumulation of CD3+, CD4+ and CD8+ T cells, resulting in a significant reduction in metastasis. 158 In addition, in the EMT-related literature of other types of cancer, it has also been reported that hey-1, an important downstream target gene of the Notch signaling pathway, can regulate the TGF- β /Smad signaling pathway, and the TGF- β -dependent signaling pathway is closely related to the induction of EMT phenotypes. This indicates that the crosstalk of these two signaling pathways may play a more essential role in the process of colorectal tumor metastasis.

Song et al. 160 confirmed that autocrine motor factor receptor (AMFR) and notch1 are the direct target genes of miR-139-5p in colorectal tumors, upregulation of miR-139-5p promotes the expression of AMFR and NOTCH1 to enhance the migration and metastasis of CRC. In addition, knockdown of Notch ligand Jagged1 can lead to a decrease in Notch signal transduction activity of CRC cells, thereby reducing the migration of CRC cells. Moreover, in Jagged1 silenced nude mouse xenograft tumors, tumor metastasis markers MMP-2 and MM-9 are also significantly downregulated.¹⁶¹ Ligand DLL4 can upregulate MUSASHI-1 (MSI-1) through a Notch3-mediated mechanism, while MSI-1 inhibits the translation of Notch signaling negative regulator NUMB, and then reduces the degradation of NICD in tumor cells, and promotes the activation of Notch signaling pathway.¹ addition, Amino-terminal Enhancer of Split (AES) can inhibit the metastasis of colorectal tumors by lowering Notch signal. 163 In the past, there was little knowledge about the regulation of AES expression. The latest research found that it may be affected by the human Casein kinase $1\delta/\epsilon$ (CK1 δ/ϵ), meanwhile CK1 δ/ϵ is closely related to Wnt signal and Hedgehog signal in the occurrence and development of CRC.

Ectopic expression of tRNA-derived fragments (tRF)/miR-1280 reduced cell proliferation and metastasis by directly inhibiting the Notch signaling via targeting JAG2, leading to the decreased activity of Notch pathway components and Notch signaling.¹⁶⁵ Moreover, the intensity of Notch1 expression was related to depth of invasion, tumor node metastasis (TNM) staging and lymph node metastasis of CRC.¹⁶⁶ Inhibition of tumor-derived Tumor-Derived Laminin α5 (LAMA5) activated the Notch pathway in tumor endothelial cells, thereby reducing branching angiogenesis.¹⁶⁷

MSI-1, MUSASHI-1; CK1 δ/ϵ , Casein kinase 1 δ/ϵ ; NICD, Notch intracellular domain; EMT, epithelial-to-mesenchymal transition.

CRLM and TGFβ signaling. The TGF-β superfamily signaling contains more than 30 members, among which the more important ones are TGF-β, Activins, Nodal, Bone Morphogenetic Proteins, etc. 168 In mice with progressive liver metastatic disease, blockade of TGFβ signaling rendered tumors susceptible to anti-programmed cell death 1 (PD1) therapy. 169 TGF-β1 could also downregulate the E-cadherin expression and increase the Vimentin expression, inducing EMT to promote the invasion and migration of CRC. 170 Moreover, CRC-derived CXCR4 activated HSCs to release SDF-1, resulting in TGF-β1 secretion in CRC cells to promote liver metastasis of CRC. 171 Therefore, TGF-β1 signaling blockage may be an effective clinical strategy for CRLM.

TGF- β plays a dual role in the tumorigenesis process as illustrated in Fig. 7. In the early stage of tumorigenesis, TGF- β plays a role in inhibiting tumors. However, in the later stages, TGF- β can promote EMT and is closely related to tumor invasion and metastasis. Tellow In CRC, CMS4 type has a higher degree of TGF- β activation. Studies have shown that TGF- β 1 can promote the occurrence of EMT by activating a variety of transcriptional regulators including SNAI1/2, Twist and ZEB1/2, etc. In Increased expression of TGF- β 1 can increase the metastasis of CRC cells, leading to the secretion of IL-11 by CAFs to trigger the STAT3 signaling pathway.

Equally important, SMAD4 is also an essential molecule in the TGF- β signaling pathway. It has been reported that up to 62% of CRC patients with liver metastases have SMDA4 downregulation 176 , and the loss of SMAD4 has been shown to cause abnormal activation of STAT3 in pancreatic cancer cells, which then makes the expression of E-cadherin decrease, N-cadherin and vimentin increase, leading to the occurrence of EMT. 177 By constructing

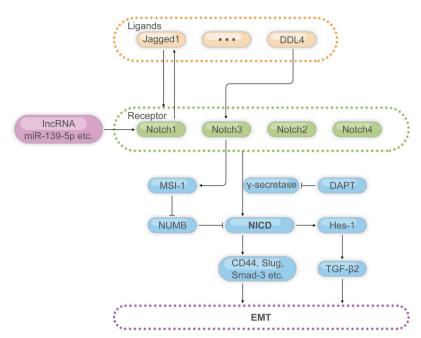


Fig. 6 Schematic illustration of Notch pathway regulatory mechanisms

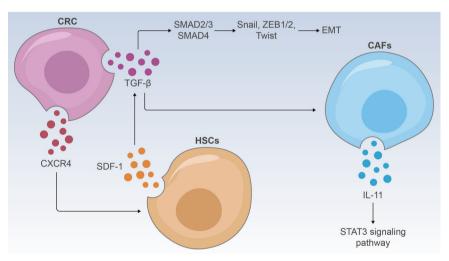


Fig. 7 Schematic illustration of TGF-β pathway regulatory mechanisms

gene-virus CD55-Smad4 and overexpressing SMAD4, Xiao et al. confirmed that the metastasis and tumor cell stemness of CRC cells can be effectively inhibited by activating the Wnt/ β -catenin signaling pathway. ¹⁷⁸ In addition, there are a significant amount of studies confirming that some ncRNAs, affect the invasion and metastasis of CRC by regulating the TGF- β /Smad axis. For instance, LINC00941 promotes CRC metastasis via activation of the TGF- β /SMAD2/3 axis¹⁷⁹, and IncRNA ANRIL promotes CRC metastasis through activating the let-7a/TGF- β 1/Smad Axis. ¹⁸⁰

CXCR4 secreted by CRC cells promoted SDF-1 secretion by HSCs. SDF-1 in turn acted on CRC and promoted its secretion of TGF- β . TGF- β can not only promote the secretion of IL-11 by CAFs to activate the STAT3 signaling pathway, but also further regulated gene transcription through SMAD in CRC cells and promoted the occurrence of EMT.

Other molecular targets and pathways involved in CRLM. L1CAM is a marker and mediator of metastasis initiating cells, which are required for orthotopic carcinoma propagation, liver metastatic colonization and chemoresistance. 181,182 L1CAM is induced after

loss of epithelial integrity, it then promotes tumor growth and metastasis. ¹⁸³ The mechanism that epithelial cells enter into an L1CAM high phenotypic state is epithelial dissociation causes transcriptional downregulation of REST, in turn reducing REST occupancy of an L1CAM intronic enhancer and promoting L1CAM expression. Research and development of L1CAM inhibitory molecules-as a treatment of diffuse residual disease and metastatic disease is of great significance. ¹⁸³ The scattered Lgr5 low and L1CAM high cells in the primary tumor can trigger the distant metastasis of CRC, but will dynamically emerge from the Lgr5 high primary tumor when the epithelial integrity is lost during the self-destructive tumor infiltration process, which is a distant metastatic organ necessary for the survival and re-growth of diffuse cancer cells. Future studies may elucidate the close relationship between wound healing and metastasis.

Akt2 is one of the three subtypes in the Akt family, as it promotes cell movement/invasion. ^{184,185} Akt2 is highly expressed in stage IV CRCs and liver metastases, meanwhile, loss of PTEN and overexpression of Akt2 synergistically promote metastasis. ¹⁸⁶ The inducible loss of Akt2 in CRC cells strongly upregulates metastasis

Suppressor 1 (MTSS1) at the messenger RNA and protein levels. 187 MTSS1 is a new gene regulated by Akt2, where the inhibition of MTSS1 is a key step for Akt2 to promote metastasis in CRC cells. Moreover, Elevated eukaryotic translation initiation factor 4A (EIF4A) in CRC patients was associated with poorer survival rate, poor response to oxaliplatin and more distant metastasis. 188 The EIF4A inhibitor silvestrol and oxaliplatin have a synergistic effect, and the combined use of the two may represent a new treatment strategy for patients with CRLM. The Trop-2 expression is another necessary for tumorigenesis and invasiveness of CRC cells.¹ Interestingly, ZFP57, an embryonic stem cell-specific transcription factor has been shown to promote liver metastasis of CRC. 190 Tang et al.¹⁹¹ found phosphoprotein enriched in astrocytes-15 kDa (PEA15) was highly expressed in CRLM patients compared to nonmetastatic. PEA15 promote CRC proliferation and the abilities of invasion and migration though activating the ERK/MAPK signaling pathway. PEA15 and ZFP57 may be a potential therapy biomarker for CRLM.

There are various epidermal growth factor-like domain protein 6 (MEGF6) in CRC, which induce EMT via transforming growth factor β (TGFβ)/SMAD signaling pathway to promote the transfer of CRC. 192 Through the analysis of expression profile microarray data, it is concluded that apolipoprotein E (ApoE) expression in normal mucosal tissues, primary CRC and CRLM increased sequentially. 193 The overexpression of ApoE is related to the progression of CRC, especially for stage II and simultaneous liver metastases, resulting in a poor prognosis for CRC patients. Moreover, IgG Fc binding protein RNA and protein were significantly downregulated in metastatic lesions, which were associated with the prognosis of CRLM.¹⁹⁴ In addition, two members of the S100 gene family, S100A6 and S100A4, are thought to be involved in the invasion and metastasis of cancer. When cancer cells form a glandular structure again in the center of metastatic nodules, the expression level of \$100A6 decreases. 195,196 Knockdown of \$100A4 restricts metastasis formation in a xenografted mouse model of CRC. Moreover, S100A8, another member of the S100 family is correlated with TIMP-1-induced PMN in liver. 198

A new member of the F-box protein family, FBX8, containing F-box and Sec 7 domain, can ubiquitinate and degrade HIF-1 α such as CDK4 and C-Myc, downregulating their ability for promotion of angiogenesis, cycle progression and cell proliferation, respectively, thus regulating the CRC liver metastasis dormancy. ¹⁹⁹ Moreover, Thrombospondin-1 (THBS1) depletion inhibited migration and invasion of CRC cells through attenuating EMT. ²⁰⁰ Upregulated THBS1 may be significantly correlated with CRLM, which requires further study.

Hypermethylated B4GALT1 was detected in the mCRC case group and had adverse prognostic effects on CRC. 201 Glyco-genes B4GALT1 may act as an additional novel biomarker for CRLM. Moreover, Ferritin Light Chain (FTL) as an oncogene leads to CRC cell resistance against 5-FU treatment and promoted CRC metastasis by competing with lncRNA Linc00467 for miR-133b binding site. 202 The expression of defensin β 4 A (DEFB4A) was significantly upregulated and experimentally proved that DEFB4A gene knockdown proved that DEF4BA promoted cell migration. 203 Sialyltransferase ST6GAL1 can increase the stability of ICAM-1 through sialylation, thereby inhibiting the transfer characteristics of CRC. 204

Under hypoxic conditions, loss of the tumor suppressor p53 (encoded by TP53) provides cancer cells with a selective advantage, hypoxia which causes resistance to therapy and promotes metastasis in CRC.^{205,206} Recently, Li et al. reported the hypoxia inducible factor 1 alpha subunit (HIF1A) directly repressed the miRNA-34a in p53-defective CRC cells under hypoxia.²⁰⁷ Conversely, p53 increases expression of miRNA-34a in CRC cells without hypoxia. Inhibition of Protein phosphatase 1 regulatory inhibitor subunit 11 (PPP1R11) by miRNA-34a prevented activation of STAT3 and inhibited the hypoxia-induced EMT and metastasis.

Similarly, upregulated PPP1R11 was associated with TP53 mutations and metastasis to the liver. Targeting this pathway may represent a therapeutic opportunity for managing metastatic disease. The NF-κB/p65 signaling pathway has a critical role in the mediation of GNA13 in CRC which was indicated by a decrease in GNA13-induced migration, invasion, and in addition, CXCL chemokine level increases after the inhibition of NF-κB/p65 signaling pathway with an inhibitor. The novel quinazoline derivative MJ-56 interfered with the NF-κB signaling via impairing PI3K/AKT activation and subsequently reduced the NF-κB-mediated transcription of MMPs.

Chu et al.²⁰⁹ reported that mutant KRAS transcriptionally activates IGF-IR gene expression through Y-box-binding protein (YB)-1 upregulation via a novel MEK-Sp1-DNMT1-miR-137 pathway in CRC cells. Moreover, suppression of the expression of YB-1 and IGF-IR via inhibition of MEK hampers KRAS-driven CRLM in animal model studies. KRAS-driven MEK-Sp1-DNMT1-miR-137-YB-1-IGF-IR signaling pathway, which might provide a mechanistic rationale for the use of a MEK inhibitor as an adjuvant, in combination with standard of care, to prevent the recurrence of CRLM in KRAS mutant CRC patients after receiving liver resection, however, further investigation is needed. Analysis of the TCGA database confirmed the upregulation of retinoblastoma binding protein 4 (RBBP4) in CRC tissues, and the overexpression of RBBP4 is related to nerve infiltration and poor chemotherapy effects.²¹⁰

NcRNAs in CRLM

NcRNAs include long non-coding RNA (IncRNAs), microRNAs (miRNAs) and circular RNAs (circRNAs), which are emerging as the master regulators of cancer. The dysregulated expression NcRNAs have coding-independent functions in the progression of CRLM. In this section, we discuss some IncRNA and their role in CRLM (Tables 2, 3), circRNAs in CRLM (Table 4), miRNAs in the regulation of cascade of CRLM (Table 5).

LncRNAs in CRLM. Recently, Zhang et al.²¹¹ demonstrated that IncRNA LALC recruited DNA methyltransferases (DNMTs) to the LZTS1 promoter by coupling with EZH2 and then modified the expression of LZTS1 through DNMTs-mediated DNA methylation in CRLM. Methyltransferase like 3 behaves as the 'writer' of m6A promoted m6A-methylation of oncogenic IncRNA XIST to inhibit CRC proliferation and invasion.²¹² LncRNA LINC01578 activity was enhanced when nuclear factor kappa B (NF-кВ) and Yin Yang 1 (YY1) were directly bound to the LINC01578 promoter.²¹³ Meanwhile, upregulated LINC01578 interacted with and recruited EZH2 to NFKBIB promoter and further repressed NFKBIB expression, thereby activating NF-kB signaling. LINC01578 and NF-kB/YY1 formed a positive feedback loop, which promoted CRC metastasis. LncRNA HOTAIR suppressed HNF4a via recruiting SNAIL to promote the migration, invasion and EMT of CRC. 214 Intriguingly, a novel IncRNA, ENSG00000274093.1 binds to histone deacetylase

Table 2. LncRNA in 0	CRLM		
LncRNA	Role	Function	Refs.
CLMAT3	Promote	Metastasis	217
SNHG15	Promote	Metastasis	218
TPT1-AS1	Promote	Angiogenesis, metastasis	216
ENSG00000274093.1	Promote	EMT	215
HOTAIR	Promote	Migration, invasion, EMT	214
LALC	Promote	Metastasis	211
LOC441461	Promote	Cell growth and motility	424
SATB2-AS1	Suppress	Cell growth and metastasis	219
MIR22HG	Suppress	Metastasis, EMT	220

LncRNA	Role	Function	Shared miRNA	Competitor mRNA	Refs.
H19	Promote	EMT progression	miR-138, miR-200a	Vimentin, ZEBI, ZEB2	425
TP73-AS1	Promote	Proliferation, migration, and invasion	miR-194	$TGF\alpha$	227
MIR4435-2HG	Promote	Proliferation, metastasis	miR-28-5p	YAP1	224
UICLM	Promote	Metastasis	miR-215	ZEB2	221
RP11-757G1.5	Promote	Proliferation, metastasis	miR-139-5p	YAP1	217
ZEB1-AS1	Promote	Cell growth and metastasis	miR-455-3p	PAK2	230
FARSA-AS1	Promote	Stemness, metastasis	miR-18b-5p, miR-28-5p	SOX9, FARSA	231
HSD17B11-1:1	Promote	Proliferation, mobility, and invasion	miR-338-3p	MACC1	232
SNHG7	Promote	EMT, metastasis	miR-216b	GALNT1	426
SNHG14	Promote	Metastasis	miR-186-5p	EZH2	427
DANCR	Promote	Proliferation, metastasis	miR-577	HSP27	226
MIR4435-2HG	Promote	Proliferation, metastasis	miR-206	YAP1	224
Plncrna-1	Promote	Proliferation, metastasis	miR-204	Wnt/p-catenin	225
MALAT1	Promote	Metastasis	miR-106b-5p	SLAIN2	428
HOTAIR	Promote	Metastasis	miR-214	ST6GAL1	223
GAPLINC	Promote	Migration, invasion	miR-34a	c-MET	229
B3GALT5-AS1	Promote	EMT, metastasis	miR-203	ZEB2, SNAI2	233
LINC00485	Suppress	Cell growth, metastasis	miR-581	EDEM1	429

Table 4. CircRNA ass	ociated wi	th the development of CRLM	
CircRNA	Role	Function	Refs.
Has_circ_0071589	Promote	Cell growth, invasion, and migration	239
hsa_circ_0001178	Promote	Invasion, metastasis	244
circ_0124554	Promote	Metastasis	237
hsa_circ_102049	Promote	Migration, invasion, metastasis	243
Hsa_circ_000984	Promote	Metastasis	238
hsa_circRNA_102209	Promote	Cell growth, metastasis	430
CircRNA_0001178	Promote	Metastasis	244
CircRNA_0000826	Promote	Metastasis	249
Circ-NSD2	Promote	Metastasis	241
circAPLP2	Promote	Proliferation, metastasis	240
CircPPP1R12A	Promote	Proliferation, migration and invasion	235
CircCCDC66	Promote	Cell growth, metastasis	242
CircRNA NSUN2	Promote	Metastasis	236
circ_0115744	Promote	Metastasis	431
CirclTGA7	Suppress	Proliferation, metastasis	247
CircRNA-FNDC3B	Suppress	Metastasis, invasion, and angiogenesis	246
Hsa_circ_0009361	Suppress	Cell growth, metastasis	245

2 (HDAC2) and may act as a modular scaffold for the HDAC1/ HDAC2 and EZH2 complexes, thereby altering EMT in CRC.²¹⁵ LncRNA TPT1-AS1 induces angiogenesis and metastasis in CRC via theTPT1-AS1/NF90/VEGFA axis.²¹⁶ Additional research have shown that the expression level of LncRNA clmat3 and SNHG15 in CRC with liver metastasis was significantly higher than in those CRC without liver metastasis.^{217,218} Conversely, some lncRNAs play a role of tumor inhibition, for example, low expressed lncRNA SATB2-AS1 inhibited cell metastasis and regulated the immune response of CRC by *cis*-activating SATB2.²¹⁹ Moreover, lncRNA MIR22HG, as a tumor suppressor in CRC, competitively interacted with SMAD2 and modulated the activity of TGFβ pathway, thereby

inhibited cell survival and tumor metastasis in vitro and in vivo.²²⁰ LncRNA UICLM acted as a ceRNA for miR-215 to regulate ZEB2 expression, then induced CRC liver metastasis, which may offer a novel prognostic marker and therapeutic target for this disease.²²¹ LncRNA GAPLINC, HOTAIR, RP11-757G1.5, LINC00460, MIR4435-2HG, PlncRNA-1, DANCR and TP73-AS1 were proven to be positively associated with the proliferation and liver metastasis of CRC through the GAPLINC/miR-34a/c-MET axis, HOTAIR/miR-214/ST6GAL1 axis, RP11-757G1.5/miR-139-5p/YAP1 LINC00460/miR-613/sphingosine kinase 1 (SphK1) axis and MIR4435-2HG/miR-206/YAP1 PIncRNA-1/miR-204/Wnt/ axis, β-catenin regulatory network, DANCR/miR-577/HSP27 signaling axis and TP73-AS1/miR-194/TGFasignaling axis, respectively.² Furthermore, IncRNA ZEB1-AS1 acted as ceRNA to upregulate p21activated kinases 2 (PAK2) by sponging miR-455-3p, thus facilitating colon adenocarcinoma cell growth and metastasis.²³⁰ Zhou et al.²³¹ reported that SRY-box transcription factor 9 (SOX9) activated the transcription of IncRNA FARSA-AS1. FARSA-AS1 upregulated SOX9 and FARSA via binding to miR-18b-5p directly. Overall, SOX9-FARSA-AS1-SOX9/FARSA loop participated in cell growth, stemness, and metastasis in CRC. In addition, IncRNA HSD17B11-1:1 acted as a sponge for miR-338-3p to upregulate the expression of MACC1 to promote CRC cell proliferation, mobility and invasion in vitro and in vivo.²³² B3GALT5-AS1, is an antisense IncRNA, located in Chr21q22.2, which was first reported in Wang et al. study.²³³ They found B3GALT5-AS1 was decreased in CRC contrast to normal colonic epithelium. B3GALT5-AS1 directly bound to the promoter of miR-203, repressed miR-203 expression, upregulated miR-203 targets ZEB2 and SNAI2, and induced EMT, suggesting that downregulated B3GALT5-AS1 is a biomarker of CRC metastasis and, more importantly, activating B3GALT5-AS1/ miR-203/EMT axis may be a potential therapeutic strategy for CRLM.²³³ Recently, B3GALT5-AS1 has been reported to be related to TNM stage and histological differentiation.²³⁴ There are also other IncRNA that regulated CRLM through ceRNA mode, for example MALAT1, SNHG14, SNHG7, H19, and LINC00485. Taken together, these IncRNA could be a therapeutic target and promising biomarkers for prognosis prediction of CRLM.

CircRNAs in CRLM. NSUN2 is a circRNA recently identified upregulated in CRLM and N6-methyladenosine modification of

MiRNA	Role	Function	Molecular target	Refs.
MiR-15b	Promote	Invasion, metastasis	MTSS1, Klotho	274
MiR-30b	Promote	EMT, metastasis	SIX1	255
MiR-19	Promote	Invasion, metastasis	TG2, STAT3	147,268
MiR-17	Promote	Metastasis	STAT3	147
MiR-21	Promote	Invasion, intravasation, metastasis	STAT3, Pdcd4	147
MiR-103/107	Promote	Colonization, metastasis	DAPK, KLF4	302
MiR-181a	Promote	EMT	WIF-1	254
MiR-885-5p	Promote	Migration, invasion	Cpeb 2	277
MiR-20a-5p	Promote	Invasion, metastasis	Smade	272
MiR-429	Promote	Apoptosis	SOX2	253
MiR-298	Promote	Invasion	PTEN	273
Let-7	Promote	EMT, metastasis	HMGA2	263
MiR-21	Promote	Migration, invasion	Pdcd4	269
MiR-497	Promote	Metastasis	Fra-1, VEGF-A	281
MiR-10b	Promote	EMT, metastasis	KLF4	266
MiR-10a	Suppress	EMT, metastasis	MMPI4, ACTG1	265
MiR-200	Suppress	EMT	ZEB1/2, ETS1, FLT1	252
MiR-212	Suppress	EMT, metastasis	MnSOD	257
MiR-30a	Suppress	EMT	TM4SF1, VEGF, E-cadherin	256
MiR-31	Suppress	Metastasis	E-selectin	301
MiR-26a	Suppress	Metastasis	FUT4	289
MiR-26b	Suppress	Invasion, metastasis	FUT4	289
MiR-551a	Suppress	Colonization, metastasis	_	303
MiR-483	Suppress	Colonization, metastasis	_	303
MiR-195	Suppress	Angiogenesis	VEGF	432
MiR-99b-5p	Suppress	Migration	mTOR	285
MiR-29	Suppress	Migration, invasion	MMP2	433
MiR-214	Suppress	Migration, invasion	FGFR1	287
MiR-30e-5p	Suppress	Proliferation, metastasis	ITGA6, ITGB1	290
MiR-196b-5p	Suppress	Migration, invasion	HOXB7, GALNT5	292
MiR-34a	Suppress	Migration, invasion, EMT	IL-6R	56
MiR-365a-3p	Suppress	Migration, invasion, EMT	ADAM10	295
MiR-487b	Suppress	Metastasis	LRP6	296
MiR-186-5p	Suppress	EMT	ZEBI	259
MiR-15a/16-1	Suppress	EMT	AP4	262
MiR-132	Suppress	Invasion	ANO1	298
MiR-17-5p	Suppress	EMT	vimentin	260
MiR-146a	Suppress	Metastasis	c-Met	299
MiR-143-3p	Suppress	Metastasis	ITGA6 and ASAP3	297
MiR-328-3p	Suppress	Metastasis	Girdin	294

circRNA among which circRNA circPPP1R12A activated the Hippo-YAP signaling pathway to promote the growth and metastasis of CRC²³⁵. NSUN2 was more likely to enter the cytoplasm, then in the cytoplasm increased the stability of HMGA2 mRNA to induce CRC metastasis progression.²³⁶ Equally noteworthy, circRNA circ_0124554 inhibited the ubiquitination of AKT to promote the early metastasis particularly for the lymph node-negative CRC patients with synchronous liver metastasis.²³⁷

CircRNAs serve as a sponge to protect multiple oncogenes from being attacked by miRNAs and among these, global exaltation of circ_0115744 circRNAs circAPLP2, hsa_circ_000984, hsa_circ_0071589 and hsa_circRNA_102209 acted as ceRNA to enhance tumor metastasis via circ_0115744/miR-144/EZH2 axis, circAPLP2/miR-101-3p/Notch1 axis, hsa_circ_000984/miR-106b/

CDK6 axis, hsa_circ_0071589/miR-600/EZH2 axis and hsa_circRNA_102209/miR-761/RIN1 axis, respectively. Similarly, circRNA NSD2 promoted metastasis of CRC by sponging miR-199b-5p, which could increase the expression of DDR1 and activate JAG1 signaling. More interestingly, one circRNA contains various binding sites for different miRNAs reveals the complex role of circRNA in cancer malignancy. CircRNA CCDC66 functions as miRNA sponge to reduce the destruction of MYC mRNA by miRNA-33b and miR-93. In addition, Zhi et al. also identified a novel and conserved circRNA hsa_circ_102049 as a promoter of CRC metastasis. Mechanistically, hsa_circ_102049 acted as a sponge of the tumor suppressor miR-761 and miR-192-3p and modified the subcellular localization of the RNA binding protein DGCR8, then regulated the levels of the FRAS1, which

synergistically enhanced the adhesion, migration, and invasion abilities of CRC cells. Interestingly, hsa_circ_0001178 sponging miR-382, miR-587 and miR-616 to upregulate ZEB1, which in turn increase hsa_circ_0001178 expression via physically binding to hsa_circ_0001178 promoter region, thereby based on this positive feedback ceRNA axis, consequently facilitated the invasion and metastasis of CRC.²⁴⁴

circRNAs also play an inhibition role of CRLM, for example, circRNA Hsa_circ_0009361 acted as an inhibitor for miR-582 and suppressed the CRC cell metastasis. Similarly, circRNA-FNDC3B negatively and directly regulated miR-937-5p to promote the expression level of the tumor-suppressor TIMP3, thereby blocking the metastasis, invasion and angiogenesis of CRC. In addition, circITGA7 inhibited the Ras signaling pathway and promoted the transcription of ITGA7, thereby suppressed the proliferation and metastasis of CRC cells. In addition, circITGA7 inhibited the Ras signaling pathway and promoted the transcription of ITGA7, thereby suppressed the proliferation and metastasis of CRC cells.

In the latest studies, circRNA_0001178, circRNA_0000826 and circRNA hsa_circ_0000826 induced by the hypoxia in CRC were dramatically upregulated in CRLM tissues, which can be a potential biomarker of CRC liver metastasis. All Validation studies of specific molecular mechanisms are needed to identify optimal miRNAs and marker panels that can be used in clinical care.

MiRNAs in CRLM. Recent studies have shown that miRNAs were involved in the context of EMT in CRC. It has been reported that miR-200 family (miR-200a, miR-200b, miR-200c, miR-141, and miR-429) are recognized as regulators of the epithelial phenotype through repression of ZEB1 and ZEB2 mRNA translation^{250–252} The miR-200c levels in primary CRC without liver metastasis is lower than the metastasis with primary tumor tissues, which highlight a crucial role for miR-200c in CRC metastasis.²⁵¹ The overexpression of miR-429 could play an oncogenic role in the cellular processes of CRC by targeting SOX2.²⁵³

Additionally, miR-181a and miR-30b were highly expressed in CRLM by promoting EMT through inhibiting Wnt inhibitory factor-1 (WIF-1) and inhibiting the SIX1 gene, respectively.^{254,2} over, miR-30a is an important regulator of transmembrane-4-L-sixfamily protein (TM4SF1), VEGF, and E-cadherin for CRC cell motility Manganese superoxide dismutase (MnSOD) was required for downregulation of epithelial markers and upregulation of mesenchymal markers in CRC cells, indicating that it promoted the EMT, which was reduced by overexpression of miR-Methylated miR-34c-5p significantly suppressed the metastasis of CRC cells via directly modulating the SATB2.²⁵⁸ Recently, the cytokine IL-6 was found to activate the oncogenic STAT3 transcription factor, which directly repressed the MIR34A gene, while miR-34a directly regulated IL-6R. As a result, the IL-6R/ STAT3/miR-34a loop promoted CRC invasion and metastasis.56 MiR-186-5p affected metastasis and EMT process of CRC cell by inhibition of ZEB1, while miR-17-5p regulated EMT by targeting vimentin.²

Furthermore miR-34a/SNAIL loop and miR-200/ZEB1/2 loops, miR-15a/16-1/AP4 feedback loop is also found in primary CRC. The tumor-suppressive miR-15a and miR-16-1, which targeted AP4 3′-UTR, and inhibited CRC cell migration and invasion. ^{261,262} Overexpression of miRNA let-7 promoted EMT via targeting HMGA2 ²⁶³, while Lin28 could inhibit let-7 in conjunction with OCT4, SOX2, and KLF4. ²⁶⁴ MiR-10a suppressed CRC metastasis by regulating the EMT via targeting matrix metalloproteinase 14 and actin gamma 1 (ACTG1). ²⁶⁵ Unlike miR-10a, upregulated miR-10b in metastatic CRC tissues and cell lines inhibited E-cadherin expression and enhanced cyclin D1, which were partly abrogated after targeting KLF4. ²⁶⁶

The expression of miR-21 was higher in tumor tissue than in adjacent normal tissue of 156 CRC patients by TaqMan MicroRNA assays. ²⁶⁷ It is reported that transglutaminase 2 (TG2) expression was observed in CRC primary tumors but lost in liver metastases

and TG2 inhibited by miR-19 could affect the invasive ability of CRC cells. ²⁶⁸ Moreover, Zhang et al. ¹⁴⁷ demonstrated that the overexpression of PRL-3 in CRC cells induced the expression of miR-21, miR-17 and miR-19a by activating signal transducer and STAT3. A positive correlation was observed between PRL-3 and these miRNAs in matched primary colon cancer tissues and metastatic lesions. ¹⁴⁷ MiR-21 could significantly reduce Pdcd4-protein amounts and increased invasion. ²⁶⁹ Additionally, Feiersinger et al. ²⁷⁰ have identified that the expression of miR-21 was significantly lower in liver metastases as compared to the primary CRC. The overexpression of miR-200 and miR-141 inhibited apoptosis and induced migration. ²⁷¹ These indicated that miR-21 might be involved in the initiation and miR-200 and miR-141 exacerbated liver metastasis of CRC.

Interestingly, highly expressed miRNA-20a-5p and miR-298 were positively correlated with CRLM by suppressing drosophila mothers against decapentaplegic protein4 (smad4) expression and targeting PTEN, respectively. highlighten of miR-15b significantly decreased colony formation ability, invasion, and migration of HCT116 cells in vitro and liver metastasis of HCT116 tumors in vivo via increasing metastasis suppressor-1 (MTSS1) and Klotho protein expression. Nerve Upregulation of miR-885-5p had strong tumor-promoting effects through by targeting cytoplasmic polyadenylation element binding protein 2 (cpeb2), von Willebrand factor and insulin-like growth factor binding protein 5, and its potential role in promoting cell migration, invasion and liver metastasis. Nerve Strong tumor burden and the steady state of microsatellites, and can enhance CRC metastasis in vitro and in vivo.

For long, it was known that the patients with CRC have demonstrated a significant evaluated expression of serum miR-497. In the mouse model, Qiu et al. 280 found that a combination of miR-497 and bufalin had a synergistic effect on the inhibition of CRC metastasis. They also found that miR-497 targeted the expression of vascular endothelial growth factor-A (VEGF-A). Notably, miR-497 exerted its oncogenic function by targeting fosrelated antigen-1 (Fra-1). Recently, AGAP2-AS1 regulated fibroblast growth factor receptor 1 (FGFR1) expression by sponging miR-497 in the migration and invasion of CRC cells. 283

However, liver metastasis cells of CRC also downregulate the expression of miR-133a, miR-17-5p, miR-99b-5p, miR-214, miR-26, miR-30e-5p and miR-328-3p that suppress cell migration and invasion. MiR-133a, as a tumor suppressor, inhibited cell proliferation, invasion, and migration by targeting oncogenic EIF4A1.² MiR-99b-5p was differently expressed in primary CRC and liver metastasis and functioned as a tumor-suppressive miRNA to affect cell migration by targeting mTOR in metastatic CRC.²⁸⁵ In an orthotopic mouse model of CRC, Ding et al.²⁸⁶ found that APOBEC3G enhanced CRC cell migration and invasion via inhibition of miR-29-mediated suppression of MMP2. Downregulation of miR-214 promoted proliferation, migration, and invasion in CRC cell lines via increasing level of FGFR1, which can lead to the occurrence of liver metastasis. 287,288 Li et al.2 reported that tumor-suppressive miR-26a and miR-26b inhibited the target gene FUT4 expression, resulting in migratory behavior of CRC. Laudato et al.²⁹⁰ found that miR-30e-5p was a novel effector of P53-induced suppression of migration, invasion, and metastasis by directly targeting both integrin alpha-6 (ITGA6) and integrin beta-1 (ITGB1). In addition, miR-30b-5p functioned as a metastasis suppressor by targeting Rap1b, a Ras family small GTPase that regulates cell adhesion and mobility.²¹

A recent study has shown that low miR-196b-5p expression is significantly associated with metastases and poor outcomes, further proving that miR-196b-5p inhibition led to significantly increased CRC cell migration/invasion and metastases formation in mice via the interaction with HOXB7 and GALNT5. ²⁹² A contemporary study by Luo et al. has demonstrated that miR-432-5p functions as a tumor suppressor to inhibit cell migration

and invasion by negatively regulating CXCL5 expression.²⁹³ Interestingly, miR-328-3p may inhibit proliferation and metastasis of CRC cells via suppressing Girdin expression and associated PI3K/Akt signaling pathway²⁹⁴ MiR-365a-3p to inhibit the metastasis of CRC cells by negatively regulating ADAM10 and inactivating the JAK/STAT signaling pathway.²⁹⁵ Moreover, miR-487b directly targeted LRP6, a receptor for WNT/β-catenin signaling to inhibit liver metastasis.²⁹⁶ MiR-143-3p, miR-132 and miR-146a significantly abolished the development of liver metastases by directly targeting ITGA6/ASAP3, anoctamin 1 (ANO1) and c-Met, respectively.^{297–299} In addition to control the intravasation, miRNAs also targeted genes; for example, miR-21 regulated Pdcd4 which induced intravasation and metastasis. 269 A positive significant correlation between expression of miR-126 and epidermal growth factor-like domain 7 (EGFL7) were seen in liver metastases, which supported miR-126 may act as a regulator in angiogenesis and intravasation process.³⁰ Further experiments are needed to explore more detailed forms of connection between miR-126 and EGFL7. Low expression of miR-26b was significantly associated with the invasiveness and metastasis of CRC cells. Hansen et al.³⁰¹ reported that miR-31-mediated repression of E-selectin impaired the metastatic potential of CRC cells.

One study showed that miR-103/107 potentiated the colonization of CRC cells at a metastatic site by targeting the known metastasis suppressors death-associated protein kinase (DAPK) and KLF4 in CRC cells.³⁰² Similarly, in mice models of CRC, the overexpression of miR-103/107 enhanced local invasion and liver metastasis effects. Another report revealed that miR-483 and miR-551a inhibited liver colonization and metastasis.³⁰³ Metastatic foci in new organs promote angiogenesis due to increased demand for oxygen and nutrients. Therefore, angiogenesis has become a necessary condition for the survival of metastatic foci.

Cancer stem cells (CSCs) in the progression to CRLM CSCs as seed cells for tumorigenesis can initiate and sustain the growth of tumors. CSCs can be identified by specific markers, including CD133, LGR5,CD44, ALDH1, CD24, CD166, CD29, CD26, and CD51. 304,305 CRC-CSCs can increase the ability of distant metastasis and colonization. 306,307 It is thus possible that targeting CSCs may have widespread clinical implications.³⁰⁸ Among the epithelial cells that form the surface of the intestine, crypt-based columnar cells (Lgr5+ cells) expressing the receptor protein Lgr5 function as stem cells during the maintenance of intestinal homeostasis, and they are also the starting cells for CRC.³⁰⁹ The intestinal epithelium has significant self-renewal ability, and the rapidly proliferating Lgr5+ cells are usually responsible for the daily production of all types of intestinal epithelial cells.³⁰⁹ Lgr5cells can drive wound healing by first transdifferentiating into a stem-like Lgr5+ state. 310 The selective elimination of LGR5+ cells leads to temporary tumor regression, and other cells exhibit compensatory proliferation, then the reappearance of LGR5+CSCs drives tumor regeneration.³¹¹ It has been demonstrated that selective Lgr5+ cell ablation restricts primary CRC growth, but does not result in tumor regression, because proliferative Lgr5cells could continuously attempt to replenish the Lgr5+ CSCs pool, leading to rapid re-initiation of tumor growth upon treatment cessation.³¹² Moreover, Fumagalli et al. provided direct evidence most disseminated CRC cells in circulation were Lgr5and formed liver metastases in which Lgr5+ CSCs appeared.313 Cell state plasticity is very important to promote CRC metastasis. The signaling pathways responsible for the reproduction of Lgr5+ cells may yield exciting new strategies for treating CRLM. Wang et al.³¹⁴ reported prostaglandin E2 induced CSCs and enhanced liver metastasis by activating NF-kB via EP4-MAPK and EP4-PI3K-

DNA methylation is considered to be a potential epigenetic mechanism to maintain CSCs, and the loss of DNMT can reduce

the occurrence of tumors by limiting the CSC pool. ³¹⁵ Li et al. ³¹⁶ found that the DNMT inhibitor 5-Aza-2'-deoxycytidine (5-AzaDC) significantly reduced the abundance of colorectal CSC in vitro and inhibited the growth of liver metastatic tumors in vivo. They also found that 5-AzaDC inhibits the expression of active β -catenin and downregulates the Wnt signaling pathway. A new study points out the mechanism exerted by methylation on endothelin system genes expression can be compromised in CRLM. ³¹⁷ Notably, CSCs are critical for the formation and maintenance of liver metastasis. Together, our data highlights distinct CSC dependencies for primary versus metastatic tumor growth and suggest that targeting CSCs may be one direction of treatment for CRLM.

Role of circulating tumor cells (CTCs) in CRLM

Patient-derived CTCs has been shown to bear all the functional attributes of CSCs. 318 The markers expressed by CTCs are similar to the cancer niche, which are conducive to liver metastasis.³ CD133+CD44 + CD54 + cellular subpopulation of CTCs has a prognostic value in CRLM, especially in the survival of CRLM who did not receive surgical treatment for metastasis.³²¹ Patientderived CTCs lines are tumorigenic in subcutaneous xenografts and are also able to colonize the liver after intrasplenic injection.³¹⁸ Drug test by in vitro culture of CTCs may facilitate access to personalized medicine. TAMs regulated JAK2/ STAT3 signaling pathway by secreting IL6, thereby inhibiting miR-506-3p expression and promoting FoxQ1 expression. CTC cells then produced CCL2 to recruit more TAMs. TAMs and CTC both interacted to promote the occurrence of metastasis. 322 These findings suggest targeting strategies against CTC clusters may be effective in the treatment of liver metastases.

Metabolic factors in CRLM

Tumors are also a metabolic disease, and metabolic changes are closely related to every process of tumor metastasis. The process of transfer requires a large amount of energy supply, and some enzymes and molecules that affect energy metabolism also act as gas stations in the process of transfer. In the extracellular space, creatine kinase brain (CKB) used ATP-catalyzed phosphorylation of the metabolite creatine to form phosphocreatine, which can produce large amounts of ATP into CRC cells as an energy reserve to maintain the energy requirements of CRC cells during anoxia during metastasis.³²³ CKB promoted the development of liver metastasis, and targeted inhibition of its activity was also the direction of future treatment of CRLM. In addition to phosphocreatine generating energy for cancer cells, the fatty acid oxidation (FAO) pathway is also an important energy source within cancer cells. In detached CRC cells, under the action of carnitine palmitoyl transferase 1, FAO was greatly activated, thus increasing the ability of cells to metastasize.³²⁴ CRC cells implanted in the liver promoted the metabolism of fructose by upregulating enzyme aldolase B (ALDOB), which provided energy for cell growth in liver metastases.³²⁵ This particular metabolic pathway change was found only in liver metastases and not in other sites of metastasis or primary tumors. All in all, the metabolic pathways of tumors adapt to the environment during metastasis, and there are still many problems to be studied.

DIAGNOSIS

CRLM should be identified in patients with a confirmed diagnosis of CRC. Among them, ~10–15% of patients have synchronous liver metastases—the liver metastasis is diagnosed at the same time with CRC.¹⁰ The main content of our diagnostic section is centered on synchronous liver metastases, and the assessing approaches of metachronous liver metastases are similar to the former and executed during the follow-up period.

Biomarker testing should be performed routinely for diagnosis of the synchronous liver metastasis. Serum cancer embryo antigen

(CEA) could be the routine choice for screening, and carbohydrate antigen 19-9 (CA19-9) might be a supplementary indicator without an evaluated CEA value. Detection of CEA and CA19-9 should also be executed at intervals after resection. RAS is also a biomarker predicting the efficacy of anti-epidermal growth factor receptor (EGFR) therapy, which determines the choice of treatment strategy. Thus, RAS testing should be executed in all patients with CRC, and include NRAS exons 2, 3, 4 and KRAS exons 2, 3, 4 at least. BRAF testing also could help to select the therapy option and predict the prognosis. In addition to serum tumor marker examination and pathological staging evaluation, imaging examinations such as liver ultrasound and abdominal contrast-enhanced CT should be routinely performed to screen and diagnose liver metastases. 328

Magnetic resonance imaging (MRI) with liver specific contrast should be used prior to surgery when the liver metastases are resectable. Moreover, MMR/microsatellite instability (MSI) testing, UGT1A1 detection of UGT1A1 protein, human epidermal growth factor receptor 2 detection are recommended to provide the basis for clinical decisions on post line treatment in advanced patients. The PET-CT examination is not used as a regular recommendation and may be applied as appropriate when the condition is required. Needle biopsies of liver metastases are rarely required.

After radical CRC, patients should follow up regularly to understand whether the occurrence of metachronous liver metastases. During CRC surgery, routine exploration of the liver must be performed to further exclude the possibility of liver metastases. Suspicious liver nodules found during the operation can also be biopsied. Tumor markers such as serum CEA, CA19-9 and, liver ultrasound and chest/abdominal/pelvic enhancement CT scan should be routinely examined to conduct screenings and diagnose liver metastases. Patients with high suspicion in ultrasound or CT imaging should not be diagnosed with liver MRI, and recommended consistency of imaging methods during follow-up. PET-CT scan is not normally recommended. Electronic colonoscopy should be performed within 1 year after surgery. Signature of the surgery of the surgery.

TREATMENT

Surgery

Surgery has become the standard of care for patients with CRLM. When CRLM may be limited to a few liver metastatic foci, surgical resection is the first choice. Patients with liver metastases that cannot be resected initially should also receive surgical treatment when they are transformed into resectable lesions after treatment. For these patients who are suitable for complete surgical resection, they are often accompanied by lymph node infiltration and dissemination of occult micro metastases. Therefore, it is necessary to cooperate with adjuvant radiotherapy and chemotherapy and targeted therapy.

Radiation therapy

In patients with CRLM, radiation therapy of liver metastasis remains controversial, due to the tolerated dose of whole liver radiation being much lower than the lethal dose required by tumor cells. The use of image guidance technology can make radiotherapy more precise. For patients with liver metastases from CRC with normal liver function, conventional radiotherapy techniques can be used to treat liver metastases. 332,333

Ablation therapy

In cases where liver metastases cannot be surgically removed, appropriate ablation treatments, such as radiofrequency ablation, microwave ablation, and cryotherapy, should be selected on the basis of systemic chemotherapy based on their location, treatment goals, treatment-related complications, and the patient's own conditions to strengthen control of local lesions.³³⁴ However, care

should be taken to avoid extrahepatic heat damage and incomplete ablation when performing ablation treatment.³³¹

Systemic therapy

Patients with CRLM usually receive chemotherapy after surgical resection. It recommends FOLFOX (5-fluorouracil [5-FU] + oxaliplatin + leucovorin [LV]), FOLFIRI (5-FU + irinotecan+ LV), XELOX (capecitabine + oxaliplatin), infusional 5-FU/LV or capecitabine, or FOLFOXIRI (5-FU + oxaliplatin + irinotecan + LV) for patients with mCRC who are suitable for intensive therapy according to the current National Comprehensive Cancer Network guidelines. Research data in recent decades has shown that patients with metastatic CRC receive systematic chemotherapy, and their OS duration is extended to nearly 20 months. Currently, patients with initially unresectable CRLM has received hepatic arterial infusion chemotherapy in combination with systemic chemotherapy, which is not widely used.

Anti-angiogenesis therapy

Tumor increases energy supply through angiogenesis during metastasis, and anti-angiogenesis therapy has become an important therapeutic strategy for CRC. It is of great significance to explore the angiogenesis mechanism of CRLM. The targeted agents for anti-angiogenesis therapy under clinical trials in CRLM are summarized in Table 6. Bevacizumab and Cetuximab are molecularly targeted drugs that have been developed specifically for endothelial growth factor receptor (EGFR). Clinical trials have proven that anti-EGFR monoclonal antibodies panitumumab and cetuximab can effectively inhibit metastatic CRC.³³⁸ Saltz et al.³³⁹ evaluated the efficacy of adding bevacizumab to XELOX or FOLFOX-4 in 1401 CRLM patients. The median duration of PFS was 9.4 months in the bevacizumab group and 8.0 months in the placebo group (P = 0.0023). Moreover, cetuximab added to FOLFOX-4 compared with FOLFOX-4 alone, cetuximab was associated with a clinically significant increase in overall response (61% vs. 37%; P compared with FOLFOX-4 alone, especially In KRAS wild-type tumors, it can reach a level of 0.011), which reduces the risk of disease progression (hazard ratio = 0.57; P = 0.0163).340 Patients with RAS wt mCRC do not respond to anti-EGFR antibodies, probably due to ineffective inhibition of oncogenic RAS signaling.³⁴¹ A recent randomized study conducted by Qin et al.³⁴² confirmed cetuximab in combination with FOLFOX as an effective standard-of-care first-line treatment regimen for patients with RAS wt mCRC. However, the NORDIC-VII multicenter phase III trial suggested that cetuximab did not add significant benefit to the fluorouracil, leucovorin, and oxaliplatin (Nordic FLOX) regimen in first-line treatment of mCRC.343

It was confirmed by clinical trials that dual chemotherapy (fluoropyrimidine plus oxaliplatin or irinotecan) with targeted drugs that add anti-EGFR antibodies can further increase the response rate to about 60%. 339,344,345 Bevacizumab plus XELOX (CapeOX) chemotherapy has no negative impact on intrahepatic immune cells in resectable CRLM patients.³⁴⁶ Although the survival rate is improved by FOLFOX treatment, chemotherapy still has many disadvantages, such as the destruction of the human immune system, loss of appetite, weight loss, hair loss and so on after chemotherapy. In a recent study, nano codelivery of oxaliplatin and folinic acid (Nano-Folox/5-Fu) with 5-fluorouracil significantly promoted the blood circulation and tumor accumulation of drugs in the orthotopic CRC mouse model.³⁴⁷ Nano-Folox/ 5-Fu with 5-fluorouracil can not only provide anti-cancer cell toxicity, but also induce immunogenic cell death. In addition, the combination of anti-PDL1 monoclonal antibody with Nano-Folox/ 5-FU significantly reduced liver metastasis in mice. These results suggest that the combination strategy based on Nano Folox has some therapeutic significance in CRLM. Moreover, gene set enrichment analysis discovered that the mTOR pathway was activated in patients undergoing oxaliplatin based therapy, which

Table 6. Target€	ed agents for anti-angio	Table 6. Targeted agents for anti-angiogenesis therapy under clinical trials		
NCT numbers	Phase	Therapeutic agents	Condition	Result
NCT01001377	Phase 3 (N=1010)	Panitumumab vs Cetuximab	mCRC (KRAS-WT)	Median OS 10.4 m VS 10 m
NCT01228734	Phase 3 ($N = 393$)	Cetuximab $+$ FOLFOX-4 vs FOLFOX-4	mCRC (RAS-WT) First line	PFS 9.2 m vs 7.4 m Median OS 20.7 m vs 17.8 m
NCT00265850	Phase 3 (2334)	${\sf Cetuximab+mFOLFOX6} \ {\sf vs} \ {\sf bevacizumab+mFOLFOX6}$	mCRC (KRAS-WT)	PFS 10.5 m vs 10.5 m Median OS 30 m vs 29 m
NCT00006479	Phase 3 (364)	Perioperative chemotherapy with FOLFOX4 vs surgery alone	CRLM	Median OS 61.3 m vs 54.3 m 5-year OS 51.2% vs 47.8%
NCT22944367	Phase 3 (257)	Cetuximab $+$ chemotherapy $$ vs chemotherapy alone	CRLM	Median PFS 15.5 m vs 22.2 m Median OS 55.4 m vs 81 m
DFS disease-free s	รนrvival, OS overall surviv	DFS disease-free survival, OS overall survival, $FOLFOX4$ folinic acid + fluorouracil + oxaliplatin, $mFOLFOX6$ leucovorin + fluorouracil + oxaliplatin	orin + fluorouracil + oxaliplatin	

suggested it could be used in combination with cytotoxic chemotherapy and targeted drugs, and may have good therapeutic effects. To patients with initially resectable CRLM, chemotherapy can improve progression-free survival (PFS) but cannot improve OS349, and further addition of EGFR-targeted antibodies is not beneficial. However, in patients with unresectable CRLM, the use of bevacizumab may further increase the proportion of patients eligible for surgical resection. For patients whose CRLM is initially unsatisfactory or unresectable, targeted anti-angiogenesis drugs plus chemotherapy can also produce a higher remission rate and improve resectable.

TSU68[(Z)-5-[(1,2-dihydro-2-oxo-3H-indol-3-ylidene)methyl]-2,4-dimethyl-1H-pyrrole-3-propanoic acid; SU6668] is a potent antiangiogenic agent. In some preclinical models, TSU68 has previously been shown to have a powerful effect in preventing liver metastasis of CRC. 353,354 Inhibiting CXCL1 expression in the premetastatic liver was the detailed mechanisms by which TSU68 suppresses tumor metastases. Anti-angiogenic agents may modulate the PMN in target organs.

Immunotherapy

In addition to anti-angiogenesis therapy, immunotherapy becomes an attractive therapeutic option as more progress has been made in the exploration of immune checkpoint in several cancer types, mainly including DNA mismatch repair defects (dMMR)/high microsatellite instability (MSI-H) CRC and high tumor infiltrating lymphocyte (TIL) tumors. By contrast, immune checkpoint monotherapy has not demonstrated significant clinical success in patients with strong mismatch repair capacity (pMMR)/low microsatellite instability (MSI-L) CRC. Immune checkpoint drugs target the inhibitory receptors present on T cells, such as PD1, LAG3 and cytotoxic T-lymphocyte associated antigen 4 (CTLA-4). These cells mainly exist at the tumor-stroma interface, while pMMR/MSI-L CRC shows a conventional morphology without obvious infiltrating lymphocyte TIL. The strong progress has been made in the exploration of the explo

PD1, a novel member of the immunoglobulin gene superfamily, has two functional ligands: PDL1 and programmed cell death ligand 2(PDL2). 357,358 PD1/PDL1 signaling pathway can inhibit the activation of T effector cell while inhibiting the production of interferon gamma and the release of interleukin (IL)-2 and other inflammatory cytokines, thereby enabling cancer cells to escape from the host's antitumor immunosurveillance. 359,360 Masuqi et al.³⁶¹ reported that tumor PD1 expression was inversely associated with MSI-H in CRC. However, Wyss et al.³⁶² reported stromal PDL1 might function as a prognostic marker in CRC patients independent of microsatellite-stable (MSS) or with MSI-L. Masugi et al.³⁶¹ found that stromal PDL1 expression was only present in 5% CRC patients, but the studies by Wyss et al.³⁶² and Taube et al.³⁶³ displayed a stromal PDL1 expression rate of 60.9% and 50%, respectively. However, epithelial PDL1 staining is less common in CRC than in other solid tumors, such as melanoma.3 While there is an inequality of PDL1 expression between primary tumors and metastases in melanoma patients,³⁶⁵ PDL1 expression in primary colon tumors largely corresponds to matched liver metastases.³⁶² Another study revealed the gene networks of EMT, angiogenesis, immune-suppression and T cell exhaustion are the key events closely associated with CRC metastasis and intrinsic anti-PD1 resistance.³⁶⁶ If anti-PDL1 treatment for metastatic colon cancer is needed, it may not be necessary to analyze PDL1 in liver metastases. The PDL1 and CRLM research is highly debated, therefore PD1/PDL1 signaling pathway may be closely related to CRLM and further exploration is needed.

A small number of patients with MSI-H CRC were sensitive to immune checkpoint blockade with antibodies to PD1/PDL1. 367,368 The incidence of dMMR in CRLM is also low. 369 Recently, a study has found that tumor mutational burden (TMB) is a predictor of response to immune checkpoint inhibitors in the MSI-H population. Patients with high TMB may respond particularly well to

immune checkpoint inhibitors, and these patients can be further selected to receive anti-PD1 monotherapy rather than combination therapy (such as nivolumab) as first-line treatment.³⁷⁰ Nevertheless, in recent years, there have been new advances in immunotherapy for CRLM. Next, we summarized the latest progress in the clinical development of immune checkpoint blockade therapy for patients with CRLM.

CTLA-4 is predominantly expressed on T cells and inhibits the activation and response of T cells.³⁷¹ In a MSS highly aggressive orthotopic mouse model of CRC, dual inhibition of CTLA-4 and PDL1 resulted in the arrest of tumor growth and entirely blocked liver metastasis. Nevertheless, inhibition of CTLA-4 or PDL1 alone only moderately reduced metastatic diffusion of CRC cells.³⁷² Furthermore, pMMR CRLM differs immunologically from primary CRC in terms of immune infiltration.³⁷³ Zhou et al.³⁷⁴ focus on TIL regulated by the inhibitory receptor-ligand pathway regulates MMR-proficient CRLM. They found that blocking LAG3 enhances tumor-infiltrating T-cell responses of MMR-proficient CRLM, and may thus be a new target of immunotherapy for CRLM.

Unlike primary CRC, tumor-infiltrating regulatory T cells (Ti-Treg) in liver metastases effectively inhibit tumor-specific T cell responses by expressing high levels of Treg-related molecule glucocorticoid-induced tumor necrosis factor receptor (GITR) and CTLA-4.^{375,376} It has demonstrated that treating CRLM by inhibiting the inhibitory receptor CTLA4 with antibodies and activating the stimulant receptor GITR with natural ligand of GITR can reduce Ti-Treg-mediated inhibition, thereby restoring effector T cell proliferation and cytokine formation.³⁷⁷ More importantly, compared with any single treatment, the low-dose combination therapy of the two molecules showed a stronger ability to restore T cell function. Based on gene ontology and Kyoto Encyclopedia of Genes and Genomes pathway analyses, Liu et al.³⁷⁸ identified some immune genes *CCL20*, *CCL24* and *CD70* that were associated with CRLM, but needs further experimental validation.

Furthermore, the relationship of gut microbiome and immune system is nowadays rapidly changing and expanding. Host factors, including age, obesity and gut microbiome greatly affect the effectiveness of immunotherapy. 379,380 Meanwhile, gut microbiome is closely linked to the development and progression of CRC. Lipopolysaccharide (LPS), an important product of intestinal Gram-negative microbiota, was also found to participate in the whole process of CRLM. Systemic inflammation caused by elevated LPS blood levels in the intestinal cavity and portal vein in CRC patients could increase the liver recruitment of cancer cells.³⁸¹ LPS enhanced CRLM by stimulating Toll-like receptor 4 signaling and increasing β1 integrin-mediated cell adhesion.³⁸² LPS was observed to promote the migration capacity of CRC cells by activating the SDF-1α/CXCR4 axis and EMT.³⁸¹ These results revealed trapping LPS may prevent CRLM. Recently, Song et al. 194 reported nanotechnology-based trapping LPS in the orthotopic CRC tumor could promote T-cell infiltration into tumors and promote enhanced immunotherapy.

Antartina, an antitumor agent isolated from Deschampsia antarctica Desv, potently inhibited tumor growth and liver metastases in an immunocompetent colorectal carcinoma mice model. 383 Antartina induced a potent specific cytotoxic T-cell response against CRC and a long-lasting antitumor immunity. Antartina can induce antitumor immunity against CRLM. Based on the results of one phase III multicenter trial, Keytruda is superior to chemotherapy in the first-line treatment of MSI-H or dMMR CRC, resulting in longer PFS and fewer treatment-related adverse events. 384

Other potential therapies

Current chemotherapy for CRLM is still not desirable owing to off-target effect. Therefore, it is necessary to develop new methods to improve target effect or even replace the existing CRLM chemotherapy. Zhao et al. 385 found $\alpha 5\beta 1$ integrin receptor

expression on metastatic cells was higher than that of the original cells from orthotopic tumors. They synthesized RPM-conjugated, $\alpha 5\beta 1$ -targeted micelles (RPM-CSOSA), which could enhance the cellular internalization and distribution in metastatic lesions by binding to $\alpha 5\beta 1$ integrin. Doxorubicin (DOX) was a potent cytotoxic drug and curcumin (CUR) exerts its anti-cancer effects as chemosensitizer. 386 Zhao et al. 385 also found that the therapy of RPM-CSOSA/DOX and RPM-CSOSA/CUR significantly inhibited the progression of liver metastasis in vivo and in vitro.

Endothelin, a coreceptor of transforming growth factor-β, is preferentially expressed in solid tumor angiogenic endothelial cells. ³⁸⁷ Serum endoglin is a useful marker for monitoring early signs of CRC metastasis. ³⁸⁸ As an endoglin neutralizing antibody, TRC105 binds to human endoglin with high affinity and is associated with antibody-dependent cell-mediated cytotoxicity. ³⁸⁹ Targeting endoglin with TRC105 strongly inhibits metastatic spread of breast cancer in vivo. ³⁹⁰ Similarly, Targeting endoglin using TRC105 decreased metastatic spread of CRC cells to the mouse liver. ³⁹¹ In a phase I first-in-human study, TRC105 showed clinical efficacy on preexisting metastases in 2 patients. ³⁹² Collectively, these results demonstrated that in addition to endothelial cells, targeting endoglin to CAFs may be a potent method to prevent metastases formation, and emphasizes the potential of TRC105 for the treatment of metastatic tumors, not just a classic anti-vascular generate drugs.

The cytoskeleton of the cell and ECM determine the stiffness of the tissue. ^{393,394} Highly activated metastasis-associated fibroblasts cause the ECM to stiffen, which in turn increase tissue stiffness. Metastasis stiffness influences the effect of anti-angiogenic therapy on intratumoral blood vessel reduction. Shen et al. ³⁹⁵ reported that anti-hypertensive drugs targeting the reninangiotensin system (anti-RAS) in combination with bevacizumab could significantly improve anti-angiogenic efficacy in CRLM. The mechanism is that anti-RAS inhibit fibroblast contraction and ECM deposition, thereby reducing the hardening of liver metastases and enhancing the anti-angiogenic effect of bevacizumab. This research highlights a new mechanism of action for anti-RAS drugs in cancer that could lead to new therapeutics.

The Cyclin-dependent kinase 8 (CDK8) is an early clinical stage drug that targets the overexpression in colon cancer. From Liang et al. In the growth of CRC cells and orthotopic transplanted tumors in subcutaneous, splenic, or cecum, but significantly inhibited the liver metastases of mouse and human colon cancer cells. CDK8 mediated CRLM due to downregulating of MMP inhibitor TIMP3 via TGF β /SMAD-driven expression of a TIMP3-targeting microRNA, miR-181b, along with promotion of MMP3 in murine or MMP9 in human colon cancer cells via Wnt/ β -catenin-driven transcription. This study illustrated that CDK8-targeting drugs can be used in the treatment of CRLM in the future.

We also would like to point out that the new development in cancer nanotechnology and photodynamic therapy (PDT) may provide potential solutions for CRC diagnosis and treatment. PDT has been exploited as a promising cancer treatment modality for many years. PDT can destroy cancer cells by generating reactive oxygen species (ROS) when photosensitizers are irradiated with light of suitable wavelength. PDT has the benefit of dual targeting by the drugs themselves and light, so its sideeffects are much lower compared with Chemotherapy or radiation therapy. However, in traditional PDT, the light from the applied high-frequency source is scattered and cannot penetrate deep tissue, which limits its clinical application.³⁹⁹ Several possible solutions have been proposed to solve this problem, such as inventing new photosensitizers that use near infrared light and Xrays, and developing up-conversion nanoparticles. 400-402 Among them, X-ray induced PDT has attracted much attention because of its unlimited tissue penetration ability. 398,403-406 Most recently, Chen et al. reported Cu-Cy, $Cu_3Cl(SR)_2$ (R = $CH_2CH_2NH_2$), 407,408 a

new type of sensitizer, has strong luminescence 407,409 and can produce ROS under UV irradiation, 407,410 X-rays, 411–413 microwave radiation, 414–418 and ultrasound. 419 All these observations reported so far suggest that the Cu-Cy NPs are a new type of sensitizers with potential applications for infection inactivation 420 and antitumor therapies. 421 The most recent studies prove that this new Cu-Cy nanoparticle possess anti-tumoral effects and potential molecular mechanisms on B16 melanoma through X-PDT and X-ray induced antitumor immunity, 422 and most importantly is that X-PDT is exceptionally effective with clinical X-rays used for irradiation in clinic settings. 423 We believe that these new technologies could provide good solutions for CRC treatment.

PERSPECTIVE

CRC is still a common cancer and liver metastasis is the main cause of death in CRC patients. The treatment of advanced CRLM remains a major challenge. Previous studies have determined the main steps of the metastasis process. The role of TME, the dysregulation of NcRNAs, and the activation of various signaling pathways are closely related to liver metastasis. However, due to the lack of adequate experimental models to detect this complex process fully and continuously, the molecular mechanisms involved in the formation of CRLM have still much room for exploration. Detailed molecular mechanisms that mediate CRC metastasis to liver contribute to early detection and prevention. Future work should involve clarifying CRLM, based on the molecular mechanisms and clinical characteristics, which guide clinical precision treatment. At the same time, combined treatment and multidisciplinary cooperation should be established. Intervention at the early stage of liver metastasis, such as the stage of metastasis and colonization, will be more beneficial to improve patient survival. In addition, clinical and experimental data strongly suggest that postoperative tumor recurrence remains a possibility, therefore adjuvant targeted therapy is necessary for patients with postoperative resection. Defining highrisk factors for CRLM, accurate selection of high-risk individuals and minimizing the controllable risk factors are essential for the prevention of CRLM and further reducing mortality of CRC. It is also possible that the new development in cancer nanotechnology like nanoparticle self-lighting PDT may be a new hope for CRC treatment.

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AUTHOR CONTRIBUTIONS

H.Z. and Z.L.: searched the information, materials and updates and wrote the drafts. Y.W., X.W., E.H.A., L.Y. and X.R.: helped for editing, checking and formatting; W.C., L.X., Y.R. and Y.W.: proposed the concept of design, organized, conceived, led the writing and supervising. H.Z. edited and formatted the figures, E.H.A. checked the English and W.C. oversaw and reproved the entire work. All authors have read and approved the article.

ADDITIONAL INFORMATION

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