

ANGLIA RUSKIN UNIVERSITY

Appendix B – Volume II

**GROUP MUSIC THERAPY IN PRIMARY SCHOOLS
TO DEVELOP TOLERANCE AND INCLUSION:
LAYING THE FOUNDATIONS FOR FUTURE PEACE**

PAOLA PECORARO COSTA ESPERSON

**A thesis submitted in partial fulfilment of the
requirements of Anglia Ruskin University
for the degree of Doctor of Philosophy**

Submitted: April 2022

Appendix B1 Drawings: example of scoring?

Appendix B1.1: example score 1 IT	?
Appendix B1.2: example score 1 UK	?
Appendix B1.3: example score 2 IT	?
Appendix B1.4: example score 2 UK	?
Appendix B1.5: example score 3 IT	?
Appendix B1.6: example score 3 UK	?
Appendix B1.7: example score 4 IT	?
Appendix B1.8: example score 4 UK	?
Appendix B1.9: example score 5 IT	?
Appendix B1.10: example score 5 UK	?
Appendix B1.11: example score 6 IT	?
Appendix B1.12: example score 6 UK	?
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Appendix B1.17: example score 9 IT	?
Appendix B1.18: example score 9 UK	?
Appendix B1.19: example score 10 IT	?
Appendix B1.20: example score 10 IT	?

Appendix B2 Drawings with messages self confidence, empathy, relationship ...?

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Appendix B2.5: class 3 IT	?
Appendix B2.6: class 4 IT	?
Appendix B2.7: class 4 IT	?
Appendix B2.8: class 5 IT	?
Appendix B2.9: class 5 IT	?
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Appendix B3 Drawings with messages for the music therapist	?
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 Collage Drawing 3 IT initial	 ?
Collage Drawing 3 IT final	?
Collage Drawing 1	?
Collage Drawing 2	?

APPENDIX B1 Drawings
EXAMPLE OF SCORING

Appendix B1.1 Example Score 1

Initial score 1 (class 5 IT)

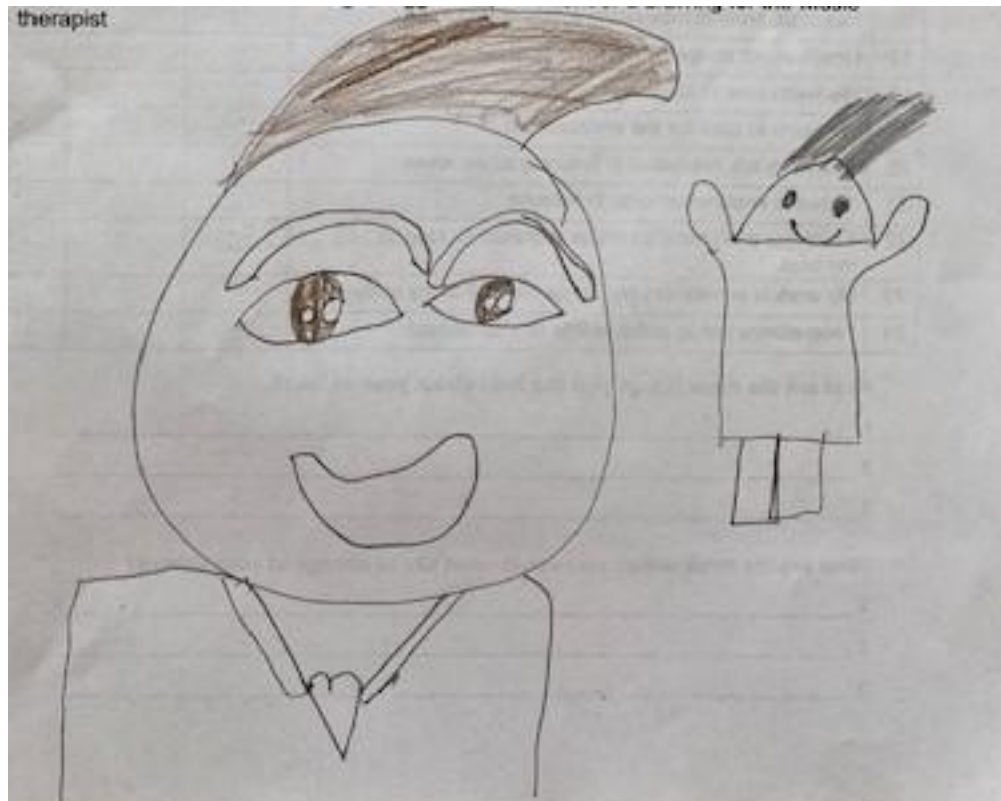


Final score 6

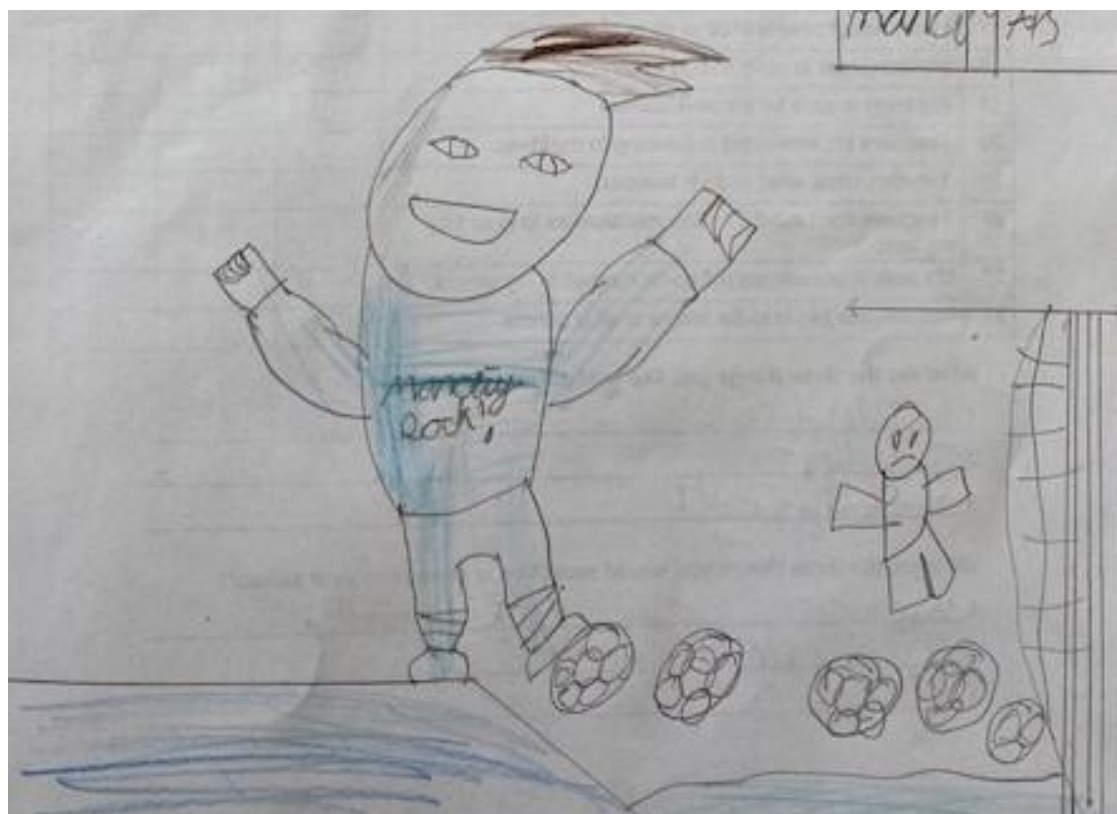


Appendix B1.2 Example Score 1

Initial score 1 (class 4 UK)



Final score 6



Appendix B1.3 Example Score 2

Initial score 2 (class 5 IT)



Final score 6



Appendix B1.4 Example Score 2

Initial score 2 (class 5 UK)



Final score 6



Appendix B1.5 Example Score 3

No Initial score 3 (class IT)

Final score 3 (class 5 IT)



Appendix B1.6 Example Score 3

No initial score 3 - Final score 3 (class 3 UK)



This was Initial score 5



Appendix B1.7 Example Score 4

Initial score 4 (class 5 IT)

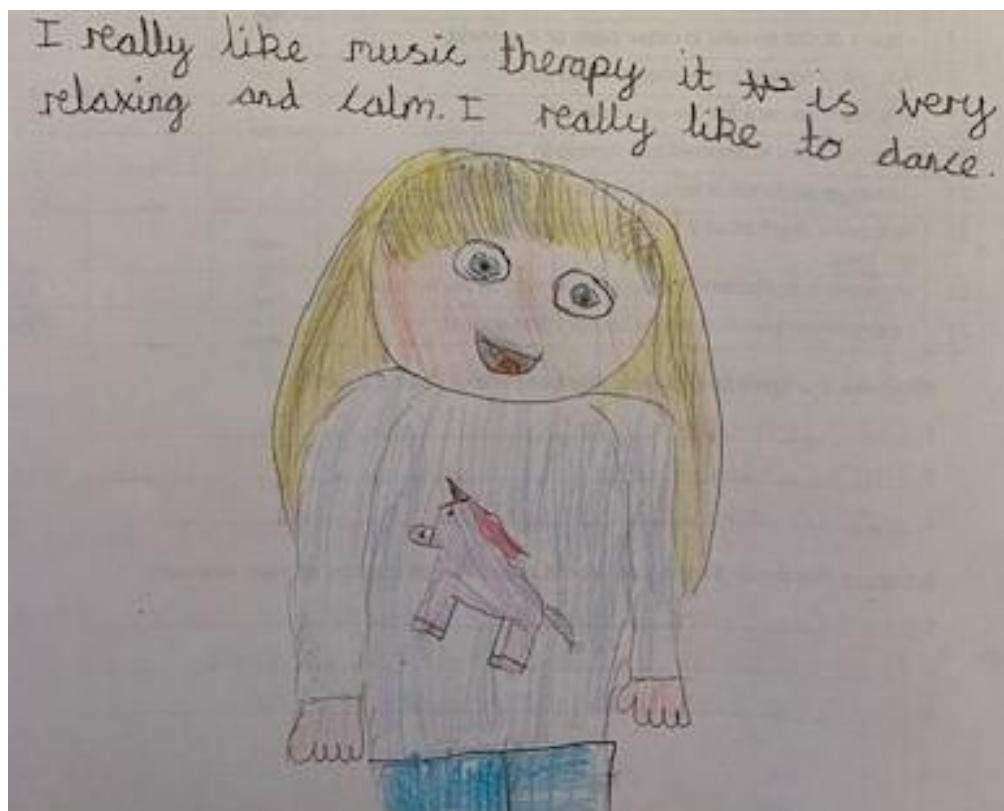


Final score 6

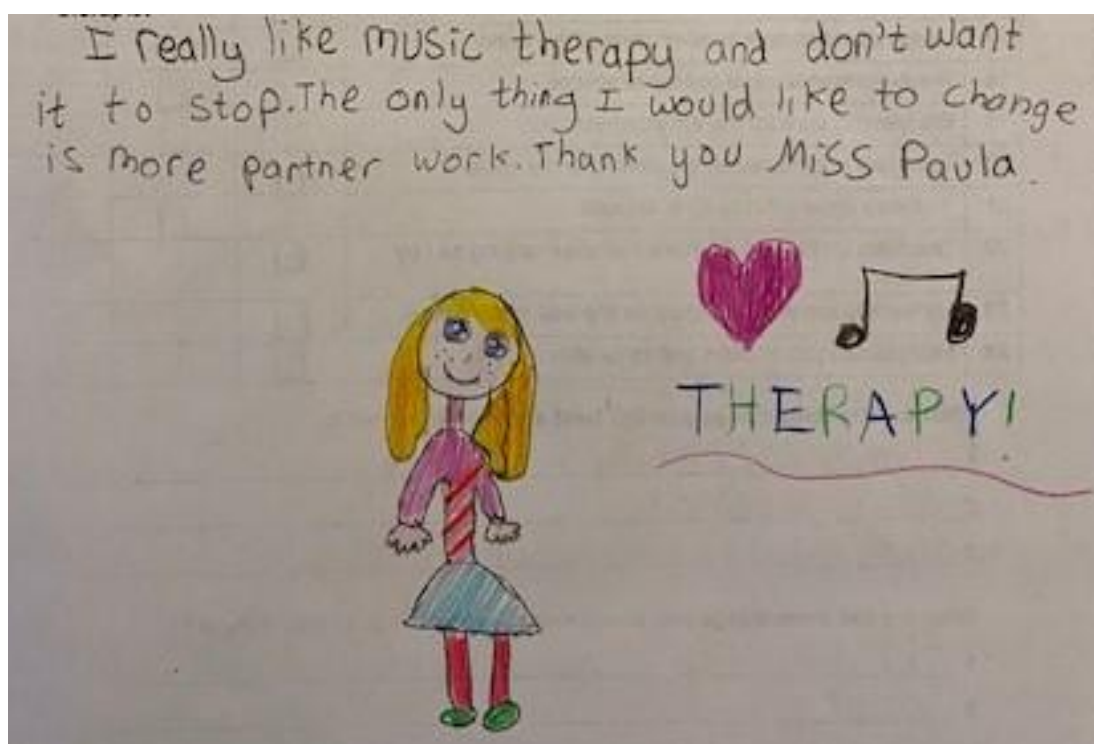


Appendix B1.8 Example Score 4

Initial score 4 (class 5 UK)



Final score 8



Appendix B1.9 Example Score 5

Initial score 5 (class 3 IT)

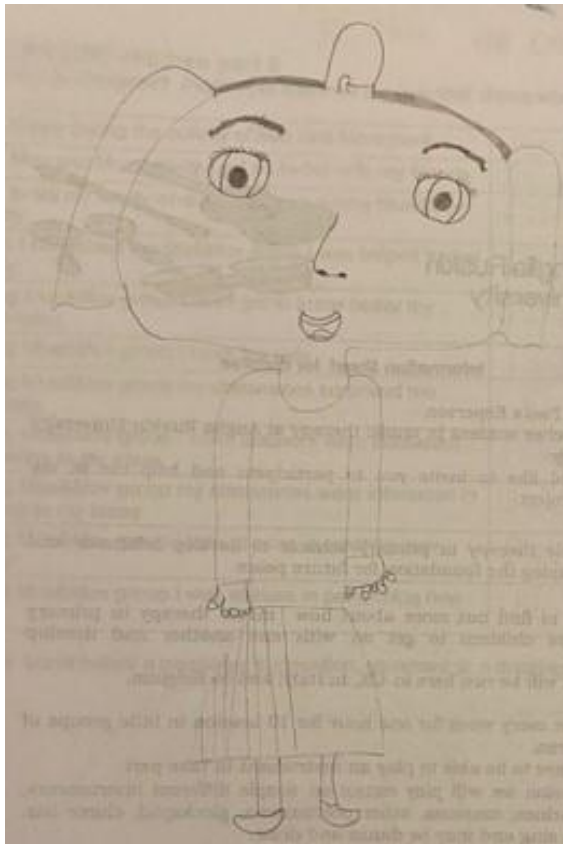


Final score 6



Appendix B1.10 Example Score 5

Initial score 5 (class 5 UK)



Final score 6



Appendix B1.11 Example Score 6

Initial score 6 (class 5 IT)



Final score 2



Appendix B1.12 Example Score 6

Initial score 6 (class 6 UK)



Final score 6



Appendix B1.13 Example Score 7

Initial score 7 (class 4 IT)

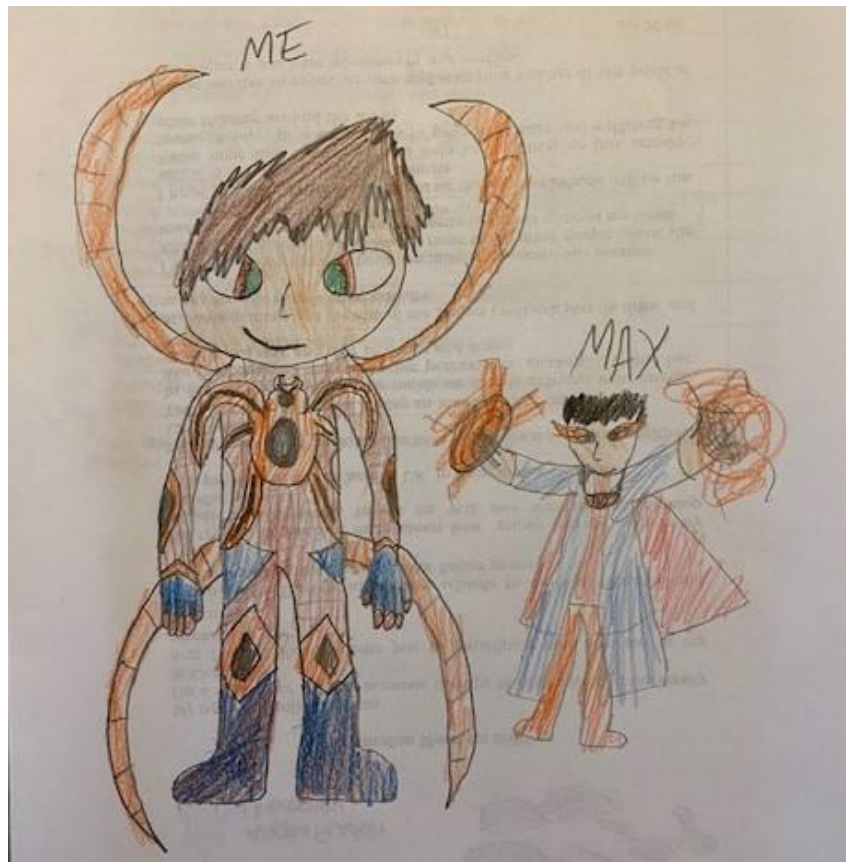


Final score 10

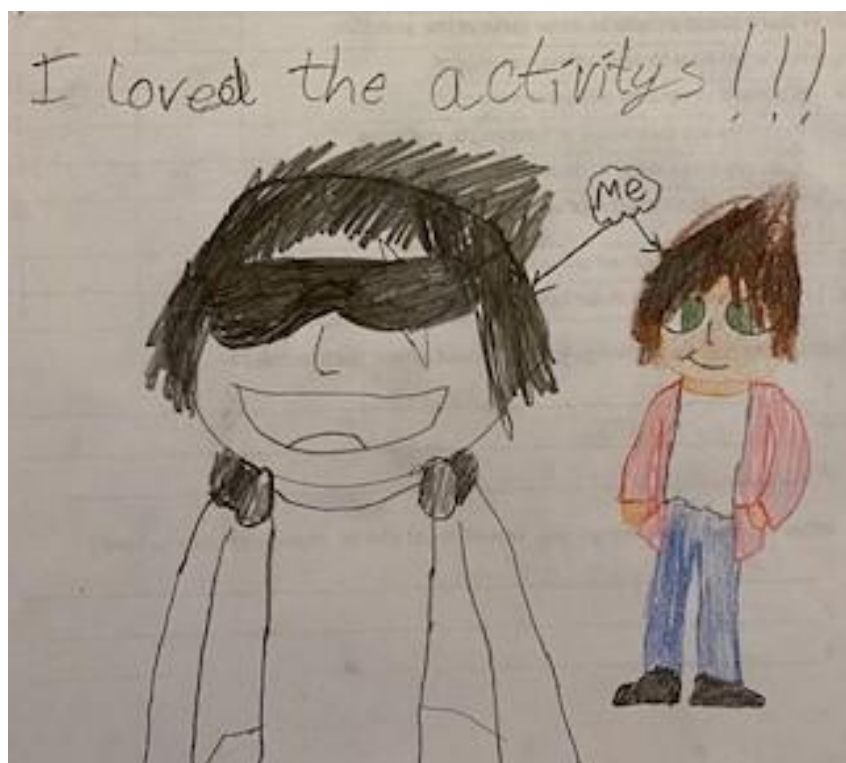


Appendix B1.14 Example Score 7

Initial score 7 (class 5 UK)



Final score 6



Appendix B1.15 Example Score 8

Initial score 8 (class 3 IT)



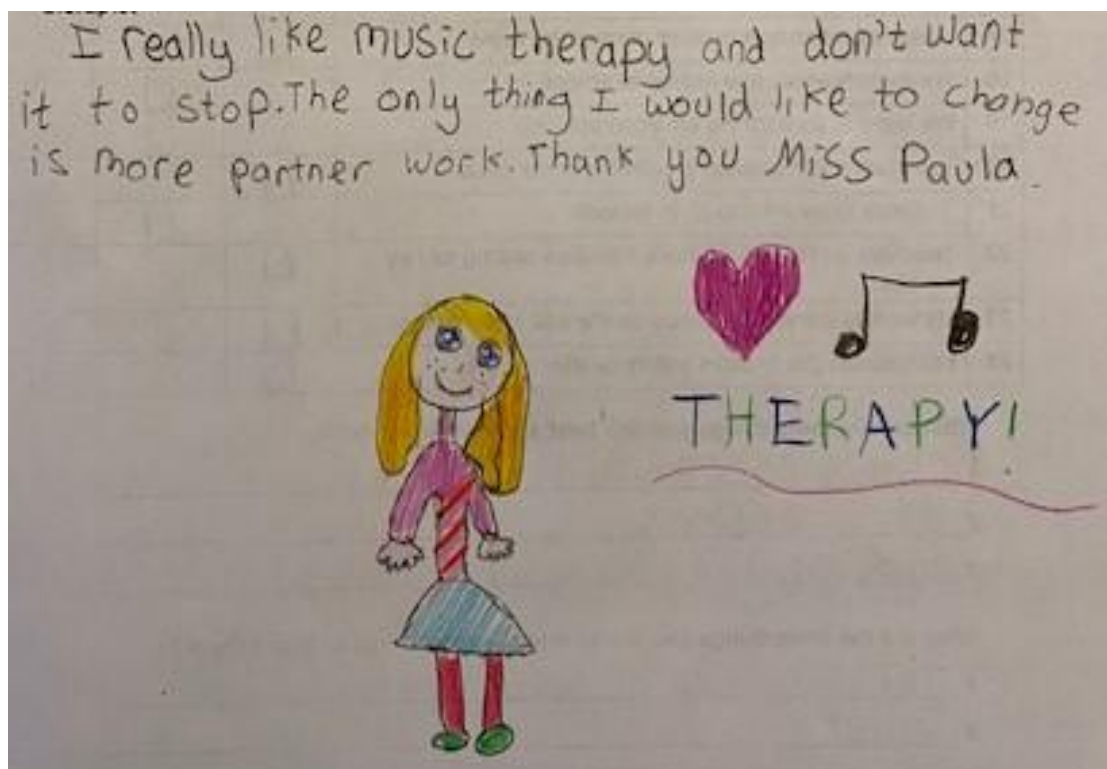
Final score 9



Appendix B1.16 Example Score 8

No Initial score 8 (class UK)

Final score 8 (class 5 UK)



Appendix B1.17 Example Score 9

Initial score 9 (class 3 IT)



Final score 9



Appendix B1.18 Example Score 9

No Initial score 9 (class UK)

Final score 9



Appendix B1.19 Example Score 10

Initial score 10 (class 3 IT)



Final score 10



Appendix B1.20 Example Score 10

Initial score 10 (class 5 IT)



Final score 10



No UK drawing score 10

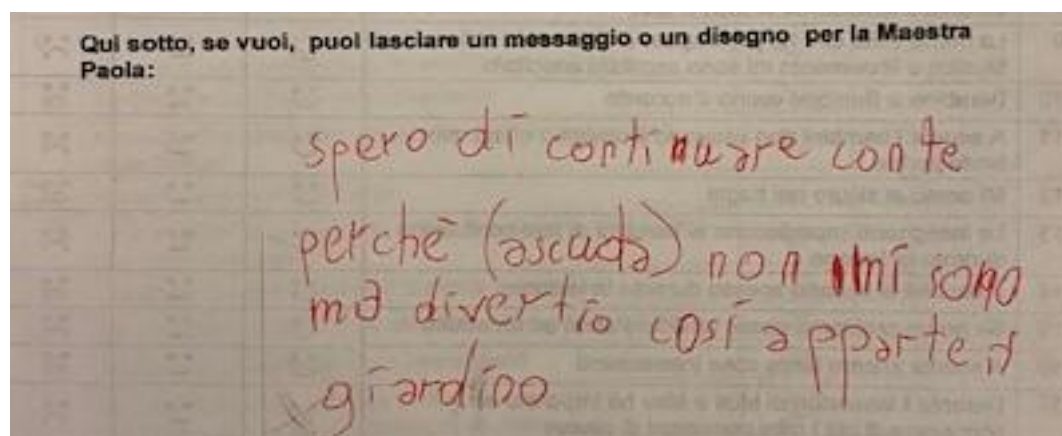
APPENDIX B2

DRAWINGS WITH MESSAGES

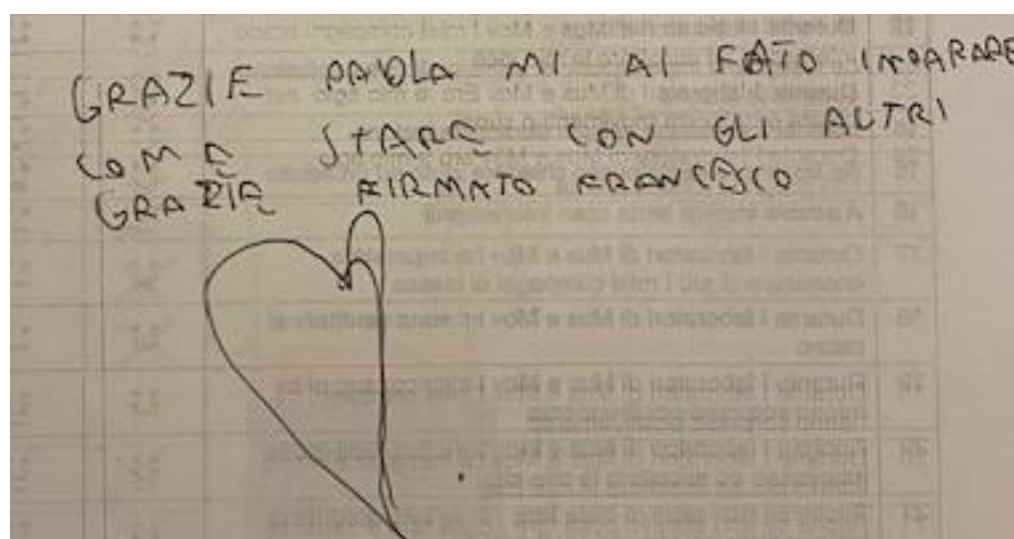
SELF CONFIDENCE, EMPATHY, RELATIONSHIP

Appendix B2.1

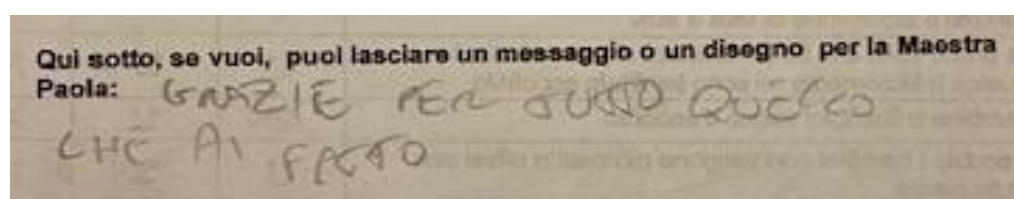
Class 3 IT



I hope to continue with you because (at school) I have never had such a good time, apart from the garden



Thanks Paola, you made me learn how to be with others. Thanks signed Francesco



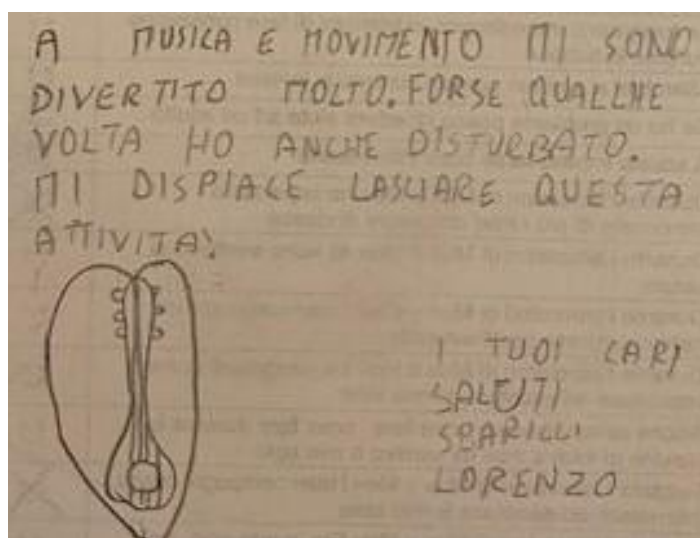
Thanks for everything you have done

Appendix B2.2

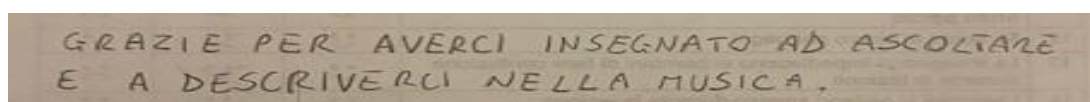
Class 3 IT



Dear teacher Paola, I am sorry that you are going away and I will miss you very much. But I will not forget you because you are a special teacher and you taught us to do many beautiful things, and I enjoyed it so much. Hope you can visit us soon. Roby



I had a lot of fun in music and movement. Maybe sometimes I even bothered. Sorry to leave this business. Your best regards Lorenzo

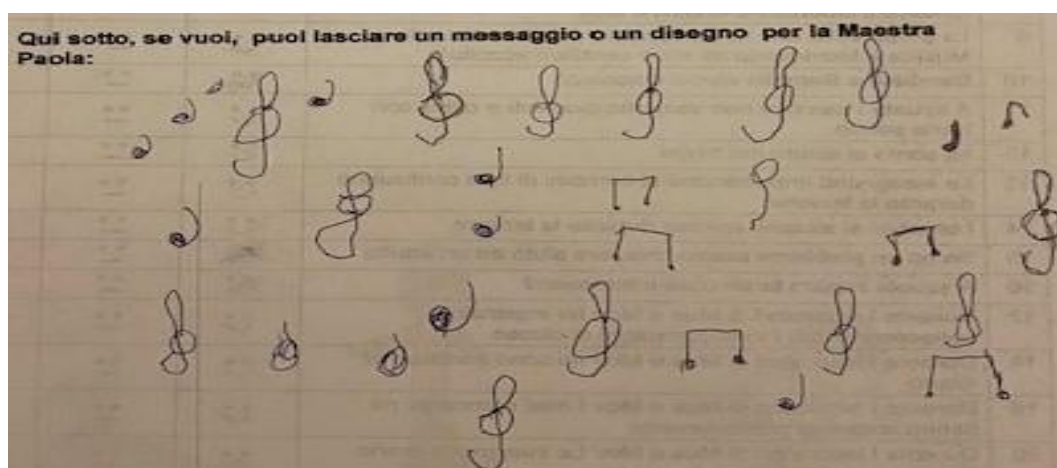


Thank you for teaching us to listen and describe ourselves in music

Class 3 IT

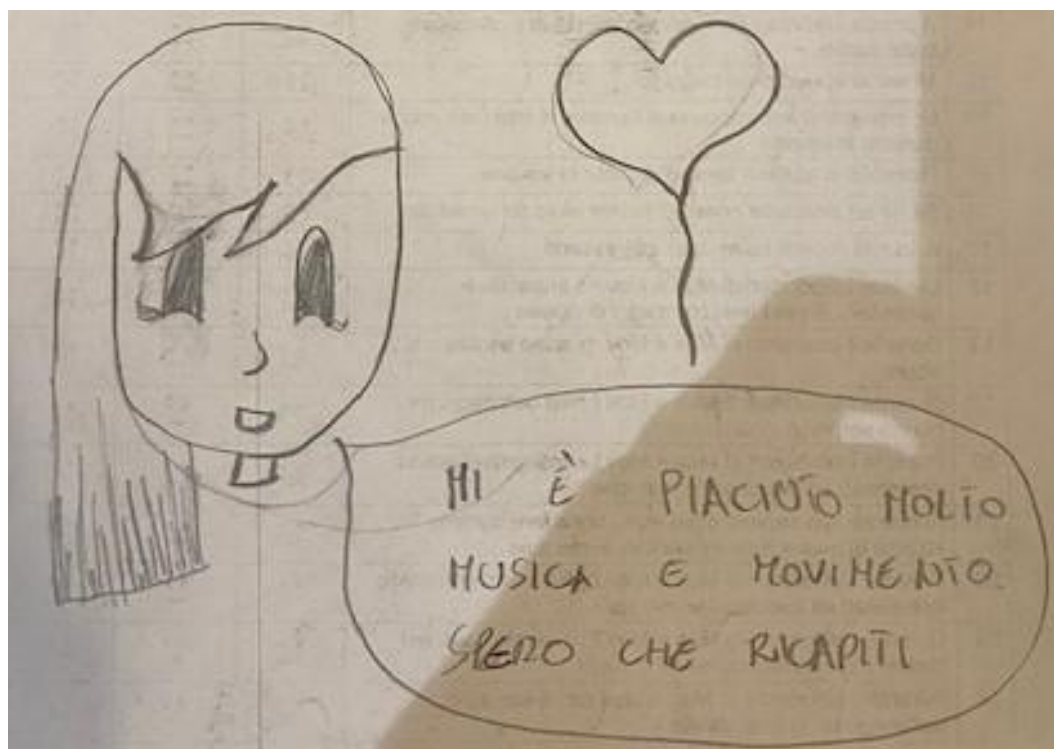
"Dear teacher Paola you were one of the best teachers I have known. I hope to see you again soon. I had a lot of fun, the music was very relaxing, but I wanted to give some advice, if when or one day we meet again. I hope that those lucky children who have met you, you will make them have fun like us, you are very nice and loving, good and kind. I had a lot of fun. From one of your students Thanks for what you do, I love you, "

A piece of advice to give to EVERYONE DREAM BIG"

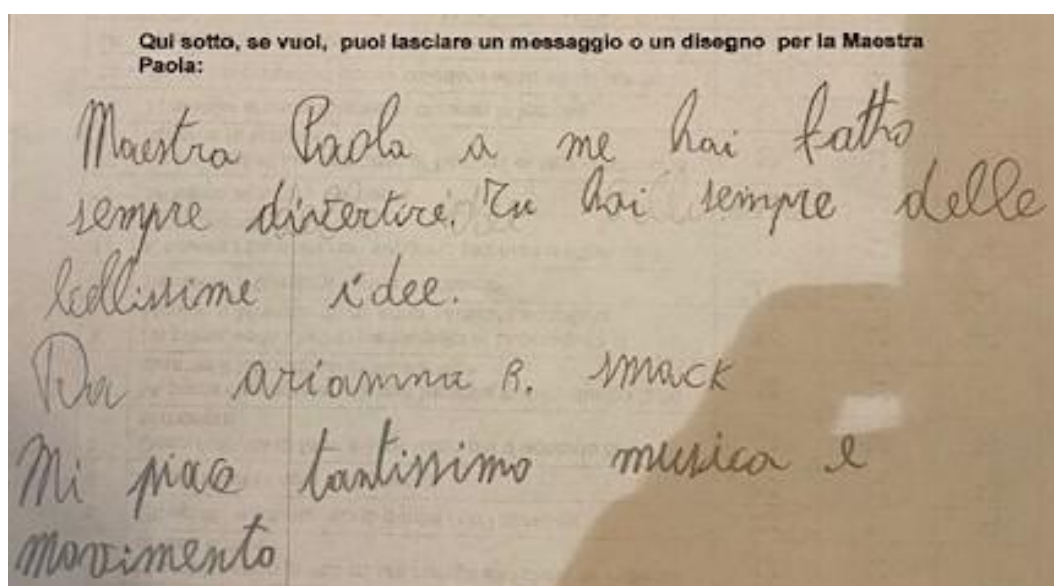


Appendix B2.4

Class 3 IT



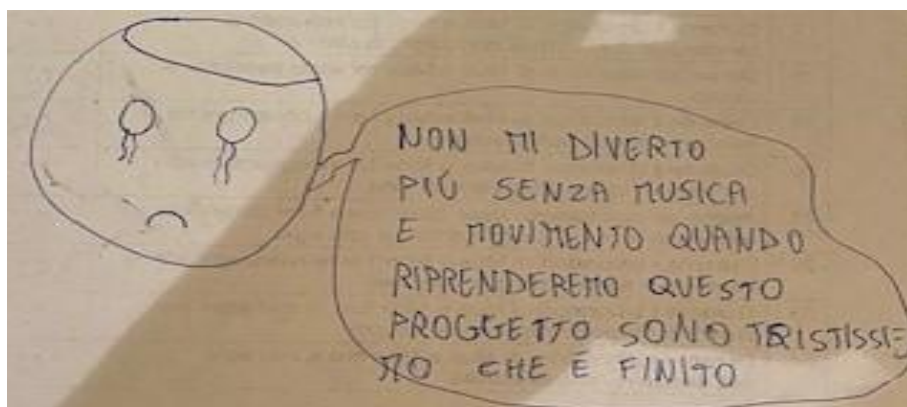
I really enjoyed the music and movement, I hope it happens again



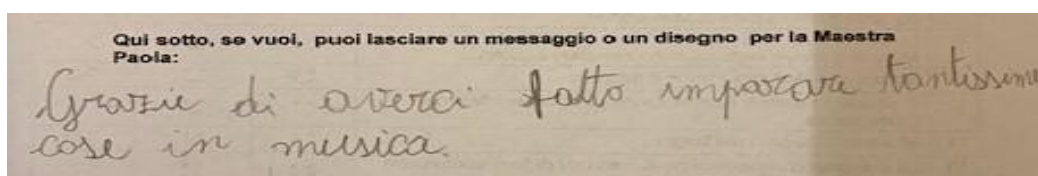
Teacher Paola you always made me have fun.
You always have great ideas.
By Arianna R. smack.
I really like music and movement

Appendix B2.5

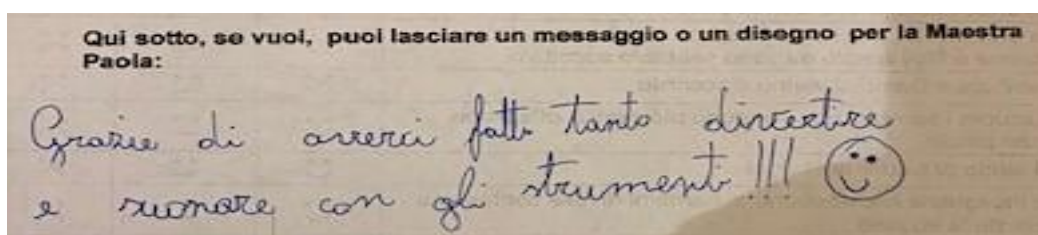
Class 3 IT



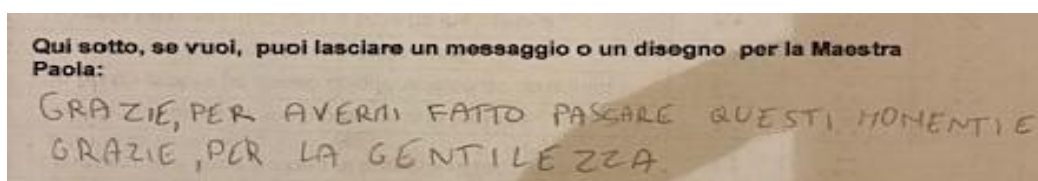
I no longer have fun without music and movement, when we resume this project (?) I am very sad that it is over



Thanks for letting us learn so many things in music



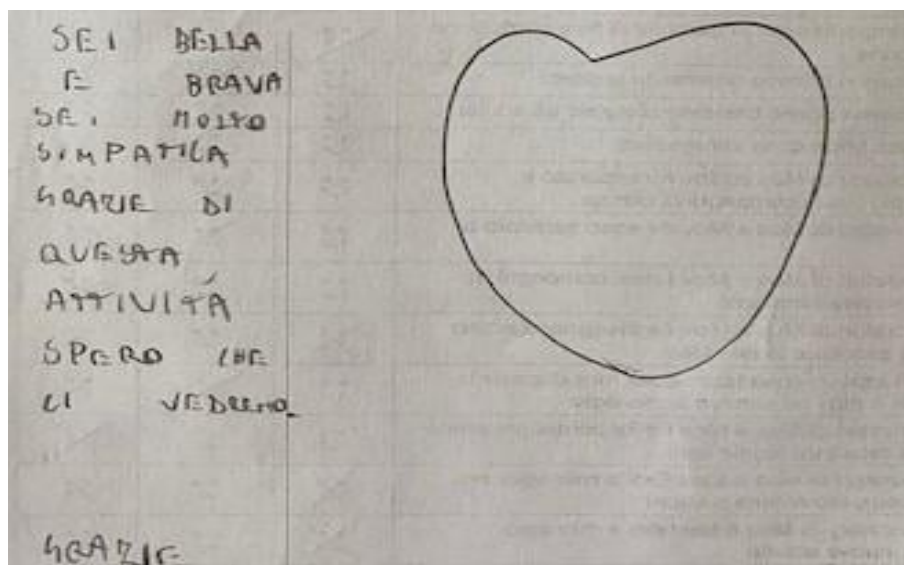
Thanks for letting us have so much fun and play with the instruments!!!



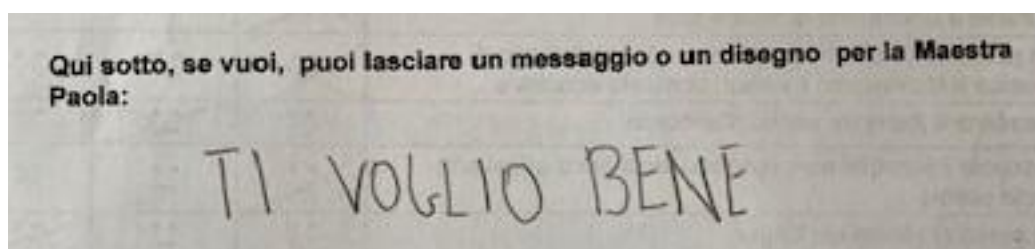
Thank you for letting me through these moments and thank you for your kindness

Appendix B2.6

Class 4 IT



You are beautiful and good you are very nice, thanks for this activity, I hope we will meet. Thank you



I love you



You are the best teacher of music and movement

Appendix B2.7

Class 4 IT

GRAZIE MAESTRA PAOLA PER FARCI
VIVERE QUESTE EMOZIONI BELLISIME
E PER FARCI CAPIRE CHE TUTTO E
MOLTO IMPORTANTE SONO STATO MOLTO
FELICE GRAZIE 😊

Thank you teacher Paola for making us experience these beautiful emotions and for making us understand that everything is very important I was very happy thanks

MI SONO DIVERTITO MOLTO, GRAZIE!

I had a lot of fun thanks

GRAZIE CI AI
FATTO DIVERTIRE
CIAO 🍷

Thanks you made
us have fun
Hello

SEI STATA
DI GRANDE
AIUTO PER
NOI

You have
been of great
help to us


Appendix B2.8

Class 5 IT

MI SONO
DIVERTI
TO
MOLTO

I had a lot
of fun

Egregia maestra Paola, penso
che le lezioni di musicoterapia
siano state molto divertenti,
ma se questa era la prima
ero molto felice, però è l'ultima, ^{h!}
e vorrei dirti che sei stata molto
brava come insegnante e spero
che anche agli altri piaccia



Dear teacher
Paola, I think the
music therapy
lessons were very
fun, but if this was
the first I was very
happy, but it's the
last! and I would
like to tell you that
you have been very
good as a teacher,
and I hope others
like it too

Cara Maestra Paola con te
mi sono sentito molto a mio agio
sei molto brava e spero che continui
questa bellissima attività!
A tanti saluti Leonardo.

Dear teacher
Paola, I felt
very
comfortable
with you, you
are very good
and I hope you
will continue
this wonderful
activity!
Many greetings
Leonardo

Mi dispiace che questa materia debba essere
interrotta ma è stata stupenda finché è durata
e spero che un giorno possa riprendere questa sensazione
di felicità e amore

I am sorry that this matter has to be stopped but it has been
wonderful as long as it lasted and I hope that one day I can
try again these emotions of happiness and love

Appendix B2.9

Class 5 IT



It's nice to
work
together

Caro Maestra Paola,
fra pochi giorni noi non ti dovremo
vedere più. Ci hai fatto fare un bel
lissimo progetto ~~in~~ nel quale mi
sono divertito moltissimo. Mi manderai
un tanto maestra Paola.

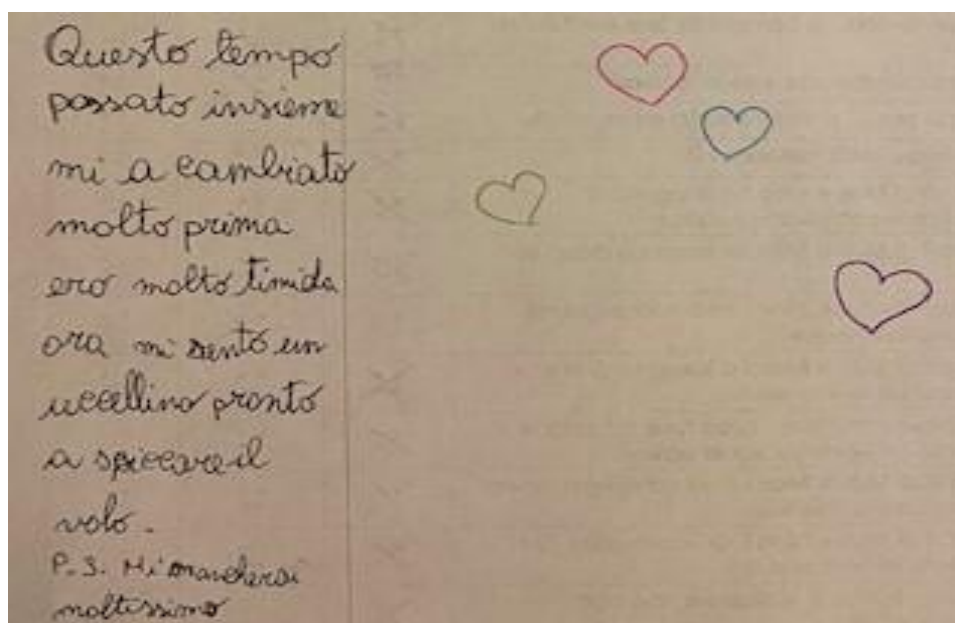
Dear teacher Paola, in a few days we won't have to see you
again. You gave us a great project that I enjoyed very much.
I will miss you so much teacher Paola.

Mi è piaciuto molto fare questo
progetto e vorrei rifarlo l'anno
prossimo sempre con la maestra Paola.
Baci baci Mario

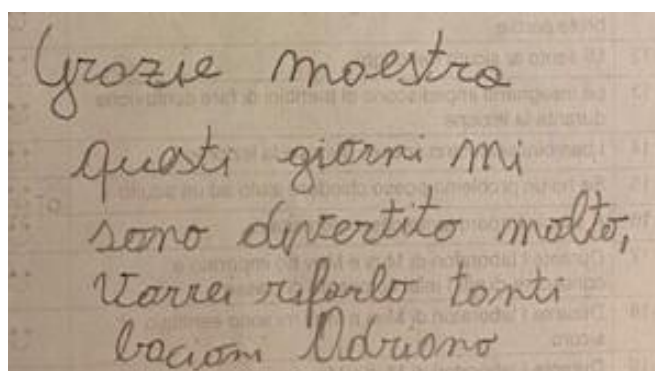
I really enjoyed doing this project and I would like to
do it again next year again with the teacher Paola
Kisses kisses Mario

Appendix B2.10

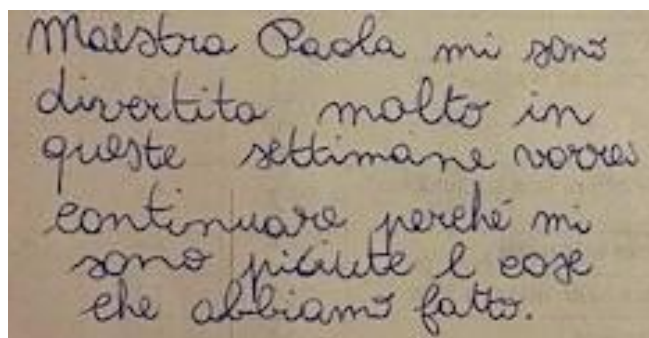
Class 5 IT



This time together has changed me a lot. Before I was very shy, now I feel like a little bird ready to take flight.
PS: I will miss you very much



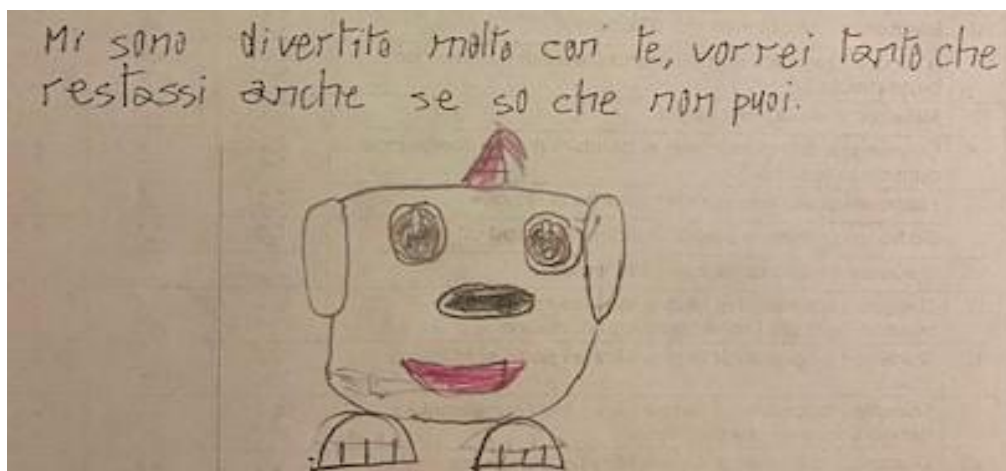
Thanks teacher,
I had a lot of fun
these days,
I would like to do
it again.
Many kisses
Adriano



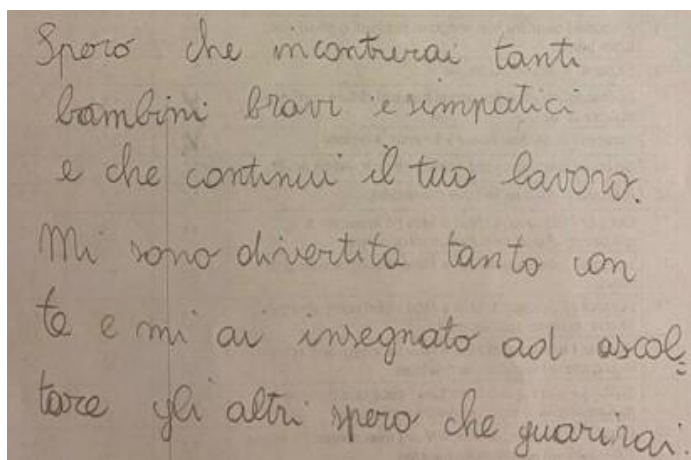
Teacher Paola
I have had a lot
of fun in these
weeks, I would
like to continue
because I liked
the things we
did

Appendix B2.11

Class 5 IT



I had a lot of fun with you, I really want you to stay even though I know you can't



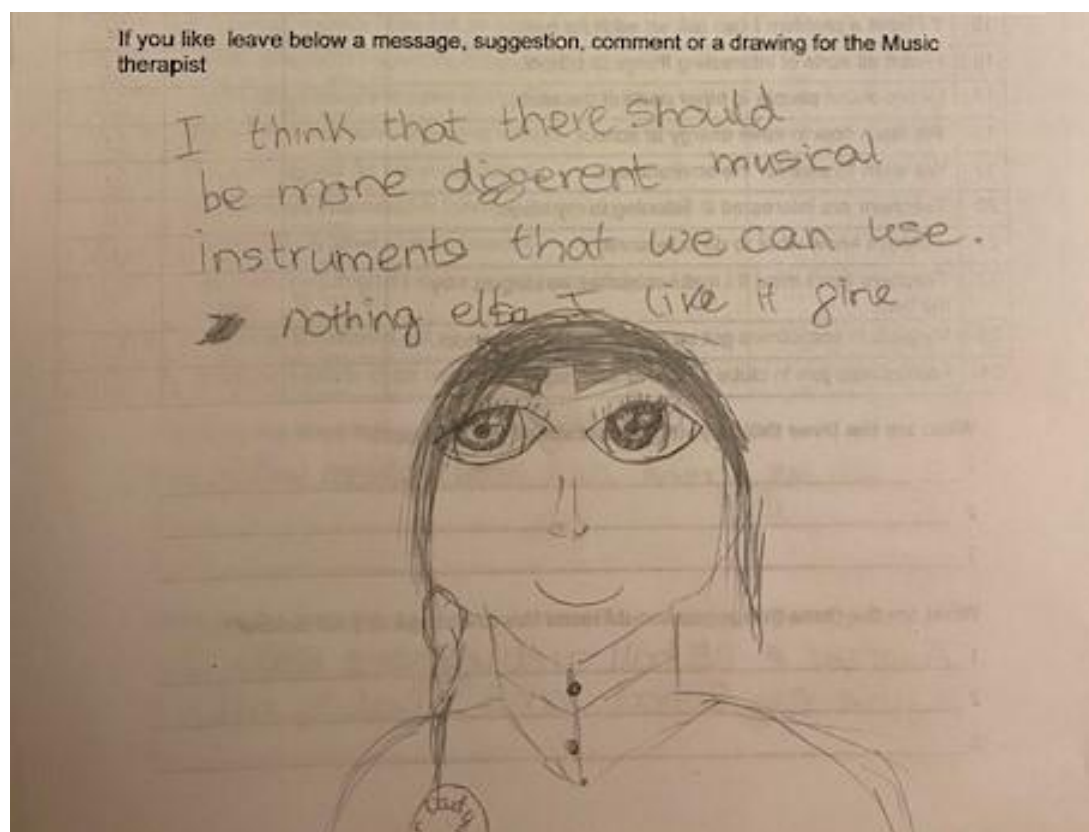
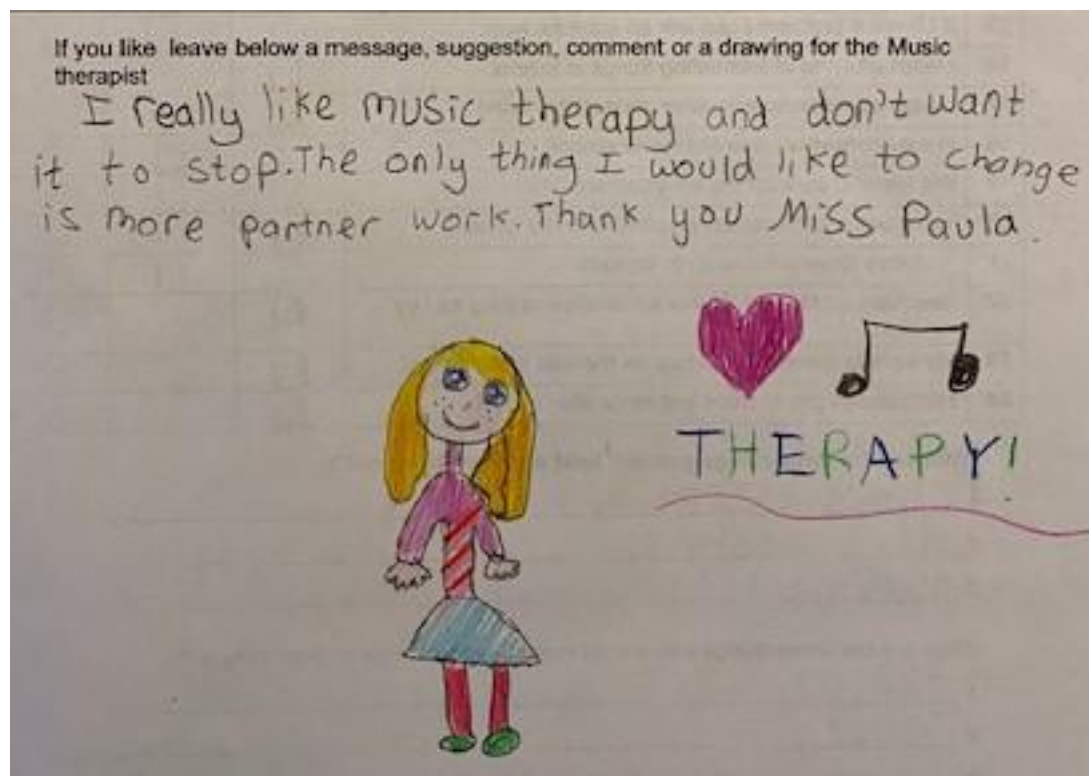
I hope that you will meet many good and nice children and that you continue your work. I had so much fun with you and you taught me to listen to others I hope you will recover



it's great to work together

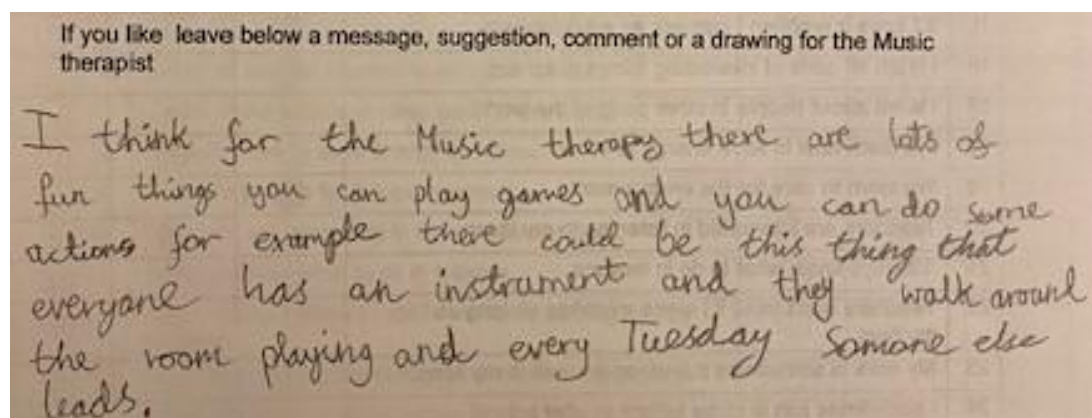
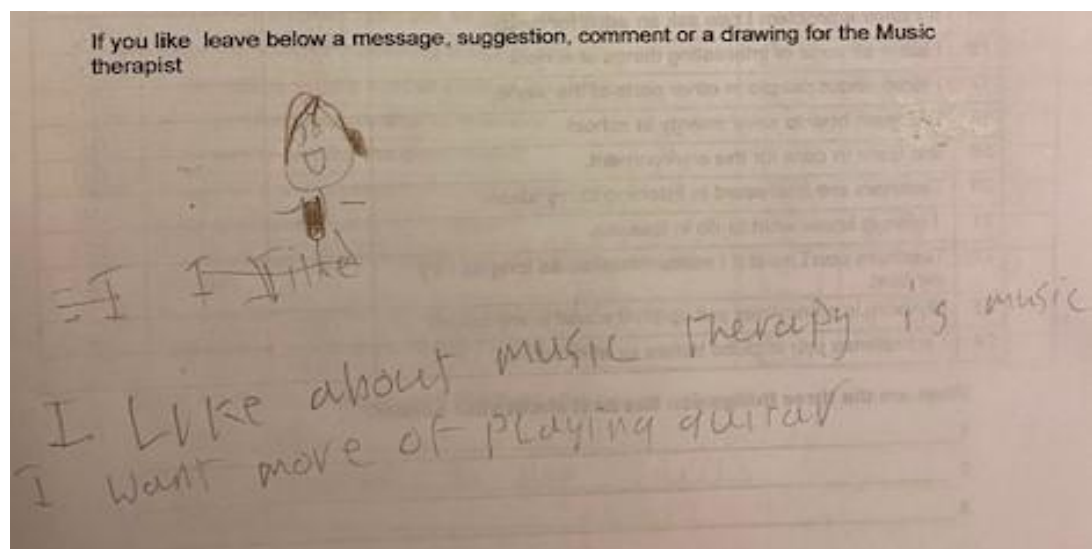
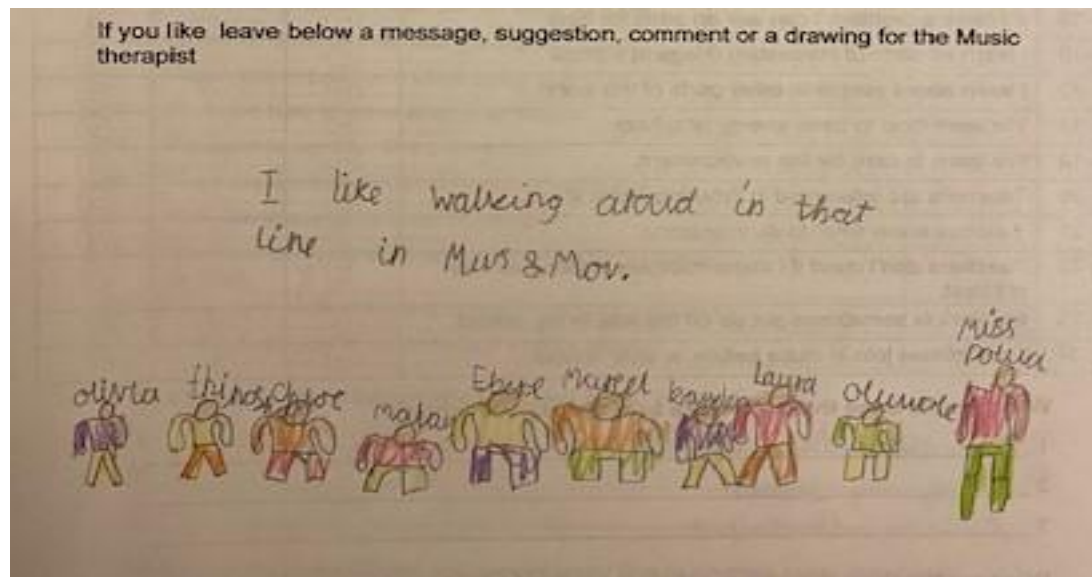
Appendix B2.12

Class 5 UK



Appendix B2.13

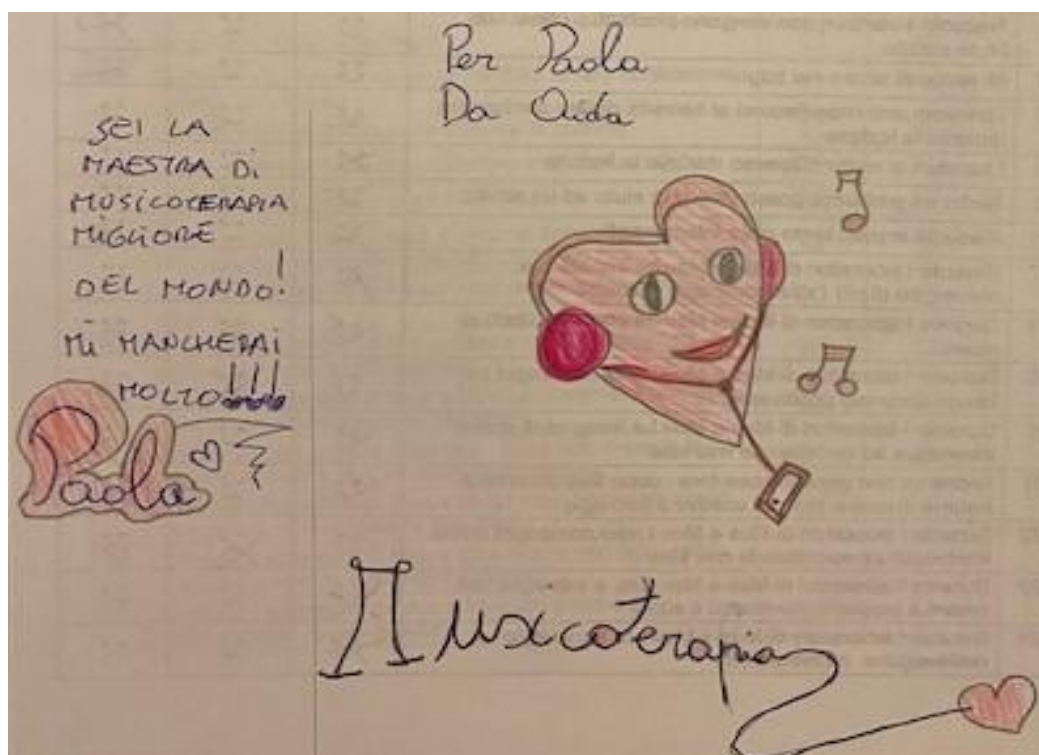
Class 5 UK



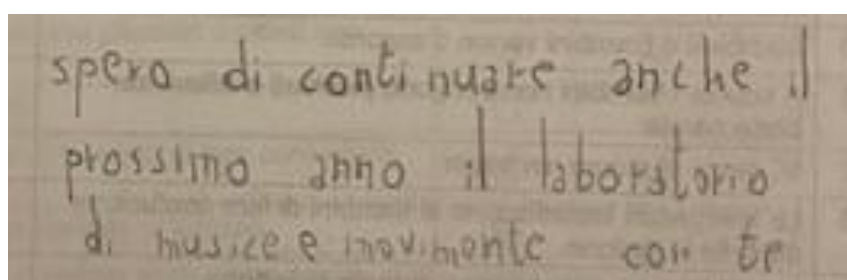
APPENDIX B3
DRAWINGS WITH MESSAGES
FOR THE MUSIC THERAPIST...

Appendix B3.1

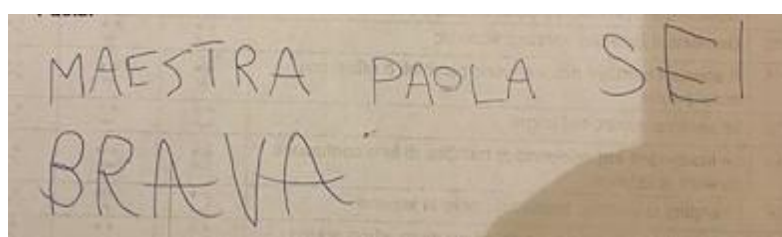
Class 3 IT



For Paola from Aida
You are the best music therapy teacher in the world!
I'll miss you so much!!!



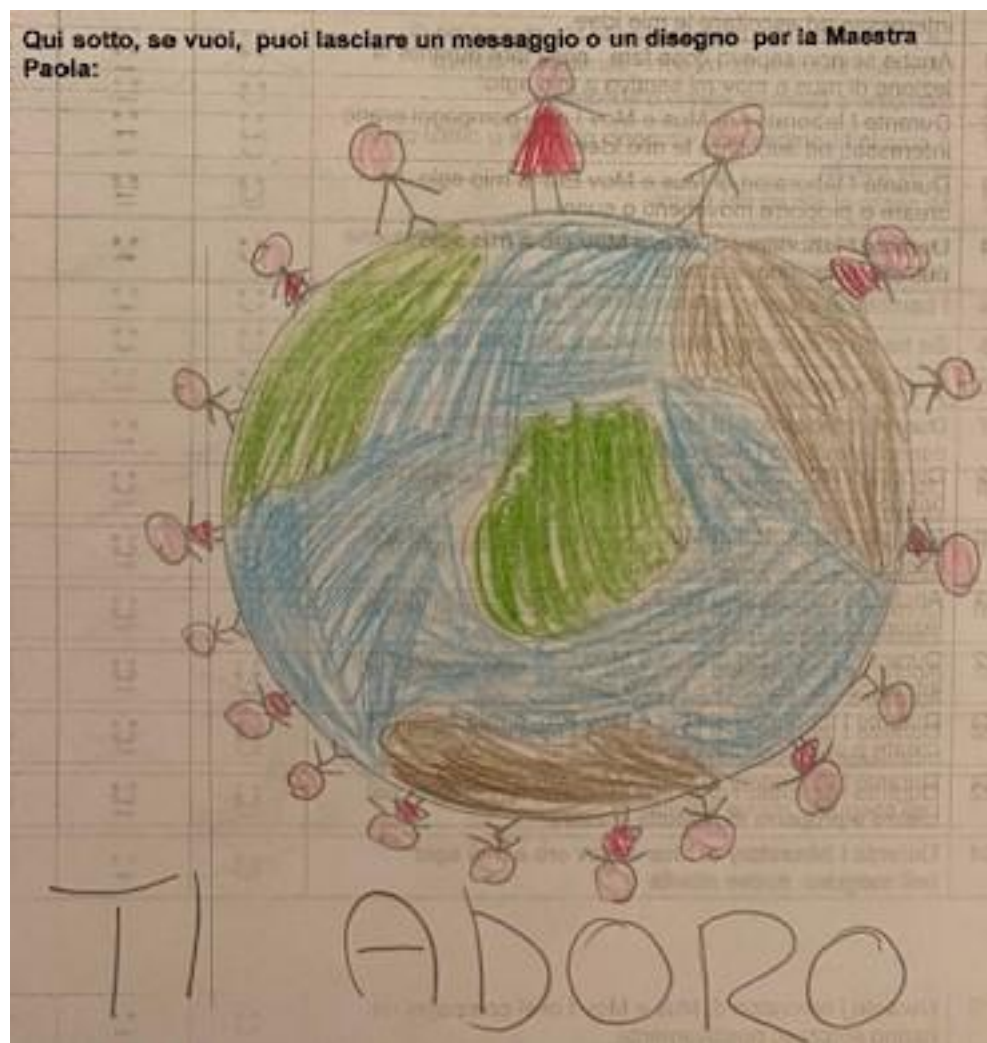
I hope to continue the music and movement workshop with you again next year



Teacher Paola
you are good

Appendix B3.2

Class 3 IT



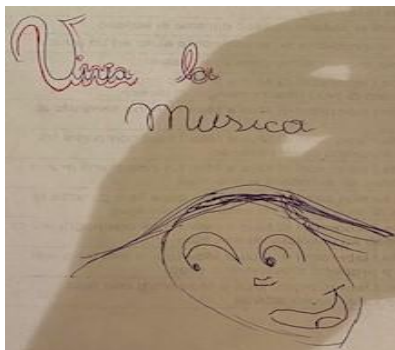
I love you

Grazie
maestra
Paola per
l'attenzione,
e anche per
le due dan-
ze

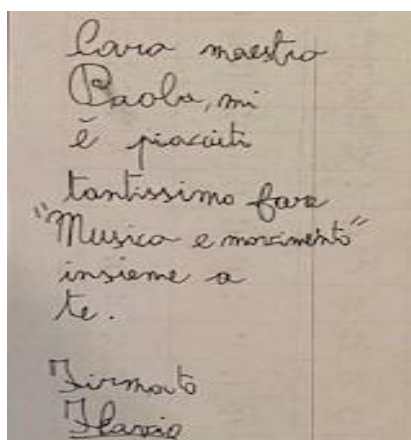
Thank you teacher
Paola for your
attention and also for
the two dances

Appendix B3.3

Class 3 IT



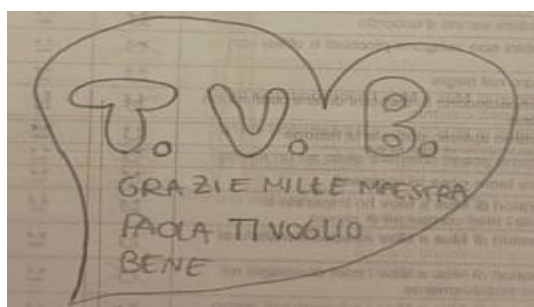
Long live the music



Dear teacher Paola I loved making "music and movement" with you.
Signed Flavio



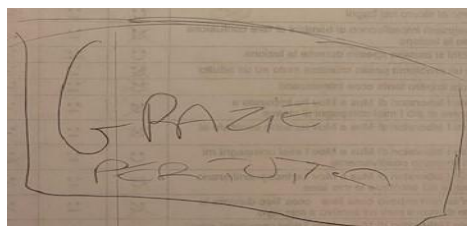
I will always remember music and movement



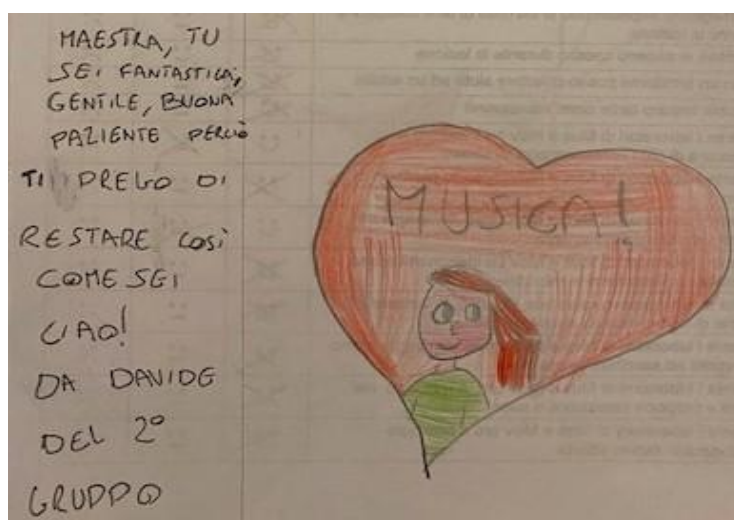
I love you
Thank you very much teacher Paola I love you

Appendix B3.4

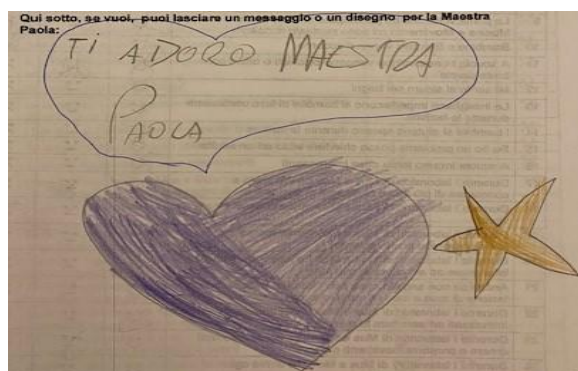
Class 3 IT



Thanks for everything



Teacher, you are fantastic, kind, good, patient, so please stay as you are bye! From David of the second group



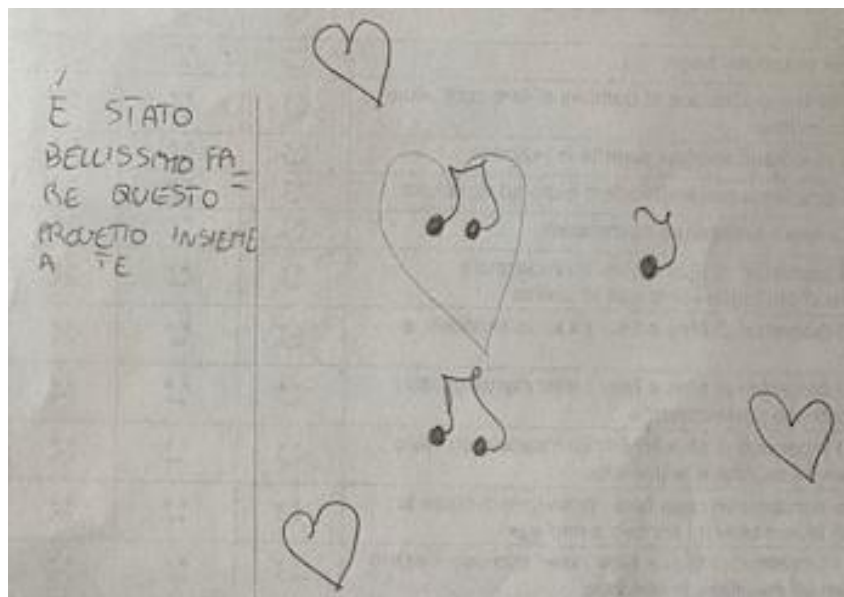
I love you teacher Paola



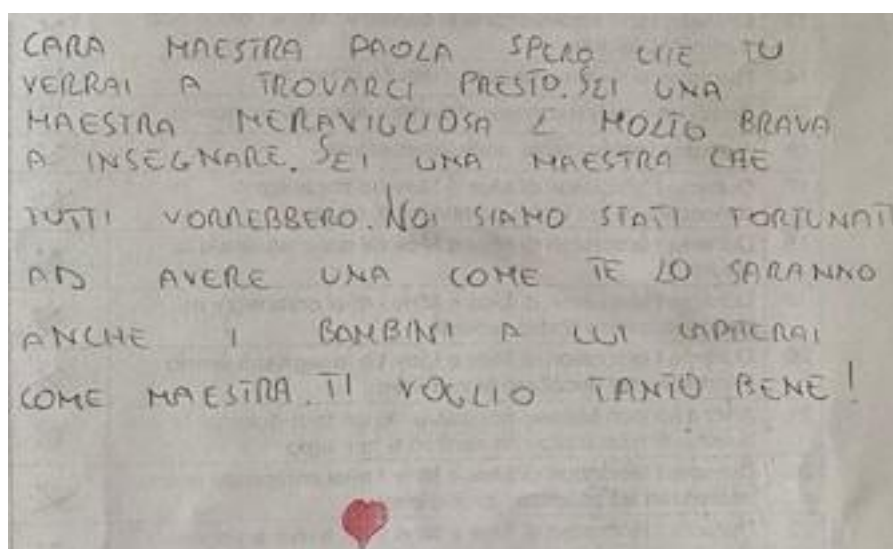
You - Me
I love you
teacher Paola

Appendix B3.5

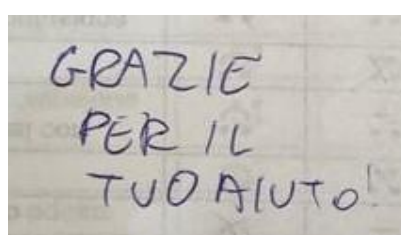
Class 4 IT



It was great doing this project with you



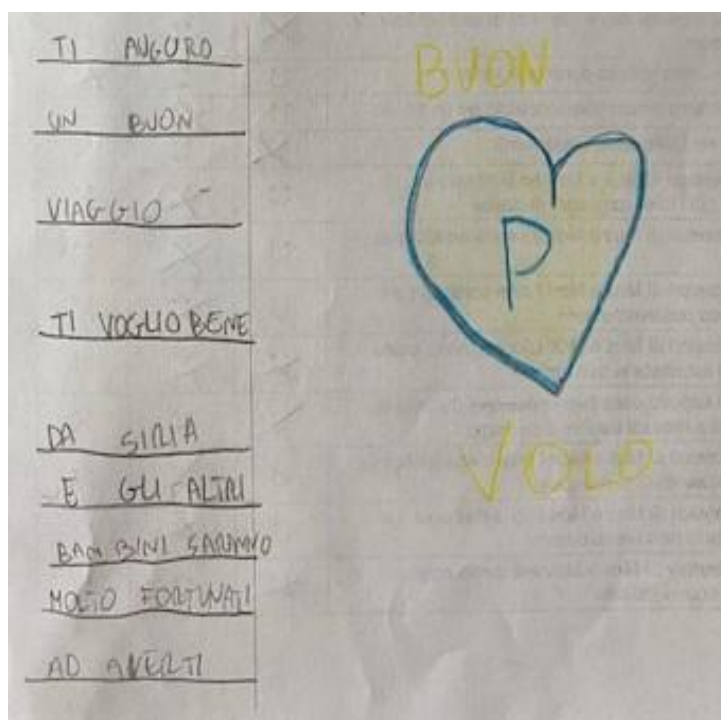
Dear teacher Paola, I hope you will come and visit us soon. You are a wonderful teacher and very good at teaching. You are a teacher that everyone would like. We were lucky to have someone like you. So will the children you happen to be as a teacher. Love You so much!



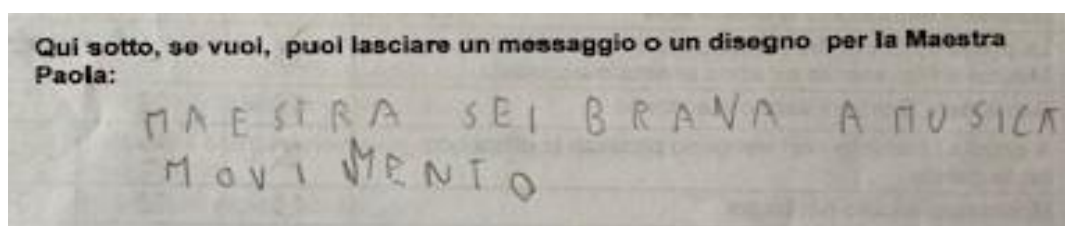
Thanks for your help

Appendix B3.6

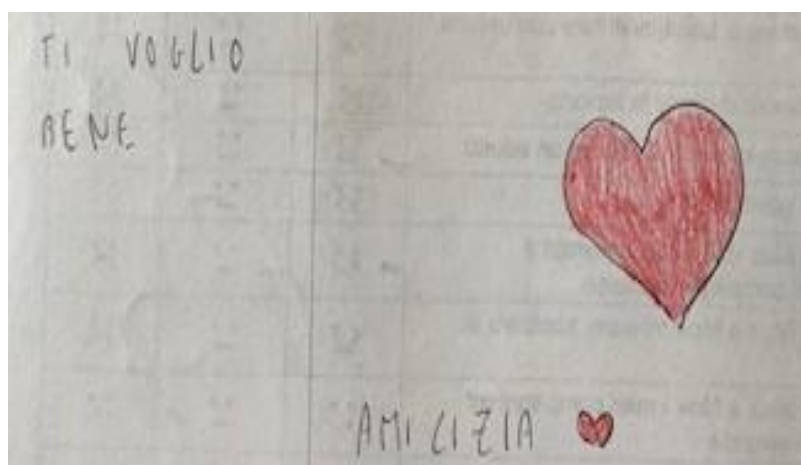
Class 4 IT



I wish you a good trip.
I love you from Syria
And the other children will be very lucky to have you
Good flight



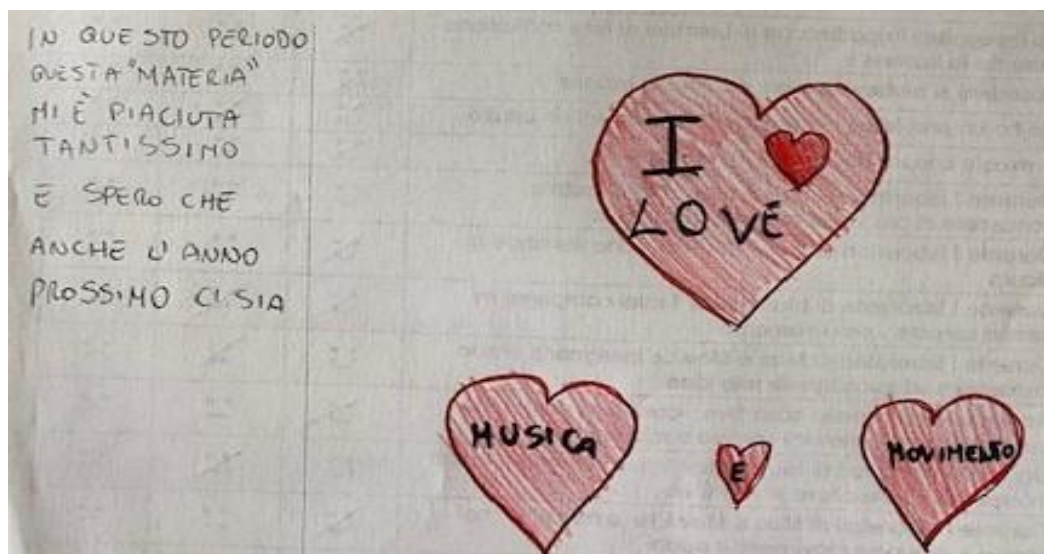
Teacher you are good at music and movement



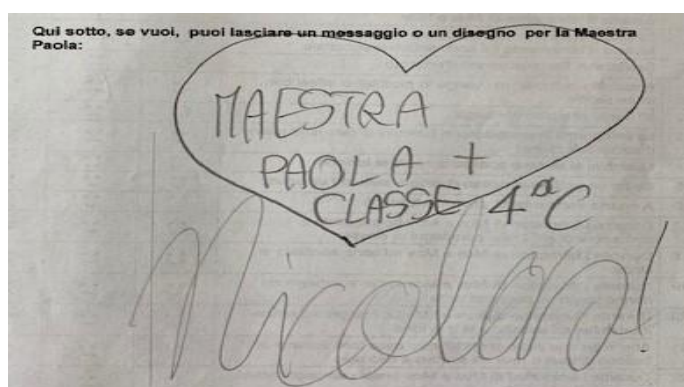
I love you.
Friendship

Appendix B3.7

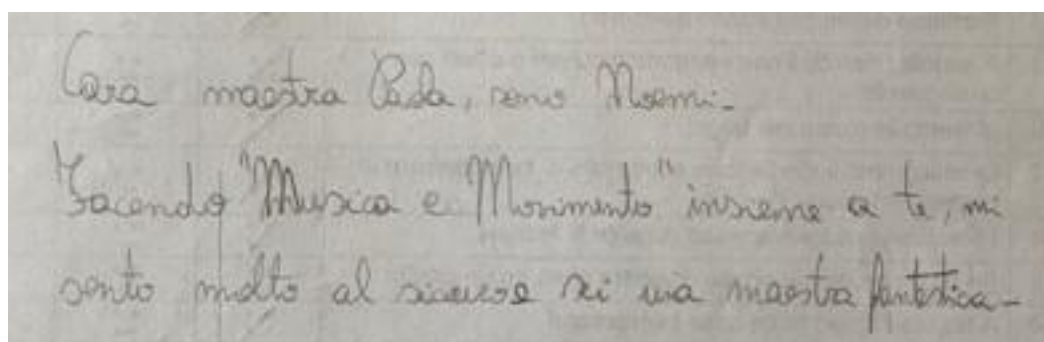
Class 4 IT



In this period I liked this "subject" a lot and I hope that next year there will be too



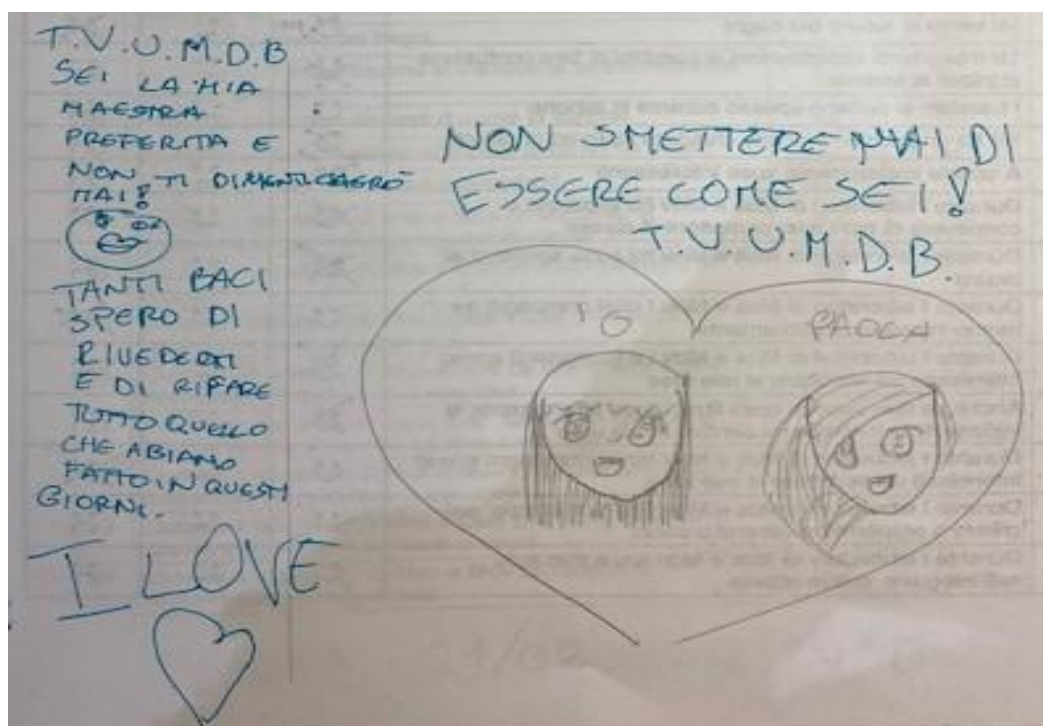
Teacher Paola + Nicolas



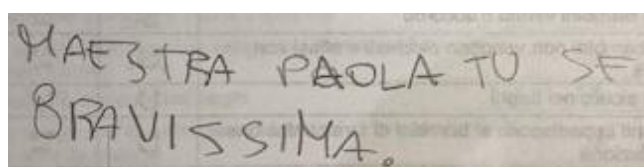
Dear teacher Paola, I'm Noemi. By doing music and movement with you, I feel very safe and you are a fantastic teacher

Appendix B3.8

Class 4 IT



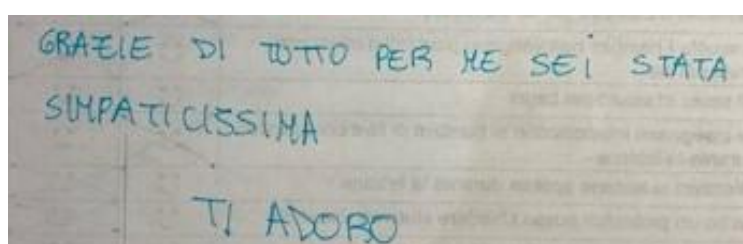
I want you a world of good, you are my favorite teacher and I will never forget you! Many kisses, I hope to see you again and to redo everything we have done in these days. I love you. Never stop being the way you are



Teacher Paola
you are very
good



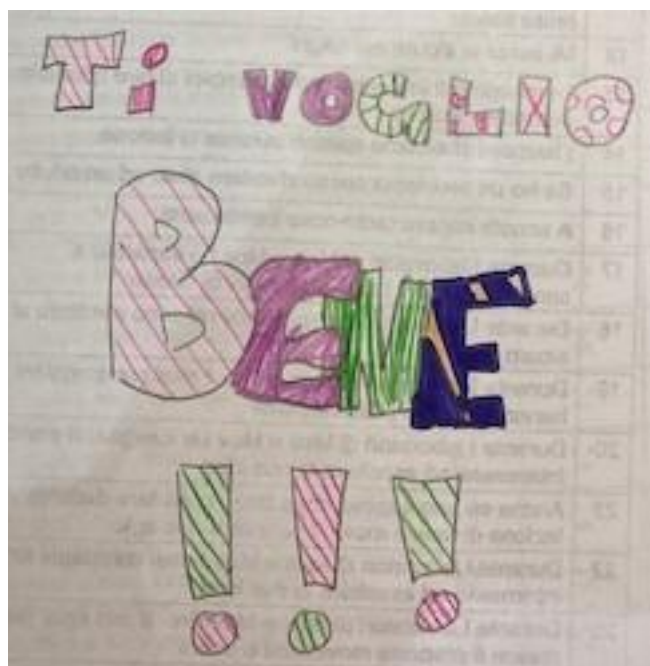
Goodbye



Thanks for
everything, for
me you were
very nice.
I love you

Appendix B3.9

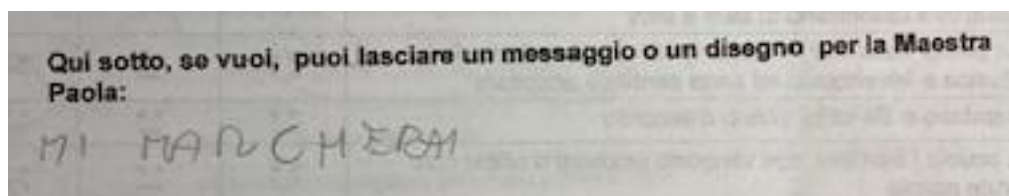
Class 4 IT



I love you



Dear teacher Paola, I had a lot of fun in this project,
I hope we will meet to talk to each other.
I say a crazy thank you, I love you.
Thank you



I'll miss you

Appendix B3.10


Class 4 IT

MI SONO DIVERTITA MOLTO
CON TE. CI VERRA' A
SALUTARE?

I had a lot of fun with you. Will you come to say hello?

GRAZIE MAESTRA CHE MI HAI INSEGNATO
TUTTE QUESTE COSE.

Thank you teacher who taught me all these things

CARA PAOLA
SEI STATA BULTO BRAVA
ADDIO 
E GRAZIE DELL' AIUTO

Dear Paola, you
were very good,
goodbye.
And thanks for
the help

CARA MAESTRA CHE HAI INSEGNATO
MOLTE COSE ED IO TI VOGLIO
MOLTO BENE DAL MIO CUORE
GIULIA *Giulia*

Dear teacher,
you have
taught us
many things
and I love you
very much
from my heart.
Giulia

Appendix B3.11

Class 4 IT

CARA MAESTRA PAOLA LE TUE ATTIVITÀ
E BELLISSIMA SPERO DI POTERTI RINCONTRE
SE C'SEI TU IO MI SENTO BENISSIMO
CON AFFETTO DAVIDE FLORIN 😊

Dear teacher Paola, your business is beautiful, I hope to meet you again, if you are here I feel great.
With affection Davide Florin

NO RRE) SUONARE DI
PIU' IL TAMBURO.

I would like to play the drum more

MAESTRA PAOLA CONTINUA COSI' SEI LA MAESTRA
PIU' STRABILIANTE DEL MONDO CON TE HO RUSCITA HA
CONTROLLARE LE MIE EMOTIONI E A CONVIVERE CON
I MIEI COMPAGNI E STARE INSEME
ATE IN OGNI MOMENTO MI MANCHERA
DAVIDE TAND.

T.V.T.B
TI VOGLIO
MUCHO
BENE

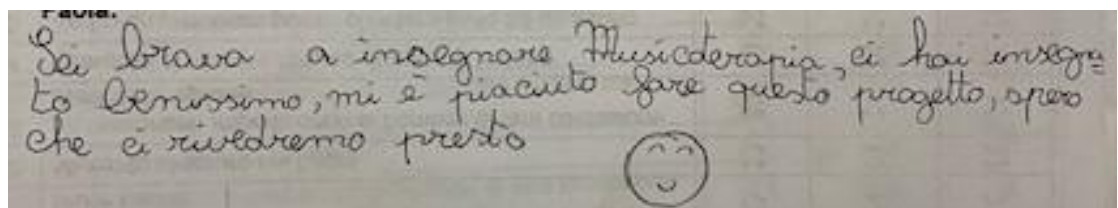
Maestra Paola continues like this, you are the most amazing teacher in the world, with you I was able to control my emotions and to live with my companions and be with you at all times, I will miss you very much.
Love You so much

Appendix B3.12

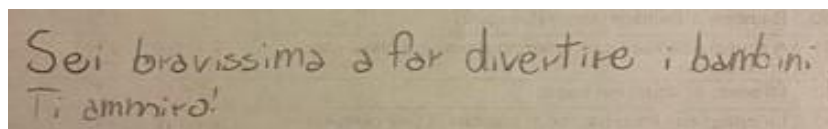
Class 5 IT



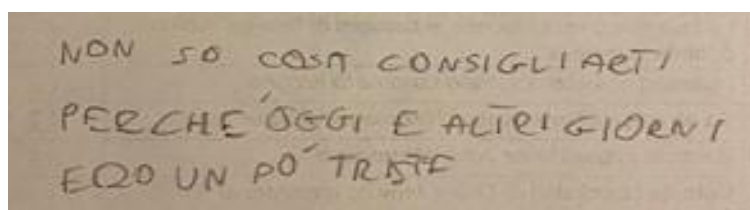
The teacher Paola is the best in music therapy



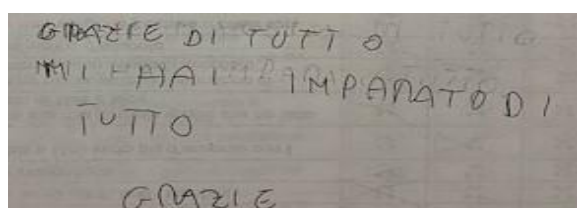
You are good at teaching music therapy, you taught us very well, I enjoyed doing this project, I hope we will meet again soon



You are very good at entertaining children, I admire you



I don't know what to advise you because today and other days I was a little sad



Thanks for everything, you learned me everything. Thank you

Appendix B3.13

Class 5 IT

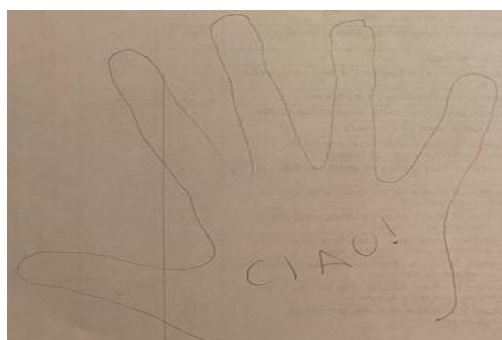
Cara maestra Paola mi scuso
se per sbaglio alcune volte
mi ammusavo, ma, ti voglio tanto
bene!

Dear teacher
Paola, I apologize
if I got sick by
mistake a few
times, but I love
you so much

Qui sotto, se vuoi, puoi lasciare un messaggio o un disegno per la Maestra
Paola: mi mancherai!!! (da da morire)

M. Paola sono Chiara, ti volevo
dire una cosa prima di lasciarti:
anche se alcune volte ti ho trovato
un po' scontroso nei miei confronti,
però adesso ho capito che tu lo
fai per il mio, per il nostro bene.
Chiara
T.V.T.B.

I'll miss you!!! (to
death)
Teacher Paola I am
Chiara, I wanted to
tell you something
before leaving you:
even if sometimes I
found you a little
grumpy towards
me, but now I
understand that you
do it for mine, for
our good.
I love You so much
Chiara



Hello

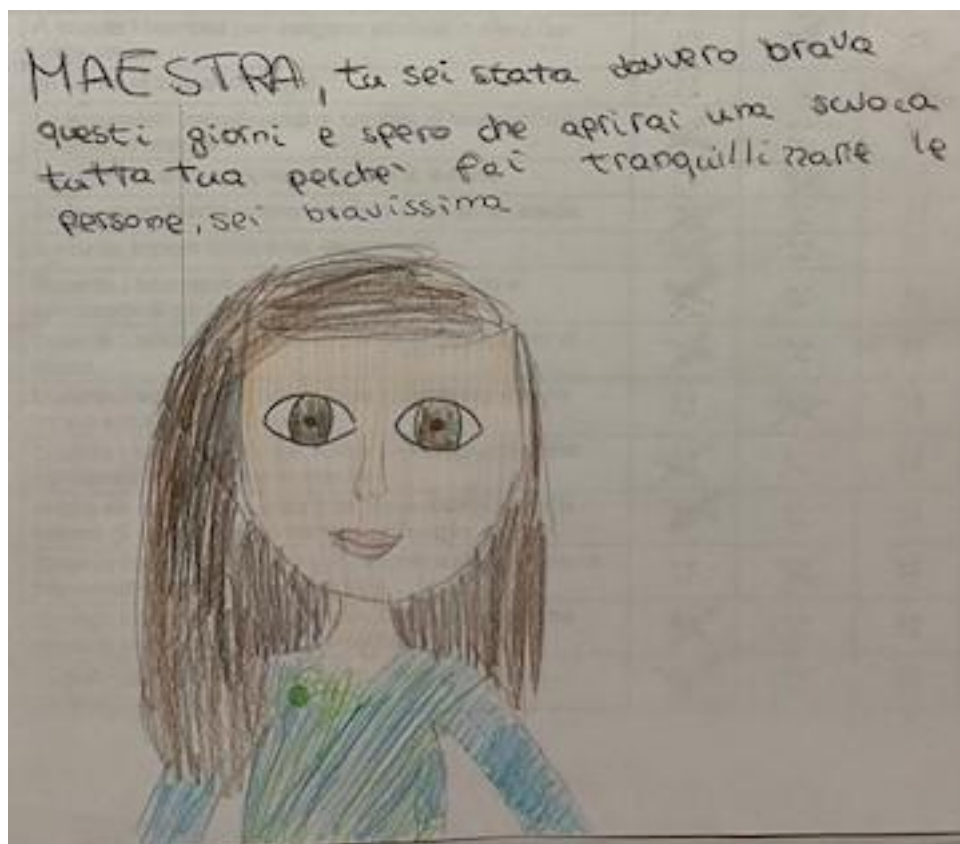
DA GIULIA
SAPPI CHE IO TI ASPETERO
A VEDERMI ALLA MIA SFILATA
A GIUGNO ALLA GRANATA
DELLA REGINA PACIS. ♡
T.V.B.

Below the text, there are several hand-drawn musical notes, including a treble clef, a bass clef, and various note heads and stems.

From Giulia:
know that i will
wait for you to see
me at my parade
in june, on queen
paxis day.
I love you

Appendix B3.14

Class 5 IT



Teacher, you have been really good these days and I hope you will open a school of your own because you make people calm down, you are very good



Thanks
teacher
Paola

Appendix B3.15

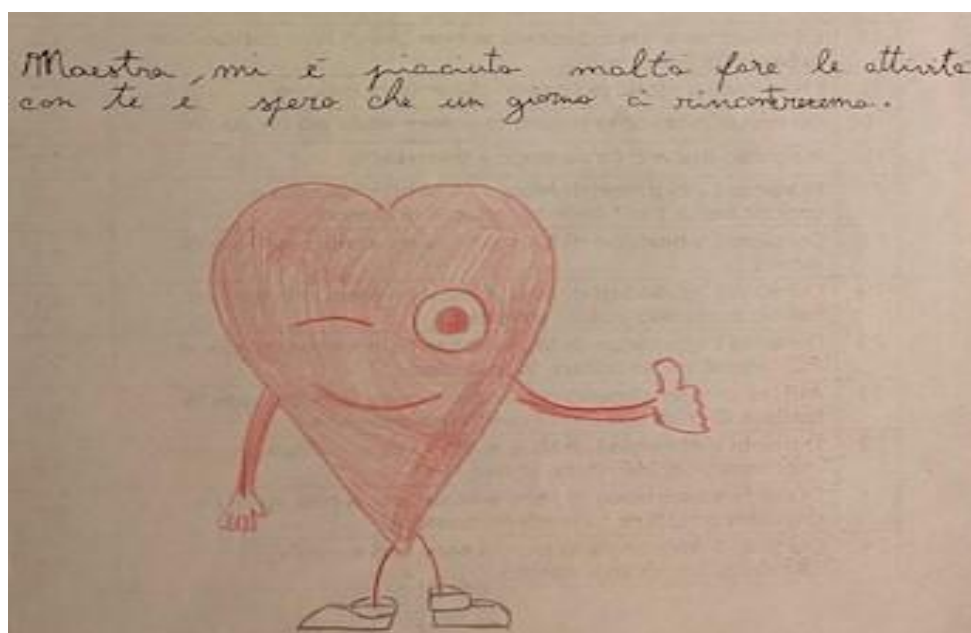
Class 5 IT



Thanks for this experience.
We will miss you

NON HO NESSUN MESSAGGIO PERCHÉ IL CORSO
MI È PIACIUTO COSÌ COME

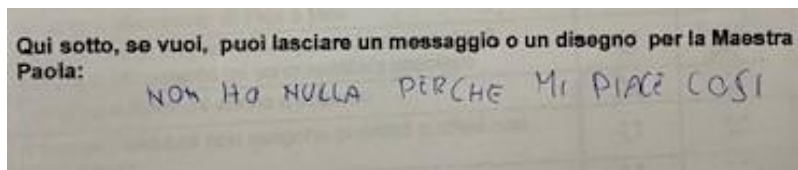
I have no message because I liked the course as it is



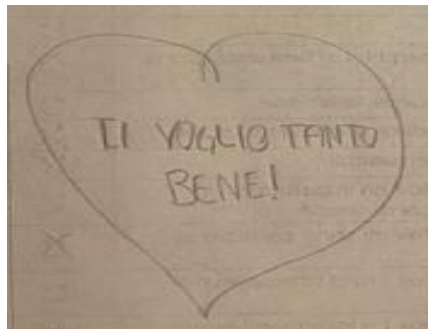
Teacher I really enjoyed doing the activities with you and I hope that one day we will meet again

Appendix B3.16

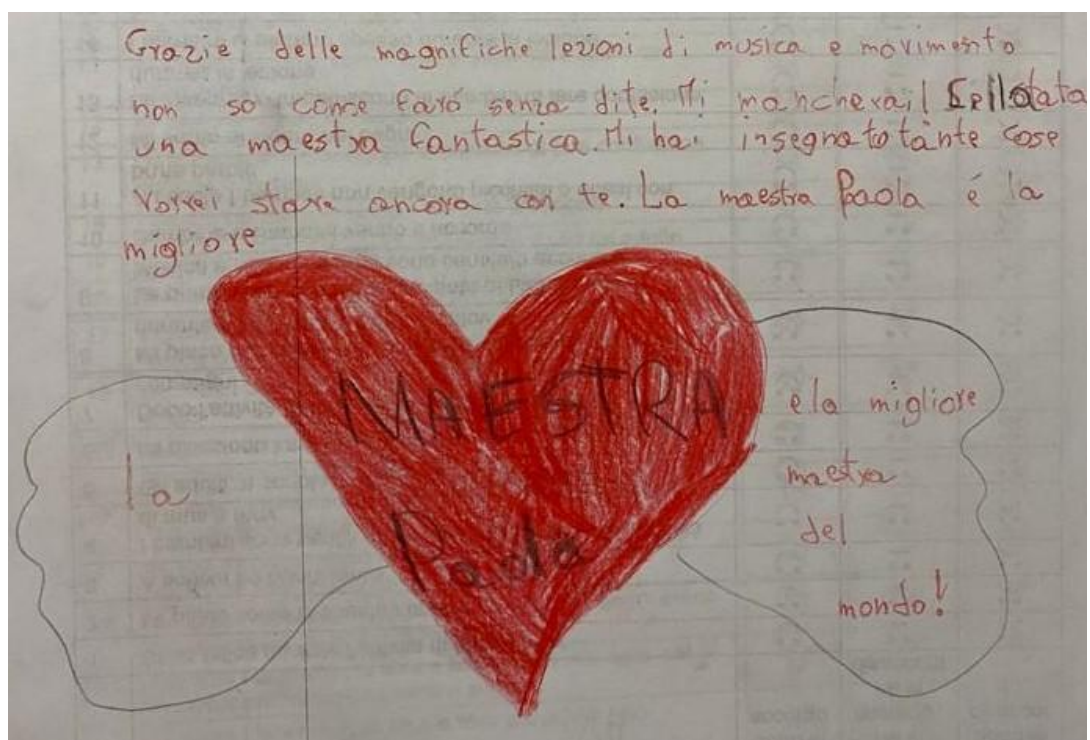
Class 5 IT



I have nothing because I like it that way



Love You so much



Thanks for the great music and movement lessons, I don't know how I will do without you. I'll miss you! You have been a fantastic teacher. You taught me so many things, I would like to be with you again. The teacher Paola is the best. The teacher Paola is the best teacher in the world!

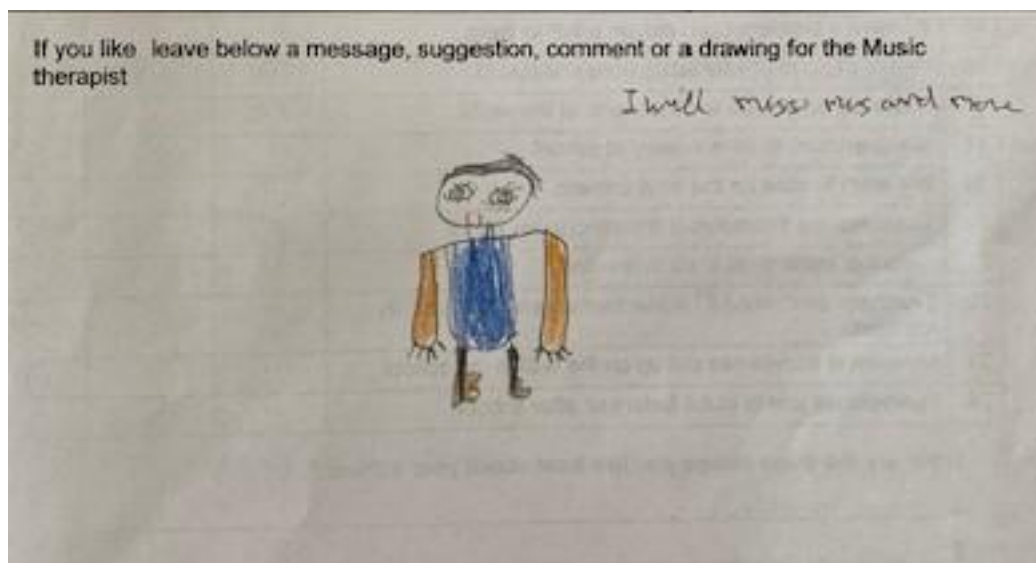
Appendix B3.17

Class 3 UK



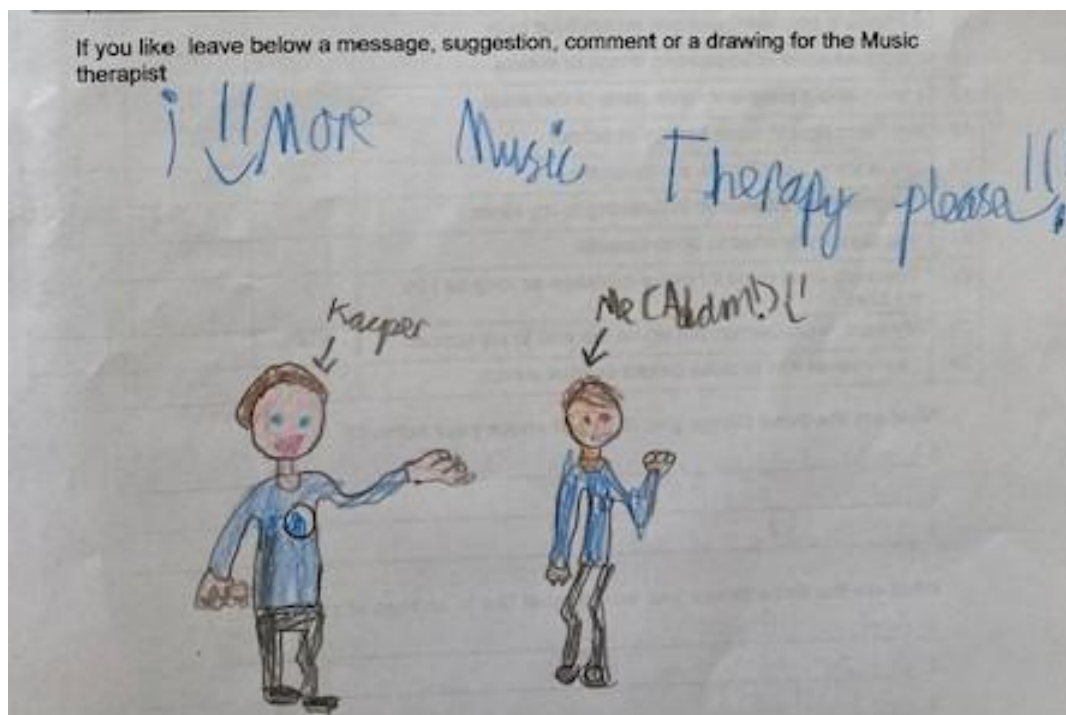
Appendix B3.18

Class 4 UK



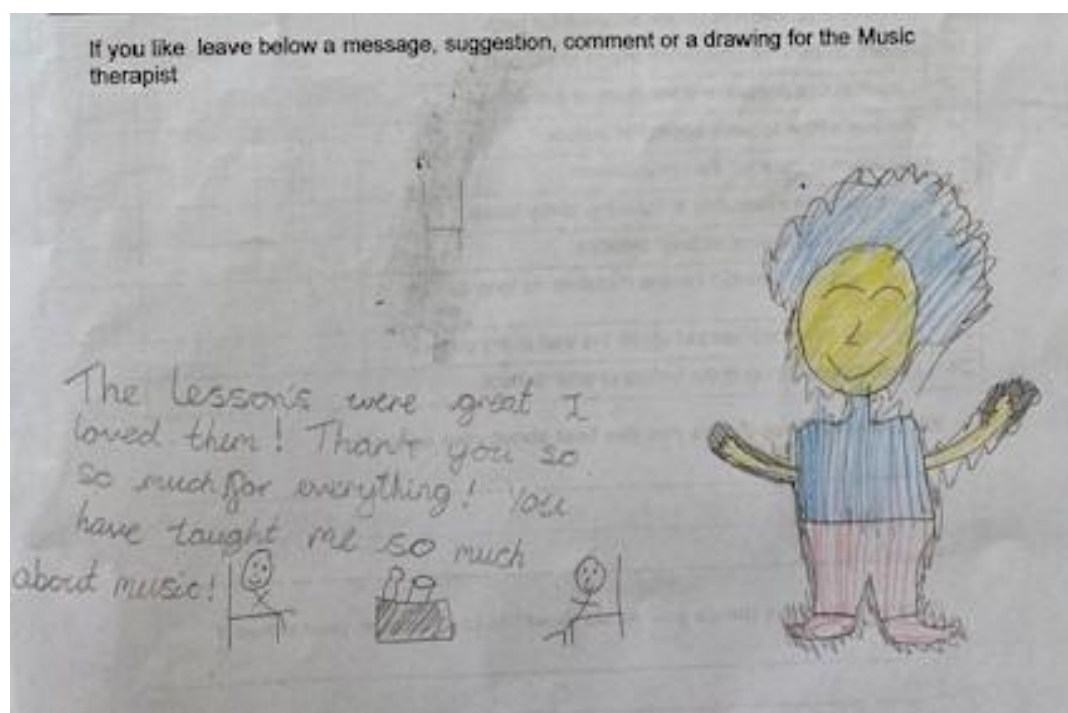
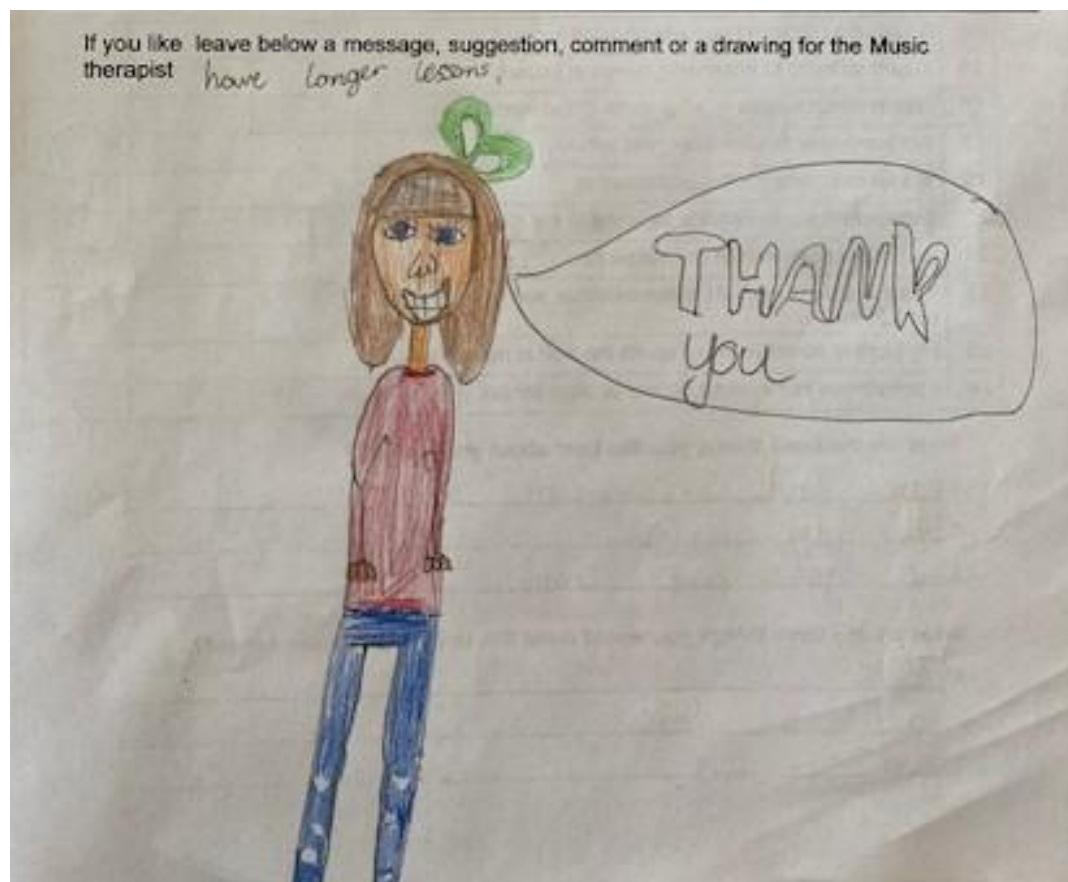
Appendix B3.19

Class 4 UK



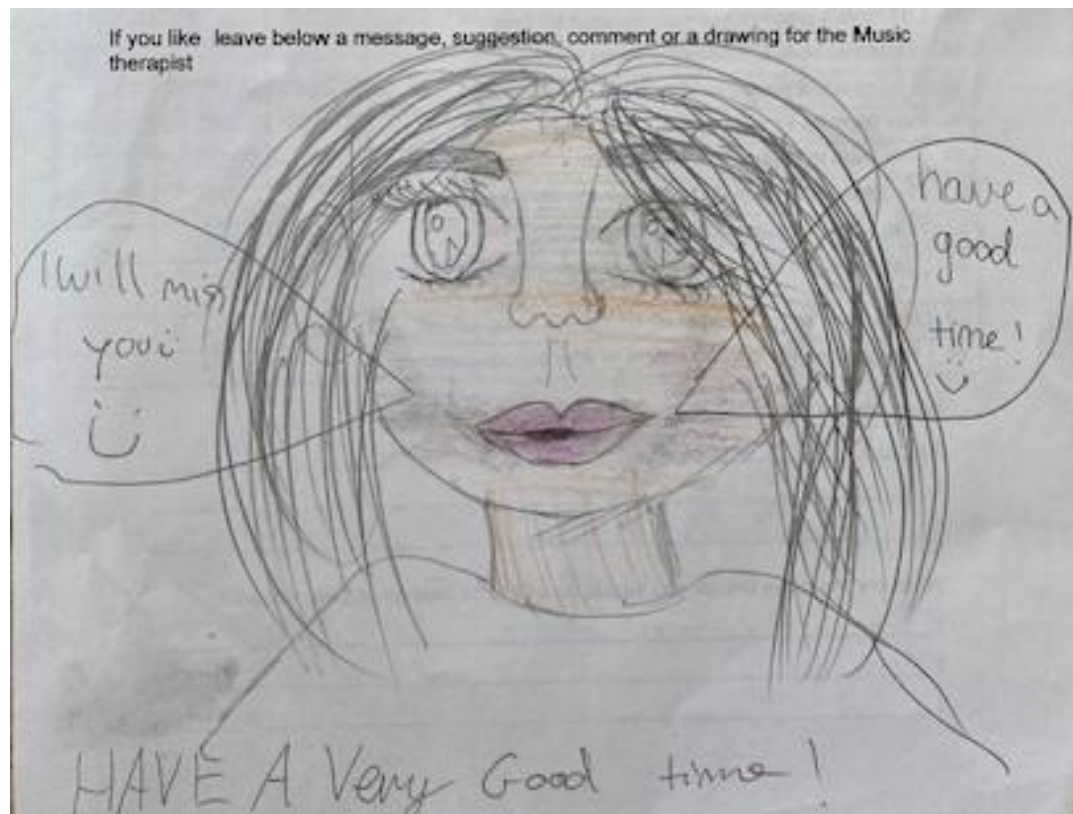
Appendix B3.20

Class 4 UK



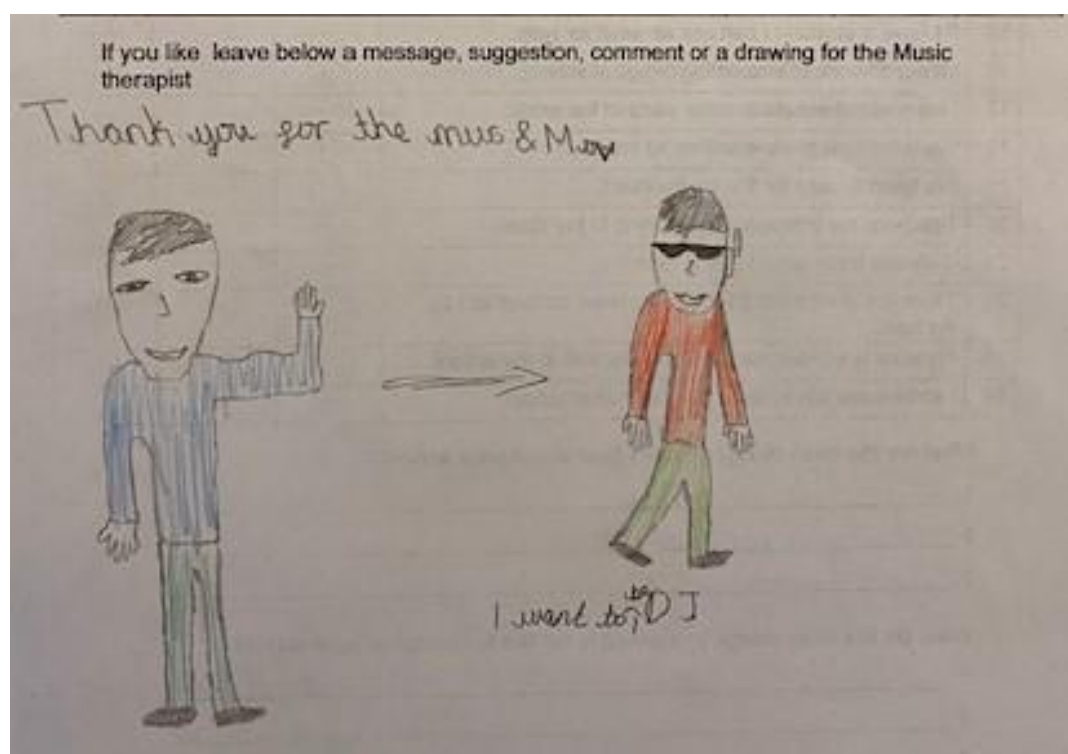
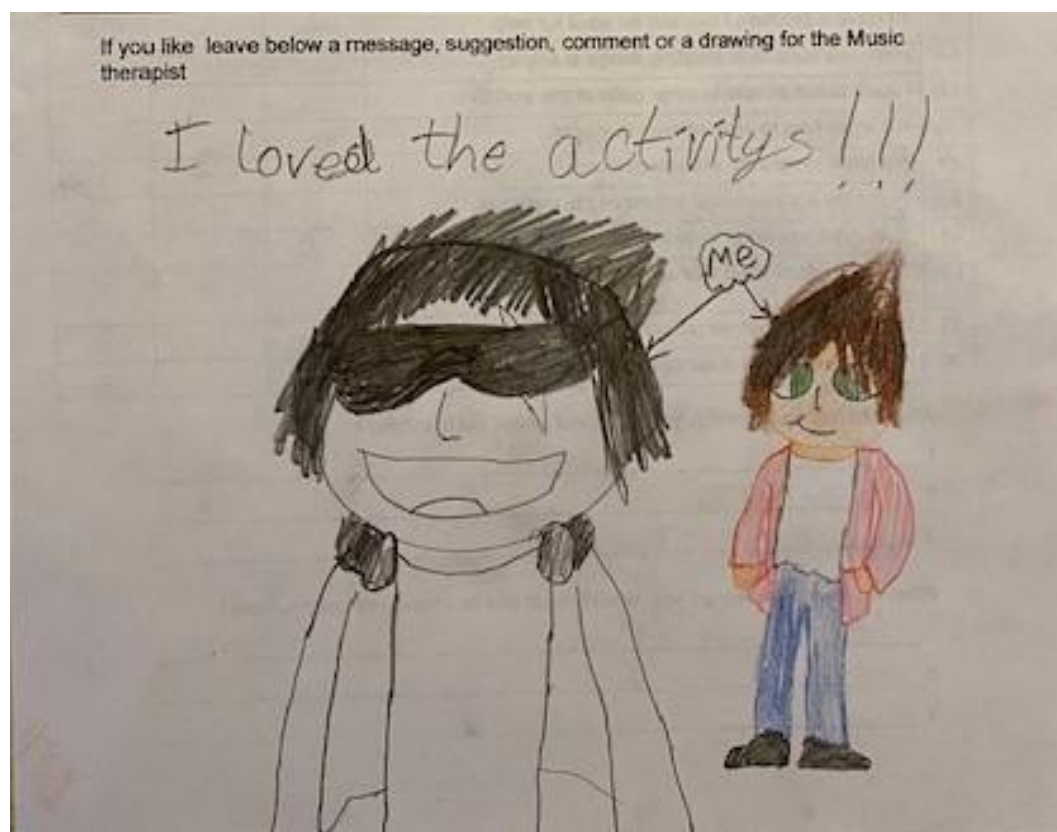
Appendix B3.21

Class 4 UK



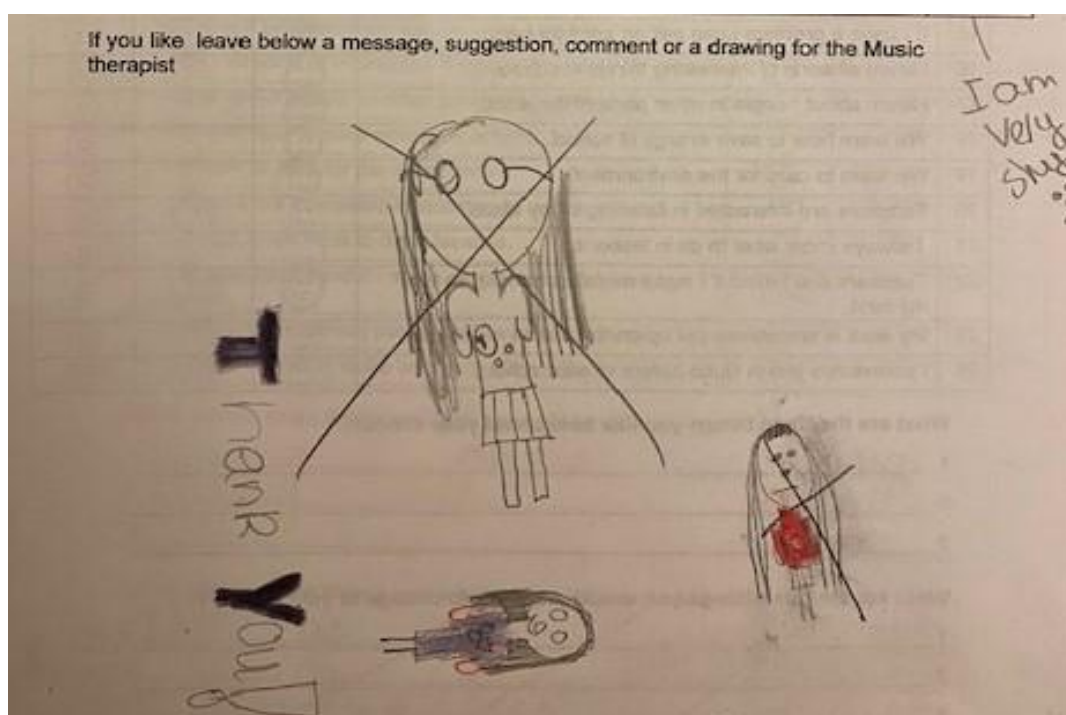
Appendix B3.22

Class 5 UK



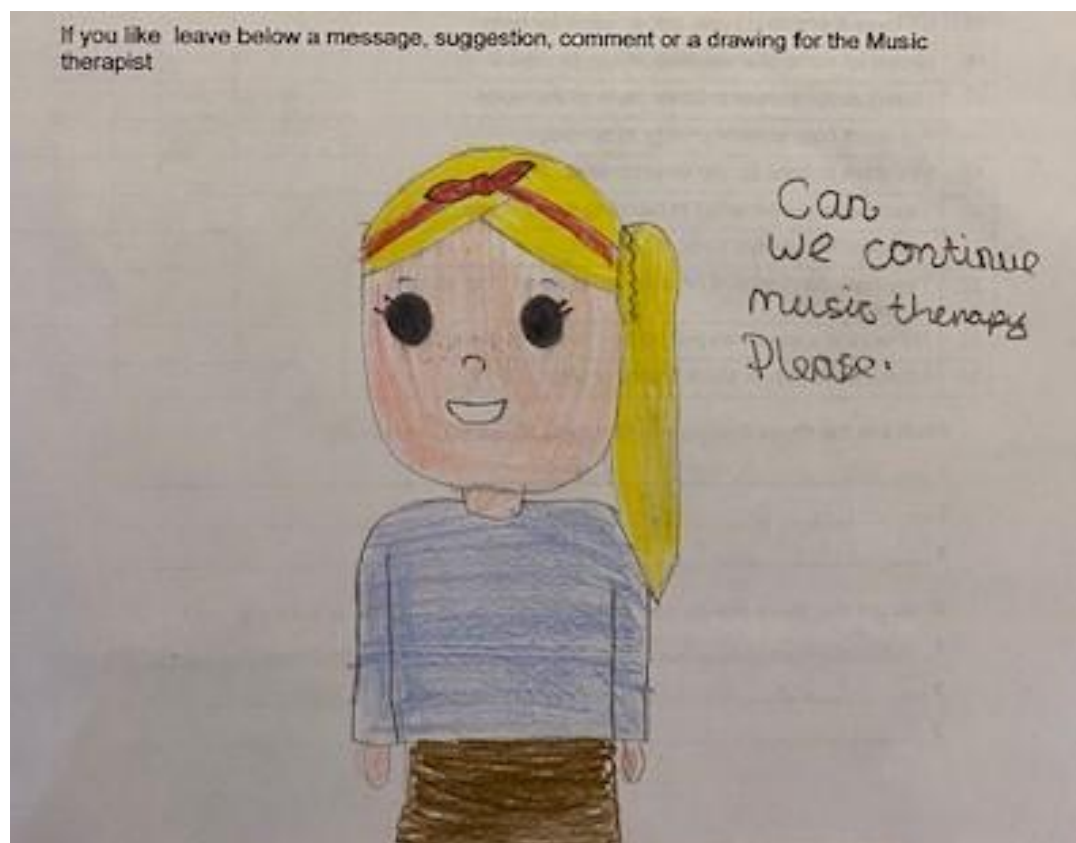
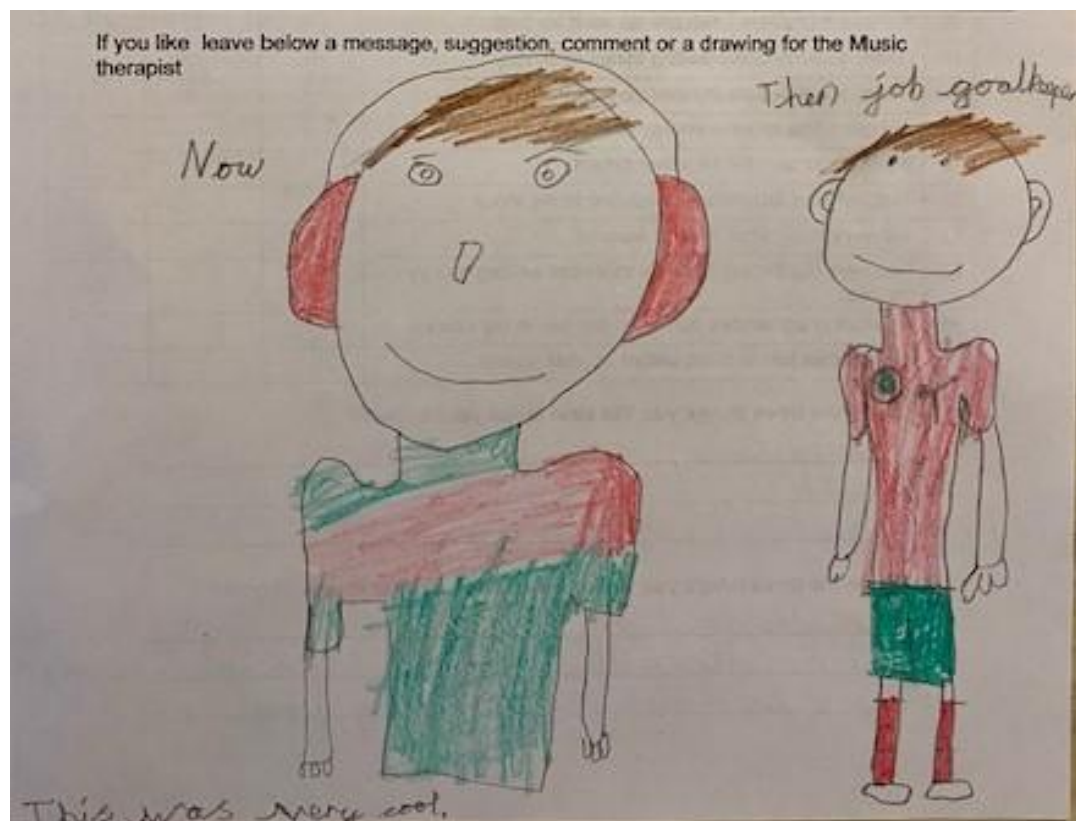
Appendix B3.23

Class 5 UK



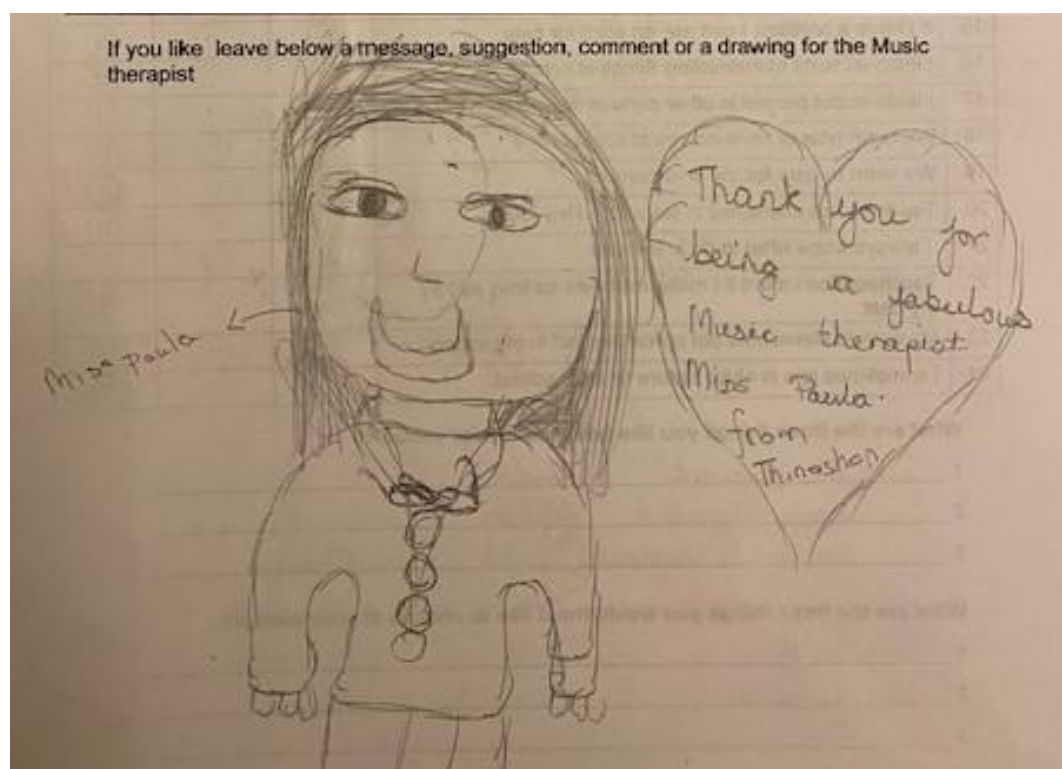
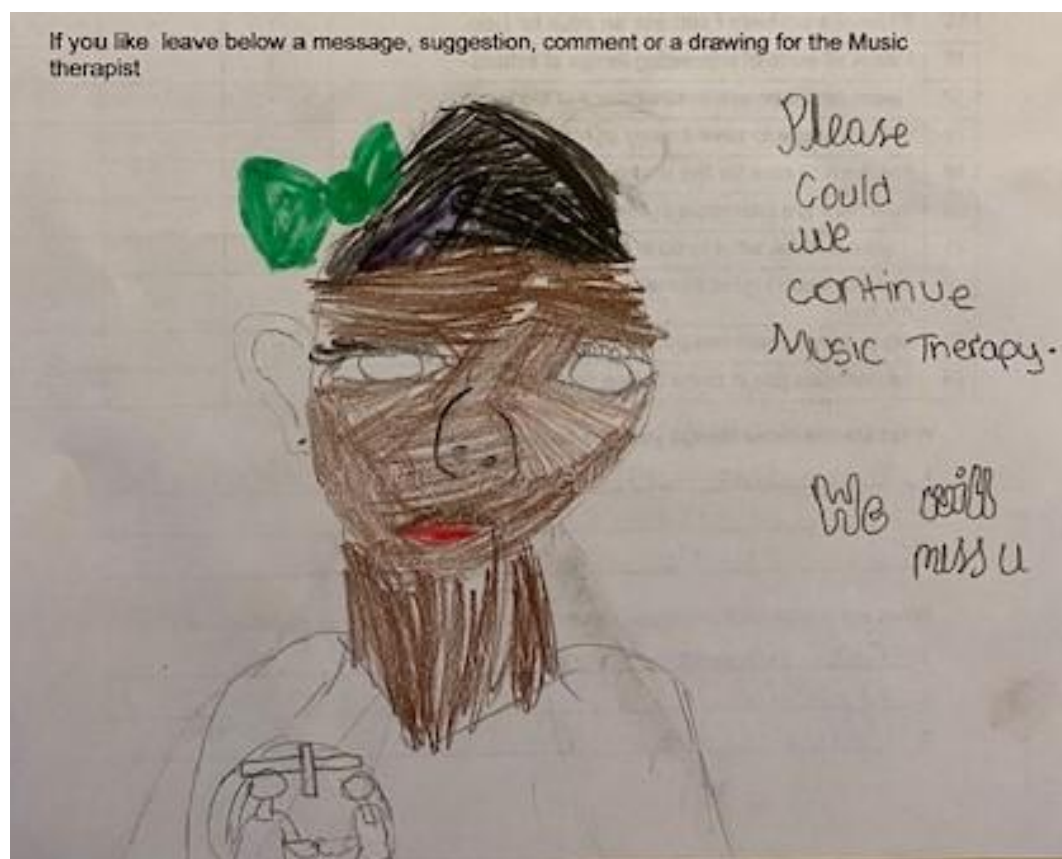
Appendix B3.24

Class 5 UK



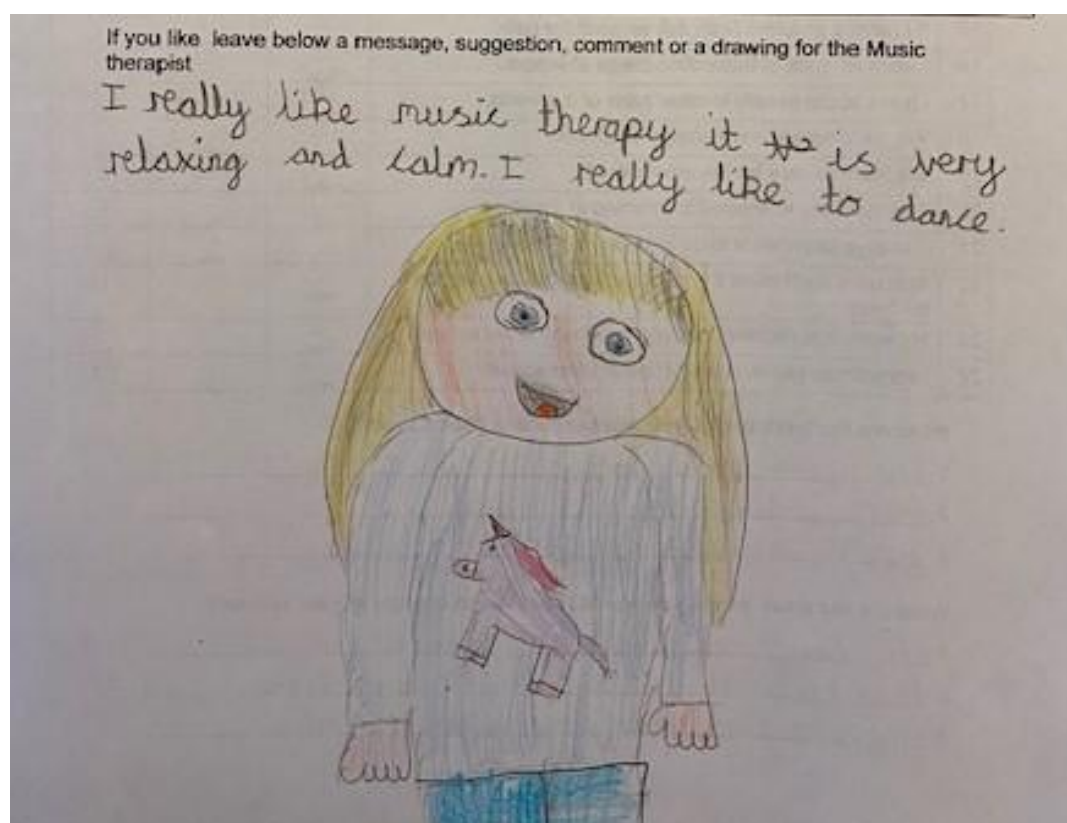
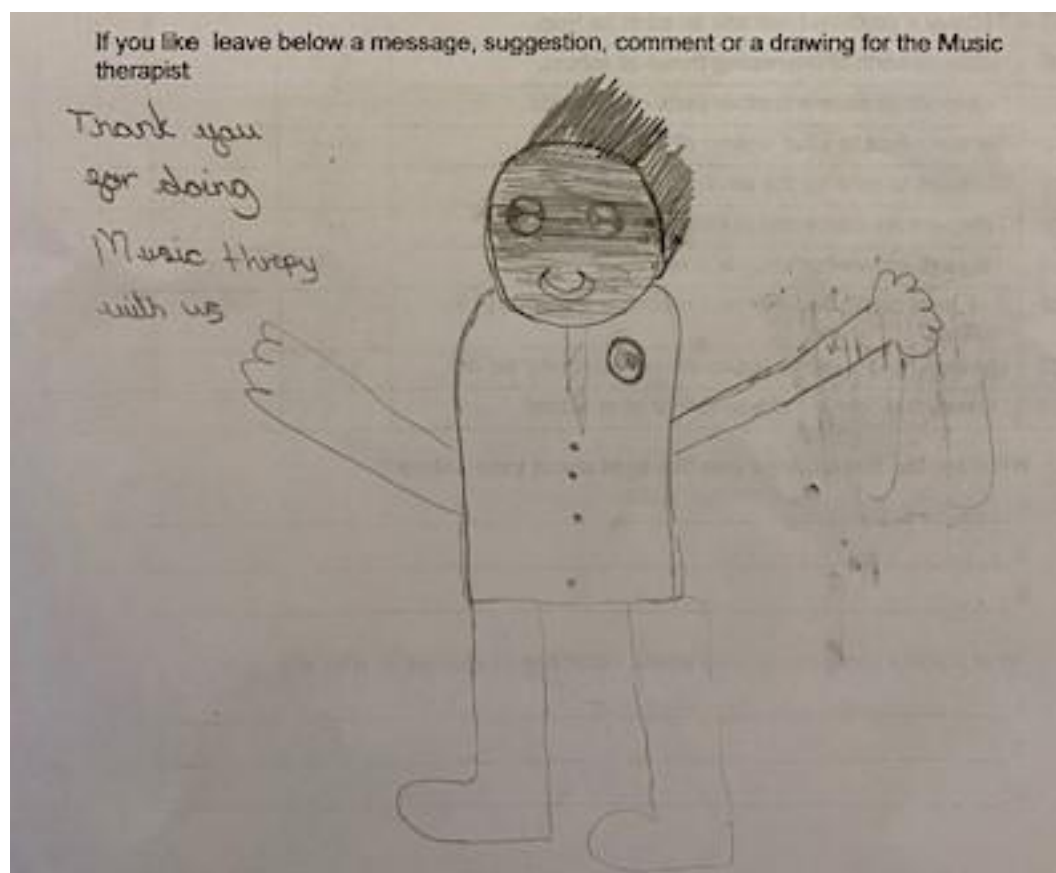
Appendix B3.25

Class 5 UK



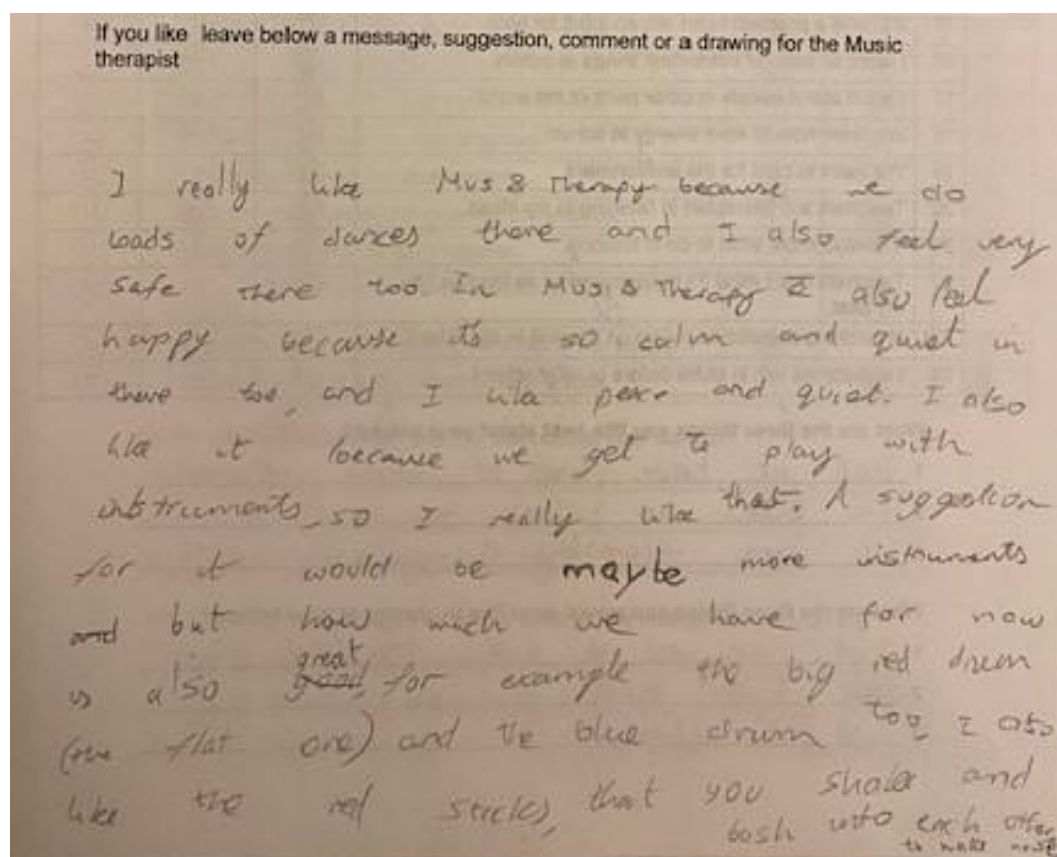
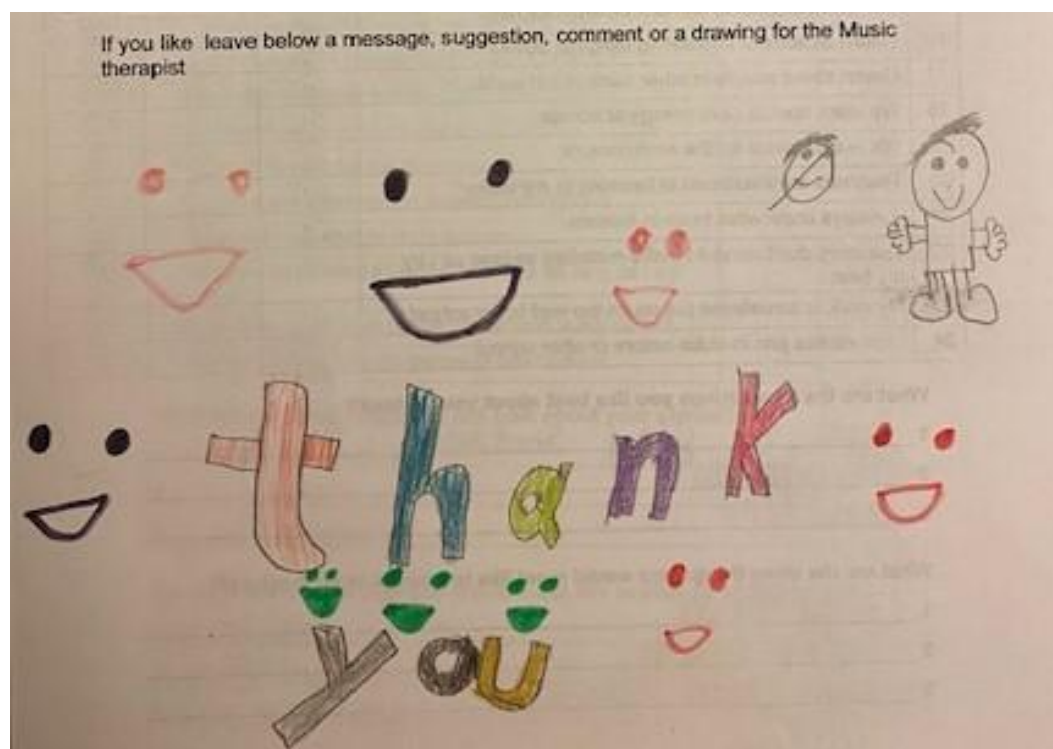
Appendix B3.26

Class 5 UK



Appendix B3.27

Class 5 UK



Collage Drawing 3 IT initial



Collage Drawing 3 IT final



Collage Drawing 1



Collage Drawing 2

