

## Global Resilience... The Challenges

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Aerial view of Oxford.

Photo: Klammet & Aberl.



#### Resilience

Is the ability of an object to spring back into shape

Is the capacity to recover quickly from difficulties

#### RESEARCH ARTICLE

**Open Access** 

# Resilient Health Care: a systematic review of conceptualisations, study methods and factors that develop resilience



Mais Iflaifel<sup>1</sup>, Rosemary H. Lim<sup>1\*</sup>, Kath Ryan<sup>1</sup> and Clare Crowley<sup>2</sup>

RHC is the ability of the system to adjust its functioning prior to, during, or following events and thereby sustain required operations under both expected and unexpected conditions.

#### Global Resilience in Health Care

A system or a plan that can be applied internationally to any health care system to allow those systems to function normally during disasters, and minimise the impact imposed by any unexpected disaster on those systems by mitigating the known risk factors and weaknesses.

#### Is It Doable?!

- Understand different health care models around the world
- Identify the problems within those models
- Analyse the factors that make those systems not resilient
- Find a common ground to start building the plan that works for all the models

#### The Models

- -Finance (free, paid for. Out of pocket, insurance schemes or tax funded)
- -Care provision (public or private based)
- -Standards of care (who gets what, who does what and where to do it)
- -Workforce

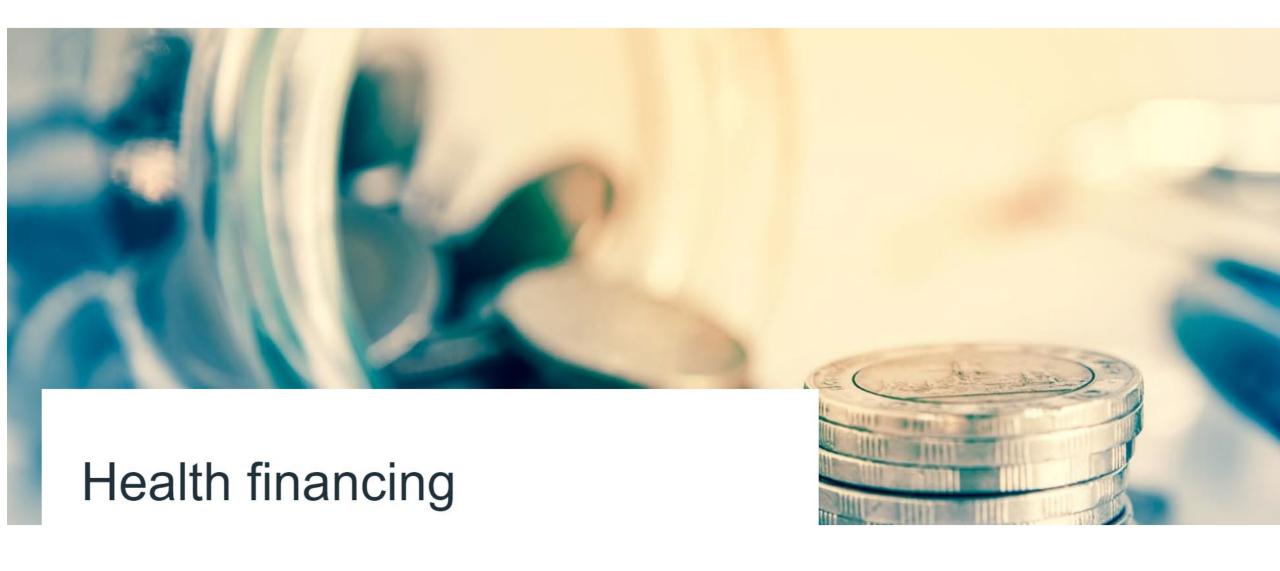


Table 1. Types of heatineare funding systems in several countries

Funding System	Country
General taxation	United Kingdom
Local taxation with local councils managing providers	Denmark
Social health insurance paid by employer and employee, with multiple, noncompetitive, autonomous, third party payers (insurers)	France
Social health insurance paid by employer and employee, with autonomous, competitive third party payers (insurers)	Germany
Compulsory social health insurance for basic care paid by individuals, with competitive third party payers (insurers) and government-defined benefit package	Switzerland
Voluntary health insurance predominantly paid by employers, with tax subsidies for employers and employees	United States
Voluntary health insurance paid by individuals, with tax subsidies	Australia
Catastrophic health insurance and tax-exempt health savings account	Singapore
Compulsory social health insurance for catastrophic illness and long-term care and social health insurance for acute medical services paid by employer and employee	The Netherlands

Note. Content source: Health Policy Consensus Group. Options for Healthcare Funding. Retrieved from The Institute for the Study of Civil Society, London, UK website: http://www.civitas.org.uk/pdf/hpcgSystems.pdf Accessed August 26, 2011.

Table 2. Models of European health systems

National Health Insurance	Social Insurance
Denmark	Austria
The United Kingdom	Belgium
Greece	France
Italy	Germany
Portugal	Luxemburg
Spain	Netherlands
Sweden	

Note. Source: Flood & Haugan, 2010; Saltman & Figueras, 1997; Freeman, 1998.

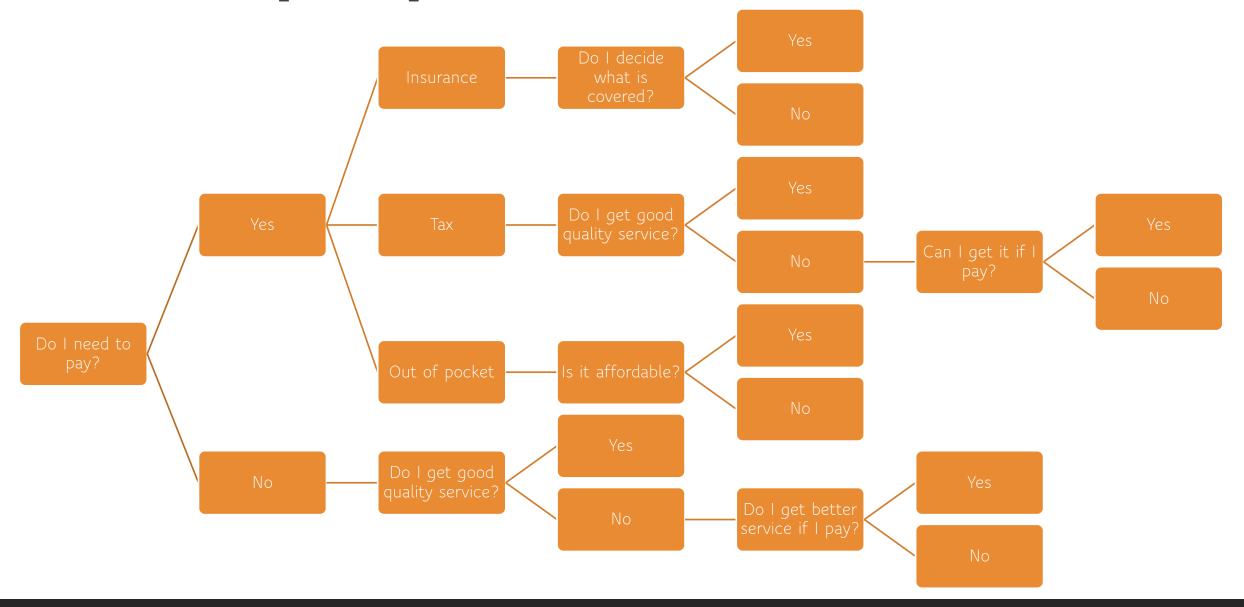
National Health Insurance

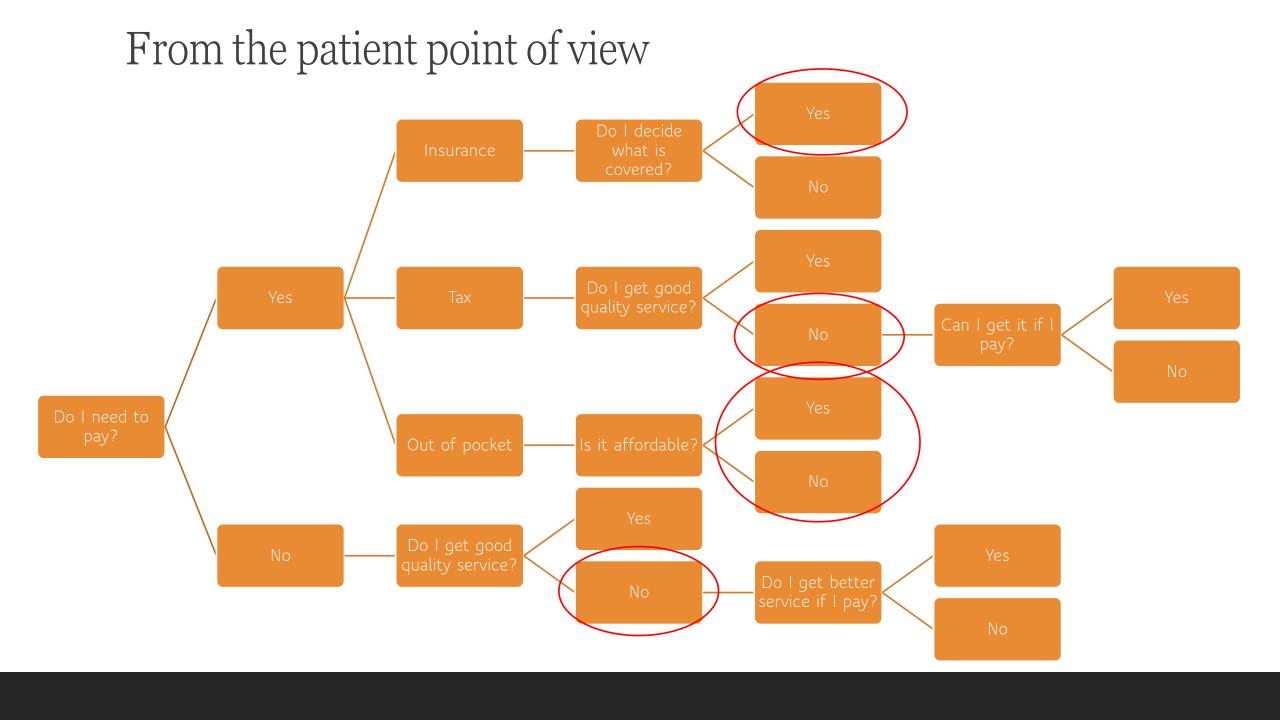
Social Insurance

LALA land

Every Man for himself

#### From the patient point of view





## Quality

- •safe: Avoiding harm to patients from the care that is intended to help them.
- •**Effective**: Providing services based on scientific knowledge to all who could benefit and refraining from providing services to those not likely to benefit (avoiding underuse and misuse, respectively).
- •Patient-centered: Providing care that is respectful of and responsive to individual patient preferences, needs, and values and ensuring that patient values guide all clinical decisions.
- •**Timely**: Reducing waits and sometimes harmful delays for both those who receive and those who give care.
- •Efficient: Avoiding waste, including waste of equipment, supplies, ideas, and energy.
- •**Equitable**: Providing care that does not vary in quality because of personal characteristics such as gender, ethnicity, geographic location, and socioeconomic status.



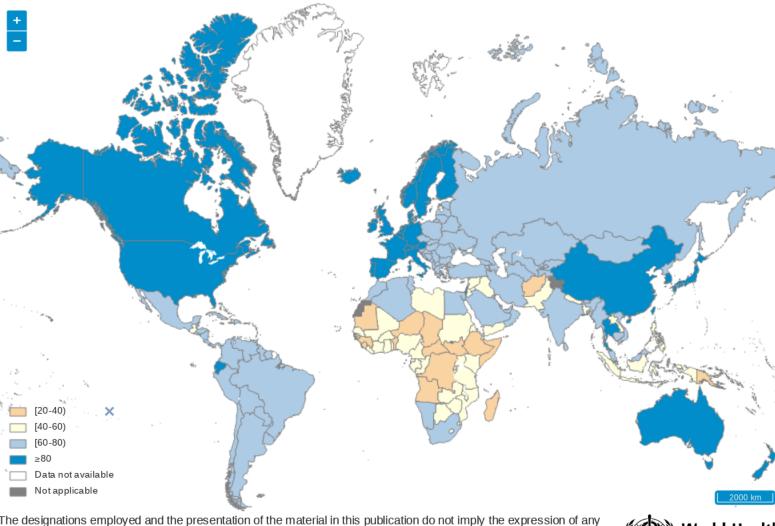
## Universal Health Coverage UHC

UHC means that all individuals and communities receive the health services they need without suffering financial hardship.

It includes the full spectrum of essential, quality health services, from health promotion to prevention, treatment, rehabilitation, and palliative care across the life course.

Year

Latest

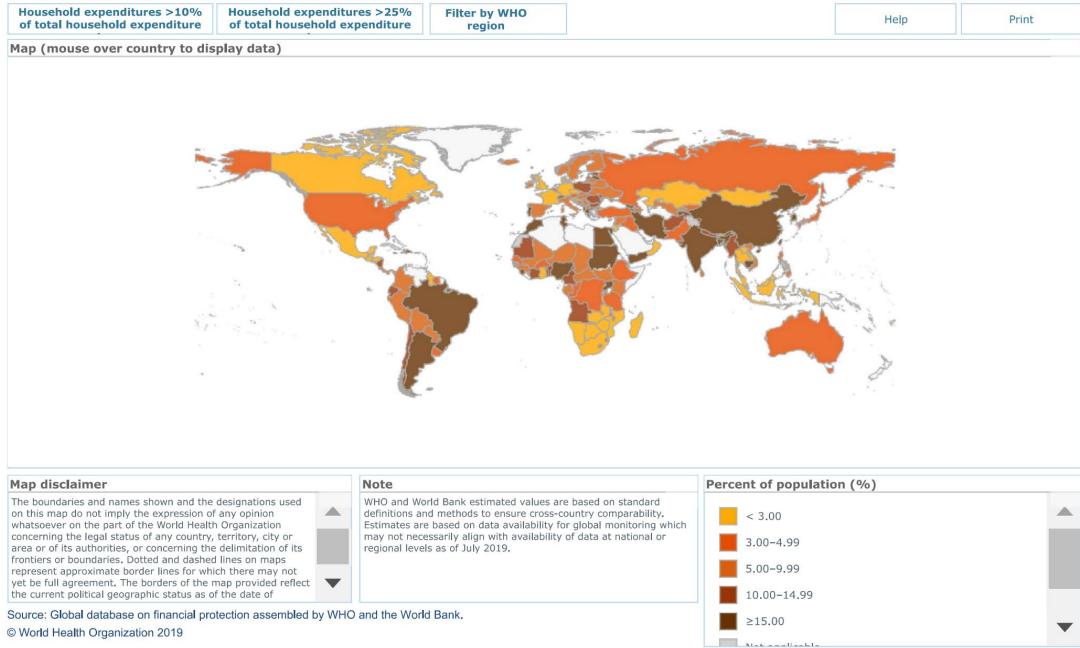


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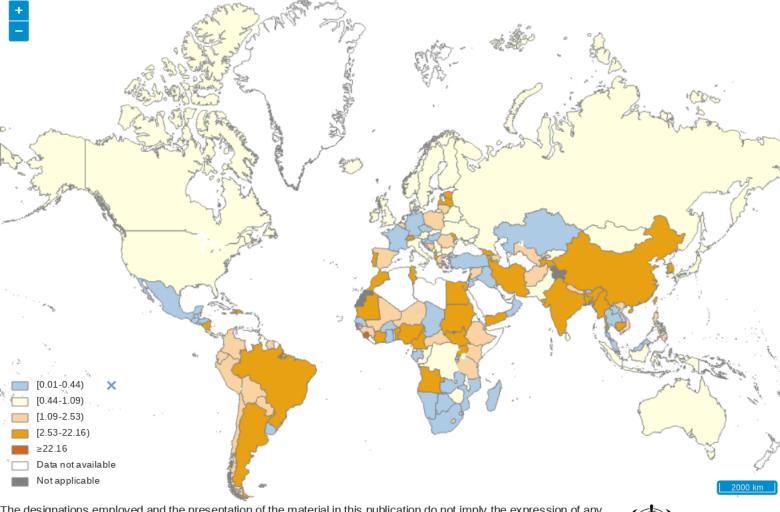


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Universal Health Coverage (UHC): incidence of catastrophic health spending - SDG indicator 3.8.2, latest year Percent of population with household expenditures on health exceeding 10% of total household expenditure or income



Population with household spending on health greater than 25% of total household budget (SDG 3.8.2, reported data) (%) Residence Area Type Year FILTERS Total Latest



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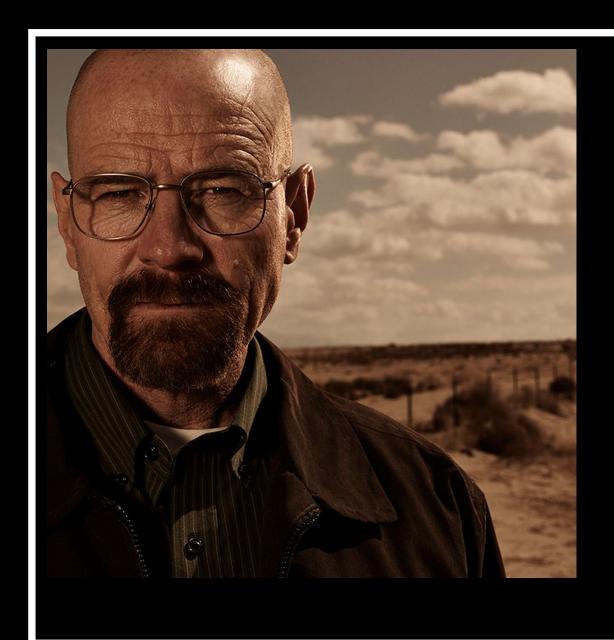
#### Finance Spectrum

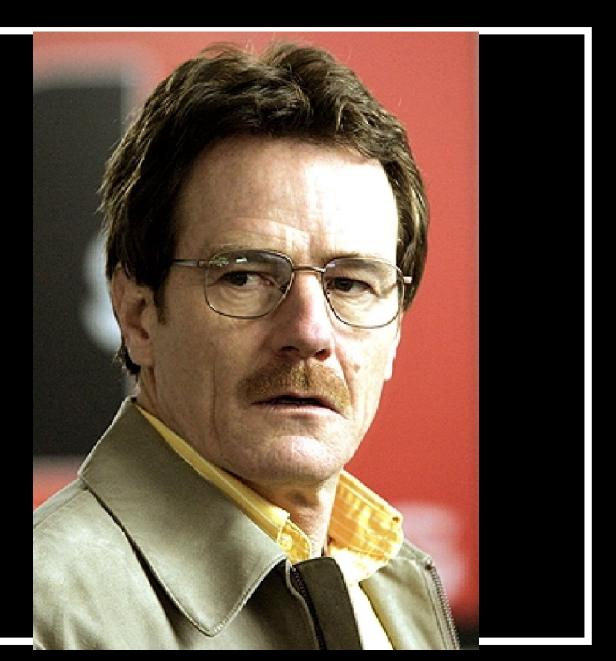
100% Chargeable Good quality

Partially covered Low quality partially covered Insurance level quality

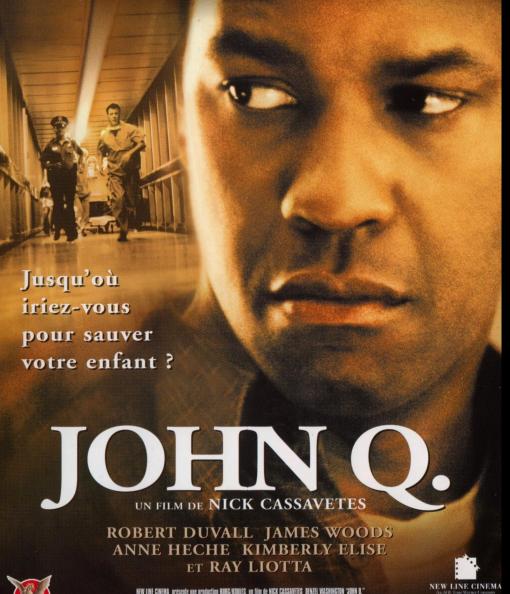
Fully covered Insurance level

100% chargeable Low quality 100% free High quality





#### DENZEL WASHINGTON





NEW LINE CHEMA présente une production Burg/Koull's un film de Nick Cassavites dexize washington 'John Q'' Bobert Dutall James Woods aane heche fodie sriftin kunderet eilse saawn hatest ei bat uidta

distribution des roles matrica barra, escue à faint route court des internations de comme barra de la comme de comme de



Or you simply die because you don't know that the service you need exists

## Examples

NHS UK, Tax funded, high quality 100% free at the point of care, non-profitable.

Follows strict rules in what to be done, who and where.

The rules are called the NHS constitution

Of course there are down sides to such systems, generally are low efficiency, long waiting times, and futility.

https://www.gov.uk/government/publications/the-nhs-constitution-for-england/the-nhs-constitution-for-england

### Examples

Across the Atlantic in the USA, it is a money based system with a big bulk of it being profit making. So someone has to pay which is usually the employer via different insurance systems. But there are differences in levels of insurance and what you can get based on how much you earn/can afford. But still high quality care if you can afford it. There are a significant percentage of the population still not insured.

Such system has high quality and efficiency with good financial incentives for providers to work more and for companies to innovate, but seems to be not fair.

## Examples

But in other parts of the world, you have to pay for healthcare, and even when you do you don't get the service you need or deserve.



coverage

Health spending Pooling &

PFM

Health taxes



#### GGHE-D % GGE (2019)



SOURCE

External as % total health spending (Ext%CHE)

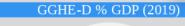
Private as % total health spending

Domestic public as % total health spending

(GGHE-D%CHE)

(private...%CHE)

General government health expenditure: what priority is given to health in the budget?

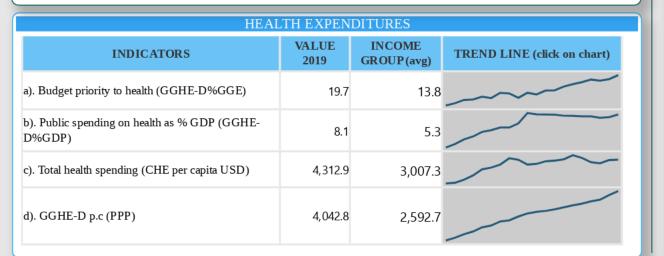




8.1%

How significant is public spending on health within the economy as a whole?

#### REVENUE SOURCES INCOME TREND LINE (click on chart) GROUP (avg) 25.9% 0.5% 27.6%



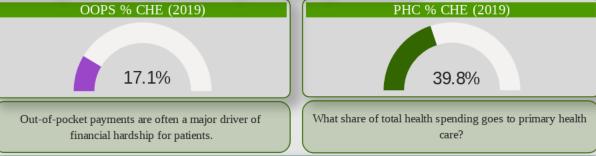
VALUE

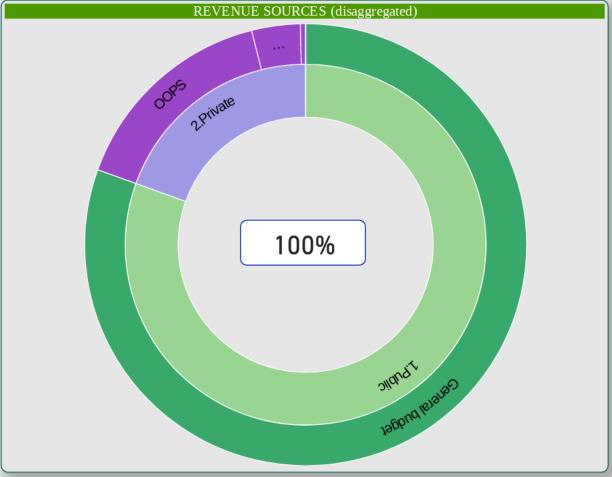
2019

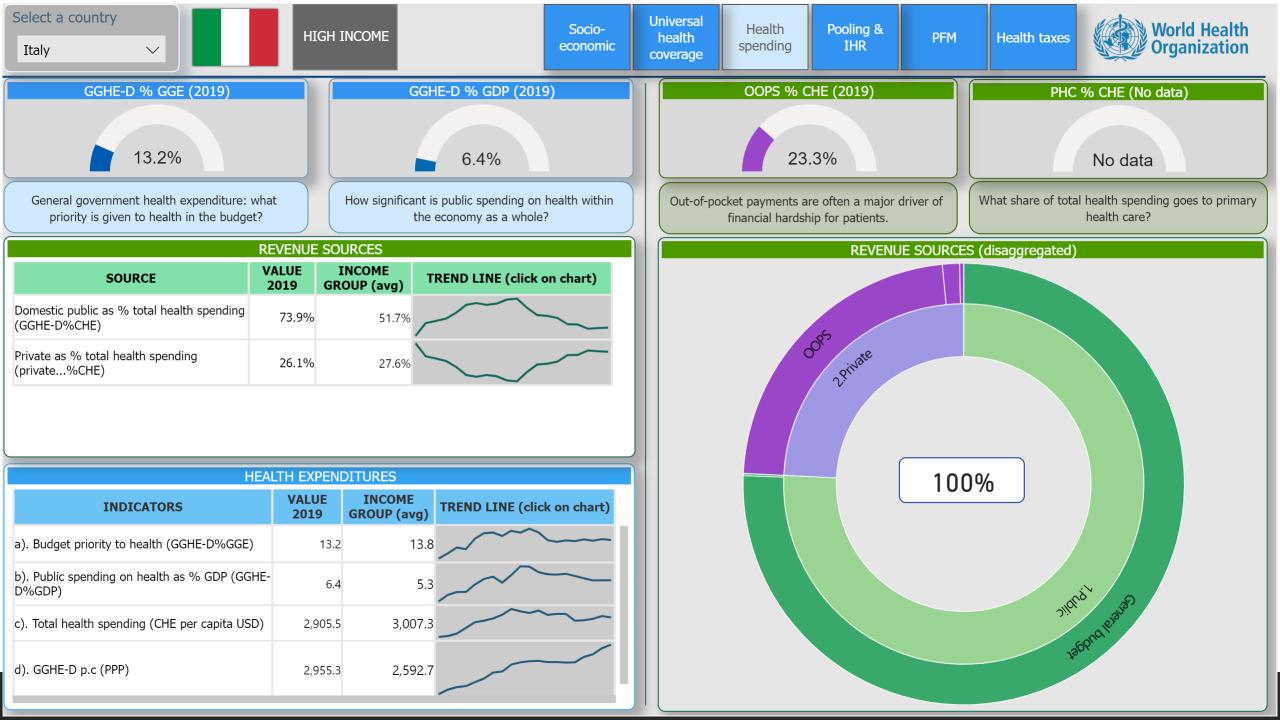
79.5%

0.0%

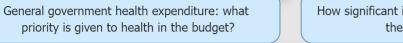
20.5%



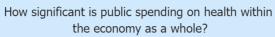








9.5%

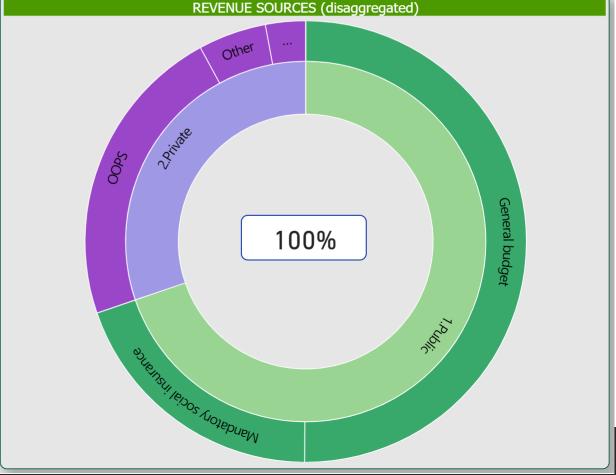


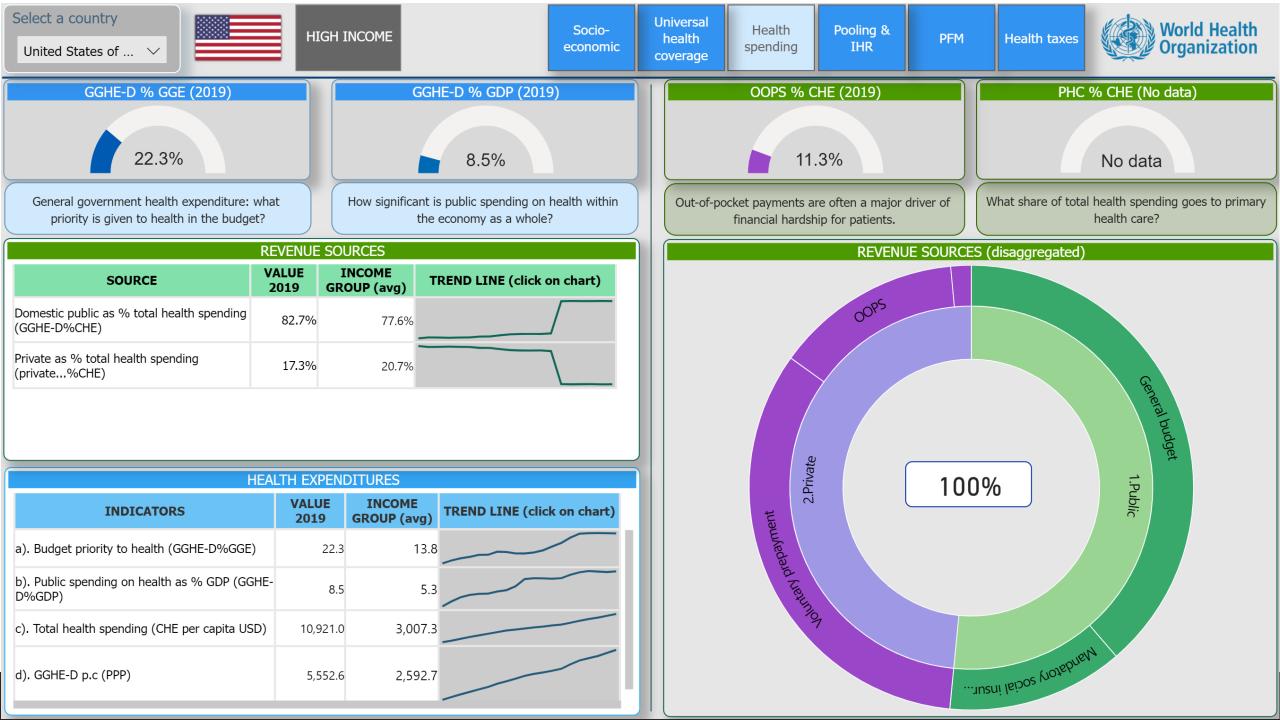
3.4%

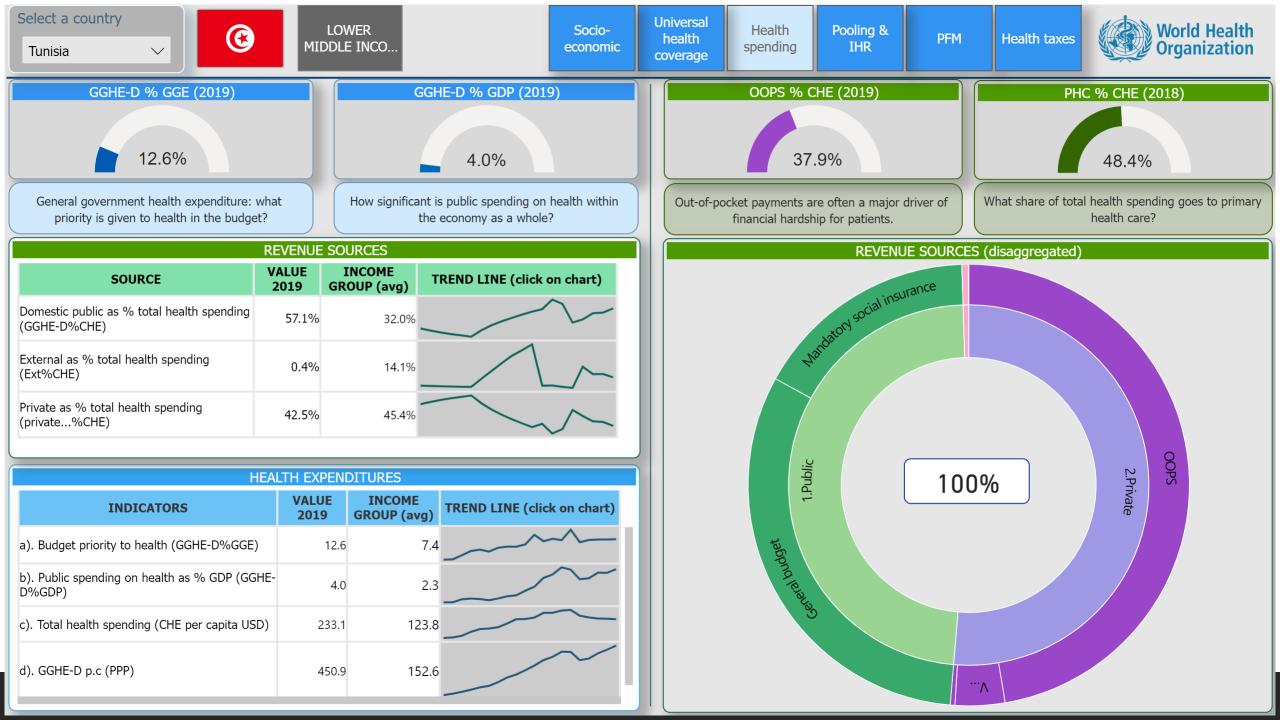


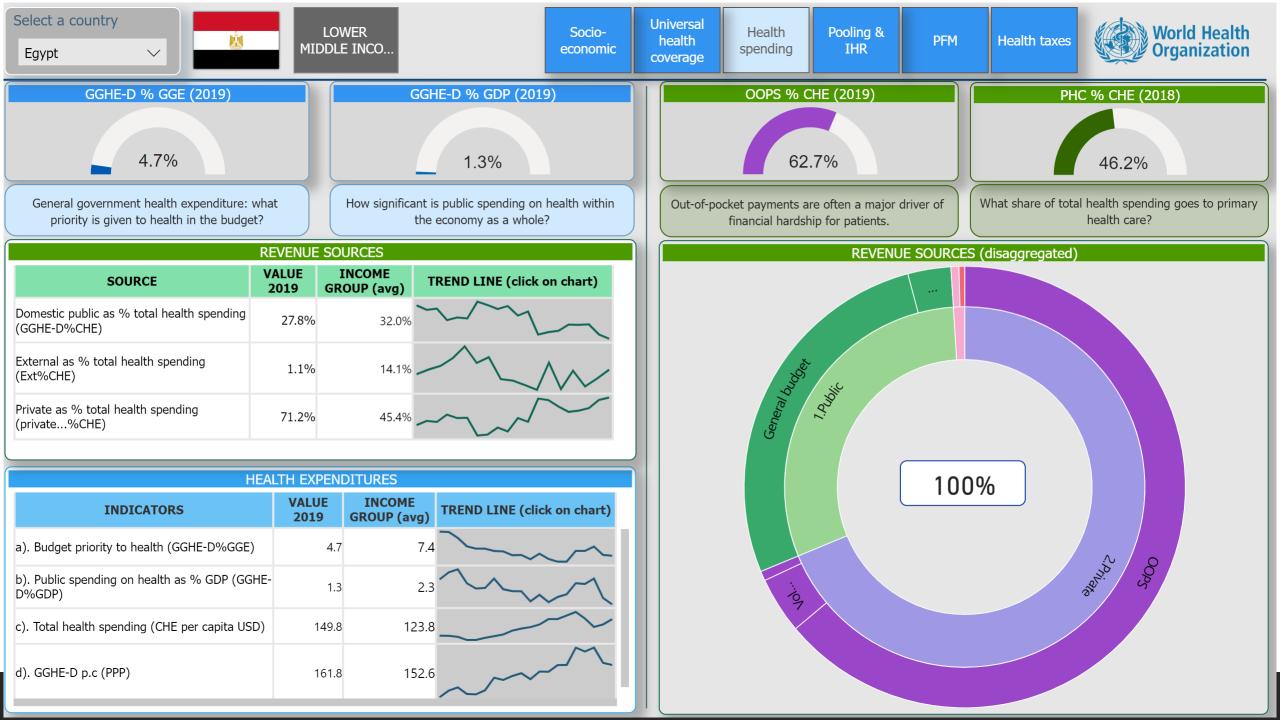
HEALTH EXPENDITURES				
INDICATORS	VALUE 2019	INCOME GROUP (avg)	TREND LINE (click on chart)	
a). Budget priority to health (GGHE-D%GGE)	9.5	11.9		
b). Public spending on health as % GDP (GGHE-D%GDP)	3.4	4.0		
c). Total health spending (CHE per capita USD)	396.5	482.7		
d). GGHE-D p.c (PPP)	924.7	605.3		

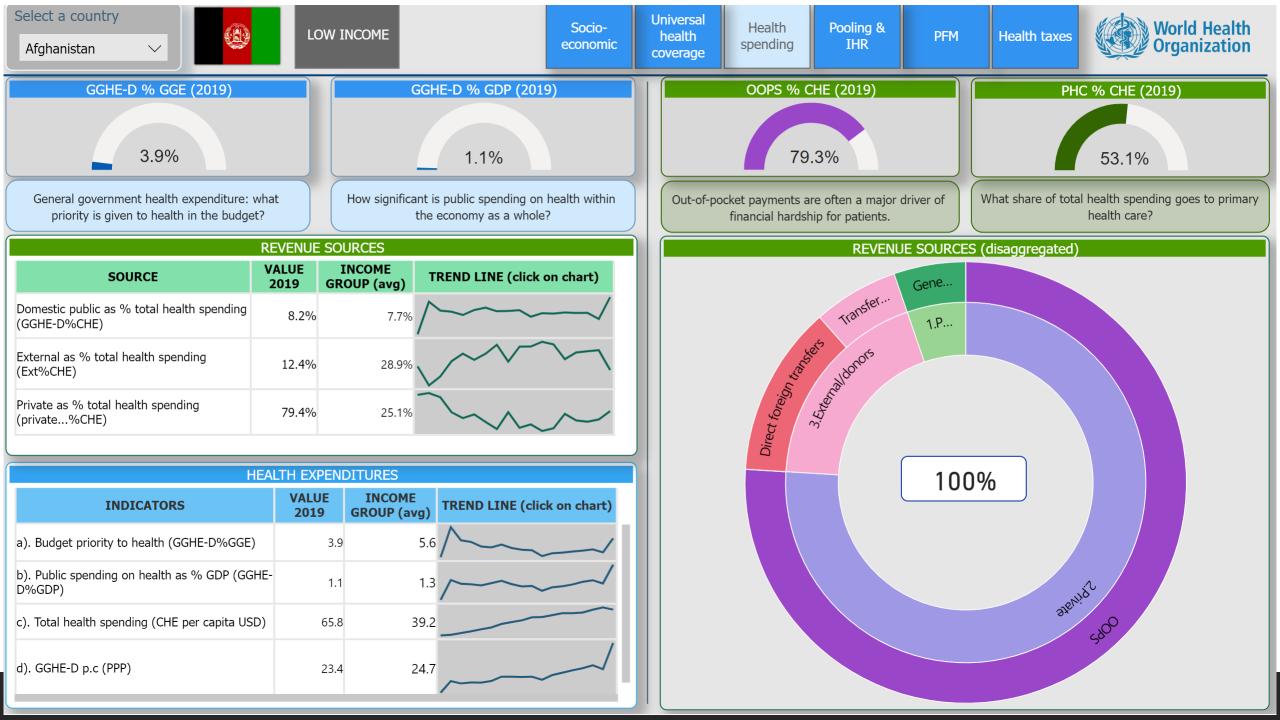












### Finance and Covid / Disaster

- What immediate spending actions can be taken with existing budgets?
- How can the necessary budget for the COVID-19 response be secured through revisions to finance laws?
- What can be done to accelerate budget execution and funds release to frontline services?
- What is the best way to ensure rapid access to COVID-19 services for all those who need it, irrespective of ability to pay?
- How can the core of the health system be strengthened even as the immediate response takes priority?



Health financing is a core function of health systems that can enable progress towards universal health coverage by improving effective service coverage and financial protection. Today, millions of people do not access services due to the cost. Many others receive poor quality of services even when they pay out-of-pocket. Carefully designed and implemented health financing policies can help to address these issues. For example, contracting and payment arrangements can incentivize care coordination and improved quality of care; sufficient and timely disbursement of funds to providers can help to ensure adequate staffing and medicines to treat patients.

WHO's approach to health financing focuses on core functions:

- revenue raising (sources of funds, including government budgets, compulsory or voluntary prepaid insurance schemes, direct out-of-pocket payments by users, and external aid)
- pooling of funds (the accumulation of prepaid funds on behalf of some or all of the population)
- purchasing of services (the payment or allocation of resources to health service providers)

In addition, all countries have policies on which services the population is entitled to, even if not explicitly stated by government; by extension those services not covered, are usually paid for by patients (sometimes called co-payments).



#### In Practice

Health financing reforms cannot simply be imported from one country to another given the unique context of each country and its starting point in terms of health financing arrangements; the underlying causes of performance problems differ in each country and it is these causes which the reforms proposed in a health financing strategy must address.

However, there are lessons from international experience that allow a number of guiding principles for reforms which support progress towards UHC, to be specified. These do not constitute a "how-to" guide, but rather a set of "signposts" that can be used to check whether reform strategies (and more importantly, reform implementation) create an appropriate incentive environment and hence are pointing and moving in the right direction in terms of objectives and goals.

The guiding principles can be summarized as:

- moving towards predominant reliance on public funding sources
- reducing fragmentation in how funds are pooled or mitigating the consequences
- moving towards more strategic purchasing of health services, linking provider payments to data on their performance, and to the health needs of the populations they serve
- aligning coverage policies (benefits and copayments) explicitly with policy objectives.

## Care Provision

### Care provision

- The different models show different levels of involvement from both public and private sectors, each has their problems.
- -public funded systems don't seems to be very efficient for obvious reasons. Mainly because they are not designed to make profit. They will swallow any amount of fund thrown into them and will always need more, but they tend to focus on patient care and effectiveness.
- -Private systems are efficient to make profit, on the expense of patient care/needs.
- -Mixed systems with insurance based fund are still money making businesses. So, profit will come first before patient care and needs.
- -So, it makes more sense that when it comes for a disaster, public systems will be more resilient because of the baseline low efficiency, and the ability to provide care for patients who don't pay.

# Standards of Care

This is a very difficult topic, but everyone who was involved in the management of Covid when it started will understand this and how it might affect the resilience and the outcome.

### To explain the standards

I will use the NHS, NICE (national institute for health and care excellence) and compare it quickly to what happened around the world.

- When it all started, the management of critically ill Covid patients in the NHS remained as the standard management of any critically ill patient because there was no evidence to support any specific treatment for Covid.
- Different medications started to be promoted as potential treatments for Covid, but non of these were approved for use in the UK for lack of evidence. The development of evidence needs investment, research and time, so, in the UK the use of any medication was limited to research purposes with patients' consent. And later most of those treatment were proven to be not effective at all.
- That allowed the fund to go towards proper research and effective healthcare.

- In other systems where there were no standards or effective regulatory authorities, the clinicians tried every single medication, intervention, and rumour on their patients without consent or supporting evidence. That was without following the scientific research protocols or even data collection.
- That was made easy because the patients were paying for it (OOP) without knowing that these interventions/medications are not effective. There was no insurance company to investigate where the money is going, or a public fund source to allocate the fund effectively.
- 2 obvious examples are the HCQ and the Convalescent plasma which were sold in black market swallowing millions of Dollars and efforts once rumours were out that they are effective. Later it was proven that neither were.

# So, if we take an example of an X healthcare system looking after 50 M people

- •20% of the population were diagnosed with Covid since the pandemic started (adopted from UK numbers) that means 10M
- Inappropriate interventions were done for them including unnecessary blood tests, CT scans, Abx, Antifungals, Antivirals, Anti-something else, Steroids, Anticoagulants, plasma, etc... with average cost of \$1000 per patient
- •The fund wasted on futile/ ineffective/ unnecessary interventions ~ \$10 Billion in that system
- That fund could have been used in a much better and effective way to fight the pandemic

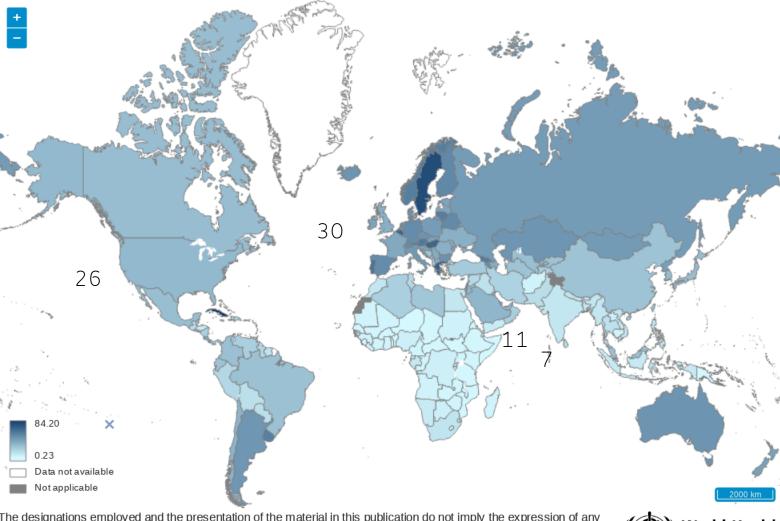
## Workforce

#### Workforce

- \*Which is a big problem in terms of numbers, training and skill mix
- It is a huge ethical problem as well, since the so called first world health care systems (high income countries) relies mostly on professionals imported from the so called third world countries (low income countries) especially in times like this leaving low income countries even more deprived from professionals who they have educated and trained.
- Another solution being tried is the service fragmentation to avoid relying on highly skilled professionals who need a lot of qualifications and long time to train, and both are expensive. The downside of that solution is reduced skill mix which might lead to lower resilience.
- \*Healthcare professionals are just like normal people, they get sick, stressed and burntout

Year

Latest



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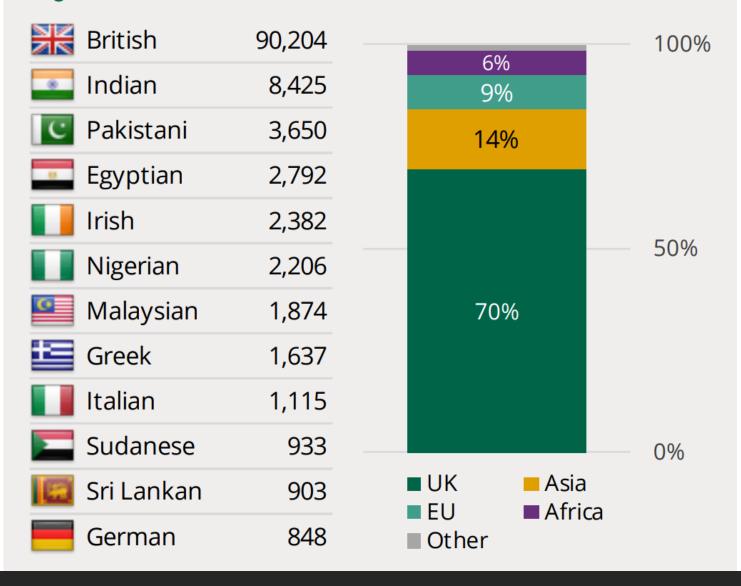
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## House of Commons Library

#### **Nationality of hospital doctors**

England, March 2021, headcount basis





#### Of every 1,000 NHS staff in England...

...854 are British

...58 are Asian

...54 are from the EU

...25 are African

...9 are from somewhere else

These figures vary substantially across England. In London, 107 of every 1,000 staff (10.7%) are from the EU.

#### Most common nationalities of NHS staff

	UK/British	1,118,116	6	Spanish	5,405
*	Indian	32,117		Romanian	5,251
	Filipino	25,423	C	Pakistani	4,902
	Irish	14,151		Zimbabwean	4,780
	Polish	10,520	*	Ghanaian	3,395
	Nigerian	10,494		Greek	3,348
	Portuguese	7,831	Co	Egyptian	2,895
	Italian	6,660	in	Malaysian	2,581

#### **EU Nationals in different NHS staff groups**

Category	Number	% of staff group
ALL STAFF	70,660	5.4%
Nurses and Health Visitors	18,936	5.8%
Clinical Support Staff	18,849	4.5%
Hospital Doctors	11,206	8.7%
Infrastructure support	10,017	4.8%
Scientific, Therapeutic and Technical	9,982	5.8%

#### Non-EU nationals in different NHS staff groups

Category	Number	% of staff gro
ALL STAFF	119,911	9.2%
Nurses and Health Visitors	46,670	13.8%
Hospital Doctors	28,039	21.7%
Clinical Support Staff	27,035	6.5%
Infrastructure Support	8,668	4.2%
Scientific, Therapeutic and Technical	7,811	4.6%

## Infrastructure

THIS IS ANOTHER

MASSIVE CHALLENGE

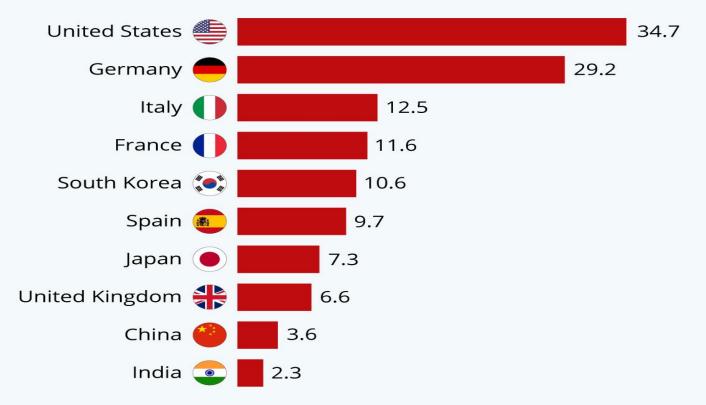
RELATED TO ALL THE

PREVIOUS

CHALLENGES

### The Countries With The Most Critical Care Beds Per Capita

Total number of critical care beds per 100,000 inhabitants in selected countries\*



<sup>\*</sup> Most recent U.S. and EU data from 2009 and 2012 respectively. Asian data is from 2017.

Sources: National Center for Biotechnology Information, Intensive Care Medicine (journal), Critical Care Medicine (journal)









- When more ICU beds were needed, we didn't have the capacity to accommodate.
- Hospitals were over stretched.
- Essential surgeries and interventions were cancelled to MANAGE THE DISASTER
- Field hospitals were tried, but again staff shortage and funding control that solution

- So when we look back on how we did in managing the pandemic we have to look for other things more than patients who were directly affected by the disease. We have to look for those who didn't have their cancer treated because the hospitals were too busy managing the pandemic patients, those who lost their vision from delayed eye operations, those who waited months for diagnostic tests, all of those who are considered to be collateral damage.
- We also have to look into the huge backlog and waiting lists after the pandemic and strategies to get it done.
- And finally the staff shortage from exhaustion and burnout.

#### To summarise

I am not providing solutions or pretending that we succeeded globally in managing a disaster, we are still far from that. This talk was just for brainstorming and sharing challenges that we need to deal with.

There are huge discrepancies and gaps between the countries of this world in their healthcare systems and minimal standards of healthcare provision. That need to be sorted as a first step in the journey of disaster mitigation planning. If we can't function when there is no disaster, we have no hope when disasters come.

Buildings, machines, and people will always be problems for healthcare, but it seems that money can solve all the problems when it exists. So, funding will always be THE PROBLEM. Money talks...



# Thank you