

Supplementary Table 1: A list of the study questions posed to all participants. Once participants had answered screener questions, they were asked these questions in this order.

Question	Answer options
What is your age (years)?	18-30
	31-50
	51-70
	71-90
	>90
What is your identified gender?	Male
	Female
Which of these most accurately describes where you live?	Village
	Suburbs
	Urban area
What type of diabetes do you have?	Type 1 diabetes
	Type 2 diabetes
	Gestational diabetes
	I am not sure
How would you rate your knowledge of diabetes?	Good – I understand diabetes and what it means for my health
	Fair – I have an idea of what diabetes is and how it affects me but could know more
	Poor – I don't understand diabetes at all
Do you currently have/or have you ever had any of the following health conditions? (select all relevant answers)	None of these
	Hypertension
	Obesity
	Eye disease
	Kidney disease
	Chronic infection
	Foot or leg problems
	Dental problems
	Sexual problems
	Gastrointestinal problems
	Other
Since being diagnosed with diabetes, how often do you eat sugary foods?	Never (I don't eat any)
	Rarely (about 1-2 times per year)
	Sometimes (about 1-2 times per month)
	Often (about 1-2 times per week)
	Daily (about 1-2 times per day)
Since being diagnosed with diabetes, how often do you replace	Never (I don't use artificial sweeteners)
	Rarely (about 1-2 times per year)
	Sometimes (about 1-2 times per month)

sugar in your diet with artificial sweeteners?	Often (about 1-2 times per week)
	Daily (about 1-2 times per day)
If you do use sweeteners, which ones do you typically use? (select any relevant answers)	I don't use sweeteners
	Sweet n Low
	iLife Stevia Natural Sweeteners
	MISTIN (Herbal Sweetening Powder)
	Splenda No Calorie sweetener
	Canderel Low Calorie sweetener
	Silver Spoon sweetener
	Equal sweetener
	Huxol
	Zerocal
	Sugar free Gold
	Xlear (XyloSweet)
	Organic erythriol (Now Foods, Real Foods)
	Organic monk fruit, xylitol
Other	
Do you add artificial sweeteners to your tea/coffee?	Yes
	No
	I don't drink tea or coffee
When you buy soft drinks, which type do you usually select?	With sugar
	With low sugar
	With no sugar
Are you aware of any foods which you eat which contain artificial sweeteners?	Yes – I am aware which foods contain sweeteners.
	No – I am not aware which foods contain sweeteners
Do you usually check whether a product contains artificial sweeteners, e.g. by looking at the label?	Yes
	No
Are you aware of health issues related to artificial sweetener usage?	Yes – I am aware of health issues.
	No – I am not aware of health issues
Please answer the following questions based on before you were diagnosed with diabetes	
Did you smoke?	Yes
	No
Did you chew battle-vine (Pan)?	Yes
	No
Please answer the following questions based on after you were diagnosed with diabetes	
Do you smoke?	Yes
	No
Do you chew betel-vine (Pan)?	Yes

	No
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